

Support
Our Island
Businesses
**SHOP AND
DINE LOCAL**

Island Sun

PRSRT STD
U.S. POSTAGE
PAID
FT MYERS, FL
PERMIT #5718

Postal Customer
ECRWSS

VOL. 28, NO. 52

SANIBEL & CAPTIVA ISLANDS, FLORIDA

JUNE 25, 2021

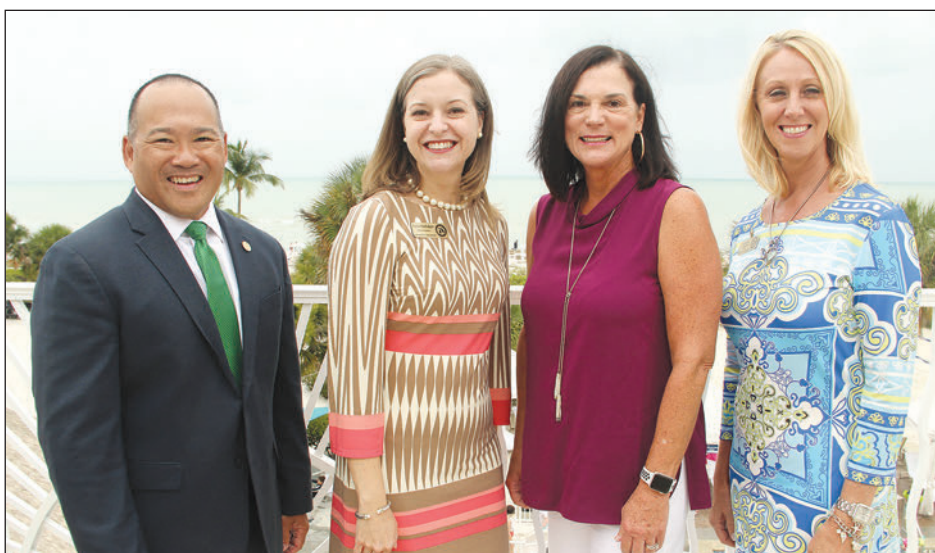
JUNE/JULY SUNRISE/SUNSET: 25 6:37 • 8:25 26 6:37 • 8:25 27 6:38 • 8:25 28 6:38 • 8:25 29 6:38 • 8:25 30 6:39 • 8:25 1 6:39 • 8:25

Tourism Experts Paint Sunny Picture For Florida

Florida had a head start in opening to tourism; the state's tourism is outperforming the national average in key performance indicators; and the 2021-22 Visit Florida budget is at an all-time high. Dana Young, Visit Florida president and chief executive officer, shared this report at the June 17 Sanibel & Captiva Islands Chamber of Commerce business luncheon at Sundial Beach Resort & Spa.

"When the rest of the nation generally shut down, but for a couple of weeks, Florida was open," she told more than 140 attendees at the sold-out luncheon. "We were the only voice out there, which leaves us in a fantastic strategic position."

The Florida Restaurant and Lodging Association (FRLA) partnered with the chamber on the first in-person meeting since March 2020. Adventures in



From left: John Lai, chamber president and CEO; Samantha Padgett, FRLA general counsel; Dana Young, Visit Florida president and CEO; and Lois Croft, FRLA regional director

photo provided

Paradise sponsored the event.

At the meeting, Young aired ad spots that Visit Florida, the state's marketing agency, had broadcasted early in the

during their bleak winter months. Statistics and anecdotal data uphold the success of the campaigns.

Locally, Southwest Florida International Airport (RSW) numbers demonstrate the impact with three million more seats currently available compared to 2019, as reported to Young by Tamara Pigott, Lee County Visitor & Convention Bureau executive director. Many of the new flights connect to West Coast destinations.

Samantha Padgett, FRLA general counsel, spoke also to reasons for optimism, hers related to this year's state legislative measures. She highlighted the COVID-19 business liability protection bill, take-out alcohol sales for restaurants, and comprehensive sea-level rise measures, all of which benefit the tourism industry with a show of support.

Padgett also spoke to the pressing issues at hand: labor shortage and required employee vaccinations.

"Right now, there's not a great solution to staffing issues," she said, but directed FRLA members to the website

continued on page 2



Check out the classic cars at Periwinkle Place then head to The Timbers for the Freedom Road Rally

photo provided

Road Rally Follows Classic Car Show Next Saturday

The San Cap Motor Club is hosting a holiday weekend Cars and Coffee cruise-in on Saturday, July 3 from 9 to 11 a.m. at Periwinkle Place Shopping Center. The Sanibel-Captiva

Optimist Club's 41st annual Road Rally will follow, lining up for a noon start time at The Timbers Restaurant.

No pre-registration is necessary for the car show. All classic cars and bikes are welcome. Coffee, donuts from Bailey's General Store and other refreshments will be available at no charge. For more information on the San Cap Motor Club, contact Scot

continued on page 26

Sea Turtle Nesting Season At Its Peak



SCCF intern Taylor Lawrence relocating a nest

photo provided

With nesting season at its peak, Sanibel-Captiva Conservation Foundation (SCCF) staff and volunteers have been busy marking and monitoring a total of 388 nests, with 85 nests on Captiva and 303 on Sanibel.

In preparation for the upcoming

Captiva Erosion Prevention District's beach nourishment project, SCCF has been permitted to relocate new nests laid along the stretch of beach where construction will begin. The renourishment project is necessary for

continued on page 30



The Community House

photo by Logan Hart

Community House Events

Children ages 6 to 12 are invited to “Flamingle Some Fun” at summer camp, which runs Monday through Friday, July 5 to 9 from 9:30 a.m. to 1:30 p.m. There will be arts and crafts, cooking, outdoor games and gardening. Cost is \$50 per day or \$225 for the week. Lunch is available for \$10 a day. Call 472-2155 to register.

A blood drive for Lee Health will be held on Tuesday, July 6 from 9 a.m. to 3 p.m. All blood stays in Lee County.

The next paper shredding day is Saturday, July 17 from 9 a.m. to noon. Cost is \$5 per bag or box.

The Community House is looking for mangoes for cooking chutneys and barbecue sauce. Drop off any time between 9 a.m. and 1 p.m.

The Sanibel Captiva Art League exhibit, featuring works by Shah Hadjebi and Allison Davis, runs through June 30.

Every Thursday at 1 p.m., Tommy Williams leads Living Life Current, an open forum discussion. All are welcome to discuss what is going on locally, nationally and globally. Suggested donation is \$5.

Chair Stretching/Yoga with Mahnaz Bassiri is offered on Thursdays at 1 p.m. Cost is \$5 per class.

Aerobics with Mahnaz Bassiri is offered on Monday, Wednesday and Friday from 10:30 to 11:30 a.m. Participants can bring their own weights.

Cost is \$5 per class.

The Sanibel Hearts Club meets every Friday at 1 p.m. Play the card game Hearts. For beginners to experts, all are welcome. Suggested donation is \$5.

Shell Critter Kits to Go are available for purchase or to ship. Choose four out of 13 critters to assemble. Cost is \$20 per kit; shipping is \$8 additional.

Art Kits to Go are also available for purchase or to ship. There are eight different postcards to color and Zentangle. Marker and educational video link included. Cost is \$20 per kit; shipping is \$8 additional.

The Community House is located at 2173 Periwinkle Way. Visit www.sanibelcommunityhouse.net.

Openings At Sanibel School

The Sanibel School is accepting new student applications for kindergarten through eighth grade.

If you live on or off island and desire an education from a small public community school for your school-age child, now is the time to apply. The Sanibel School is a “A” rated and designated a School of Excellence by the Florida Department of Education. To learn more about enrollment and the waiver process, call registrar Donna Marks at 472-1617 or email donnamm@leeschools.net.

From page 1

Tourism Experts

www.greatfloridajob.com to list their needs.

“The vast majority expect service to be as good or better than before the pandemic,” Young reported from recent survey findings. “There’s that disconnect between perception and the reality of

the shortage.”

As for employee vaccinations, Padgett said, “You can require it, but not in all circumstances... You should talk to your attorney to discuss the benefits and pitfalls.”

New chamber board president Mark Blust emceed the meeting, with introductions of the FRLA Lee County chapter and chamber board members present. He announced upcoming chamber events, including the next business luncheon on July 14 at Casa Ybel Resort with speaker County Commissioner Kevin Ruane and sponsor H20/911 Restoration; and the August 11 business luncheon with speaker U.S. Army Corps of Engineers Col. Drew Kelly and sponsors Captains For Clean Water.

“What a warm and wonderful and informative event we got to enjoy once again with a sense of normalcy,” said John Lai, chamber president and chief executive officer. “It truly was a celebration of our mission of commerce and tourism, and I thank our distinguished speakers and all who attended to support that mission.”

Try These Customer Favorites!



The Sandpiper - Caramel-based with layers of caramel swirl, chocolate chips and crushed malted milk balls

Sanibel Sea Shells - Butter pecan-based with nuts, chocolate and toasted coconut

The Beautiful Junonia - White cake-based with amaretto and slices of toasted almonds

Nana and Pops Kisses - Double dark chocolate with chunky peanut butter and peanut butter cups

Purple Cow - Black raspberry with chocolate chips

Shot In The Dark - Coffee-based with chocolate covered espresso beans and sea salt fudge swirl

Quarts and Pints to go

Freshly Brewed Lavazza Coffee

Specialty Coffees:

Cappuccino • Espresso
Latte • Americano
Cafe Mocha
Cafe Cubano
Chi Latte
Affogato



Fresh Made Sandwiches To Go! Getting ready to go to the beach? Let us pack a lunch for you!

Open Daily from 8am-10pm • Two Great Shops In One Location! On the East End of Sanibel, near the Lighthouse
362 Periwinkle Way • 239-476-0796 • www.SanibelsBestHomemadeIceCream.com

Please like us on Facebook, Instagram and Twitter

We deliver to East End

Community Church Awards Scholarship

Julia Senkeleski is the 2021 Sanibel Community Church Scholarship recipient. The scholarship was set up years ago by a couple who attended the church.

Senkeleski is studying nursing (BSN) and just completed her junior year at Liberty University in Lynchburg, Virginia. During her junior year, she participated in obstetrics and pediatric clinicals, and was accepted into the Maternal Critical Care program. She also attended a medical mission trip to Rwanda this year.

Senkeleski plans to become a labor and delivery nurse. Her ultimate dream is to become a midwife.✧



Julia Senkeleski

photo provided

Students Plant Live Oak Tree



Members of The Sanibel School Lighthouse Team Student Council with the freshly planted live oak tree photo provided

The Sanibel School's Lighthouse Team Student Council participated in a service project recently to beautify the school grounds. The team voted to add a tree that was toppled by a summer storm.

Richard Finkel, Sanibel-Captiva Conservation Foundation (SCCF) educator, and SCCF Native Plant Nursery staff assisted with the project and donated a live oak to the Lighthouse Team.

The students participated in a ceremony and tree-planting on June 11. "It was a pleasure to work with these motivated students who exhibited such

sincere dedication and pride in pursuing and accomplishing this project," said Finkel.

Lighthouse Team Student Council members included Jenna Cook, president, eighth grade; Landon Williams, vice president, eighth grade; Casey Sackman, seventh grade; Tyler Kouril, seventh grade; Siena Young, sixth grade; Colton Schmidt, sixth grade; Lily Hall, fifth grade; Rod Bell, fifth grade; Landon Markosky, fourth grade; Harrison Jones, fourth grade; Max Cantor, third grade; Turner Stewart, third grade; and Michelle Heuck, Sanibel School teacher.✧



by KAY CASPERSON

spa • salon • boutique



"In my opinion Remove Gentle Cleanser is the absolute best cleanser ever! Everyone in my family uses it everyday from taking off makeup to cleansing the skin and shaving. This is the best, gentle but powerful cleanser that is not only good for your skin but does what it says!"

XO Kay



REMOVE
cleansing gel

NOW ONLY
\$9 reg. \$29

massage • facials • nails • hair • makeup

BEST CLEANSER EVER!

Kay's concentrated gel cleanser removes impurities, rinses, clean without stripping essential moisture and nutrients, and leaves skin soft, toned and hydrated. This versatile, hypoallergenic cleanser also works as a gentle, nourishing alternative to harsh, drying shaving gels for both men and women, and is ideal for cleansing all types of makeup brushes.

Remove is our special this week for just \$9!!! (reg \$29). Stock up and save big!

FOR A LIMITED TIME, RECEIVE FREE REFINE GENTLE EXFOLIANT AND RESURFACE DETOXIFYING MASK FOR EVERY \$150 SPA OR BOUTIQUE PURCHASE.

- available in-store or online -

Cannot be combined w/ any other discounts or offers.

Skincare • Cosmetics • Hair+Body Care

Vitamins • Essential Oils • Candles

Home Accessories • Jewelry • Apparel



CAPTIVA
CHADWICK'S SQUARE
14830 Captiva Drive
239-579-1470

captivaspa@kaycasperson.com



SANIBEL
SUNDIAL RESORT
1451 Middle Gulf Drive
239-395-6002

sundialspa@kaycasperson.com

SHOP + CONNECT WITH US ONLINE

KAYCASPERSON.COM







Sanibel Historical Museum And Village

Looking Back: Crown Gasoline

Shown here is a stylish, unknown winter resident posing by the Crown gasoline pump on Bailey's dock in 1925. Gas was brought down the Caloosahatchee in 55-gallon drums, deposited into a retaining tank and pumped to the dock. Vehicles drove onto the dock to refuel.

The Sanibel Historical Museum and Village is located at 950 Dunlop Road, next to BIG ARTS. Hours are 10 a.m. to 1 p.m. Tuesday through Saturday. Guided tours are available by reservation, based on docent availability. There is handicap access to the buildings. Admission is \$10 for adults over 18, no charge for members and children. Masks are required. For more information, visit www.sanibelmuseum.org or call 472-4648.✪



Winter resident, 1925
photo courtesy Ron McCoy

Shredding Day Coming In July

The next paper shredding day at The Community House is scheduled for Saturday, July 17 from 9 a.m. to noon. Cost is \$5 per

bag or box. Call ahead if you have more than 10 bags or boxes. Businesses are welcome.

The Community House is located at 2173 Periwinkle Way. For more information, visit www.sanibelcommunityhouse.net or call 472-2155.✪

Churches/Temples

BAT YAM-TEMPLE OF THE ISLANDS
Shabbat Worship Services at 7 p.m. on the first Friday of the month for June, July and August. Services held in Fellowship Hall at Sanibel Congregational United Church of Christ. Masks and social distancing guidelines will be followed. Those who wish to Zoom the services can find the link in their email notice. Send any questions to batyamsanibel@gmail.com. Rabbi: Stephen Fuchs, Cantor: Murray Simon, President: Alan Lessack 773-251-8862.

HISTORIC CAPTIVA CHAPEL BY THE SEA
Rev. Larry Marshall. Outdoor services every Sunday at 11 a.m. Nov. 14, 2021 through April 24, 2022. Previous services posted on the chapel's website for viewing. www.captivachapel.com, www.facebook.com/Captiva-Chapel-By-The-Sea, 11580 Chapin Lane, Captiva, 472-1646.

CHAVURAT SHALOM
(Fellowship of Peace) Friday Shabbat services led by members at 6 p.m. Saturday morning Jewish current events at 11 a.m. Talks by members on topics of interest Thursdays at 11 a.m. Contact ChavuratShalom@gmail.com to participate on Zoom.

FIRST CHURCH OF CHRIST, SCIENTIST
Services at the Christian Science Church of Sanibel-Captiva have resumed as follows: Sunday service at 10:30 a.m., Wednesday meeting at 4:30 p.m. Reading room open on Friday, 10 a.m. to noon. 2950 West Gulf Drive, 472-8684.

SANIBEL COMMUNITY CHURCH
Sunday services at 9 a.m. in the Sanctuary and 11 a.m. in the Historic Chapel. View the Sunday services via livestream at 9 a.m. or later online at www.sanibelchurch.com.

Sanibel Community Church is an evangelical, non-denominational congregation, 1740 Periwinkle Way, 472-2684.

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST
The Reverend Dr. John H. Danner, Sr. Pastor. The Rev. Deborah Kunkel, Associate Pastor. 7:45 a.m. Chapel Service, 10 a.m. Traditional Worship Service, www.sanibelucc.org, 2050 Periwinkle Way, 472-0497.

ST. ISABEL CATHOLIC CHURCH
Father Ed Martin, Pastor, Saturday Vigil Mass at 5 p.m., Sunday Mass at 9:30 a.m. Daily Mass Wednesday, Thursday and Friday at 8:30 a.m. 3559 Sanibel-Captiva Road, 472-2763.

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH
The Rev. Bill Van Oss, Rector. Summer service schedule, Saturday 5pm and Sunday 9:30 a.m. Masks will be optional for the fully vaccinated attending services. Masks are highly recommended for those who are unvaccinated. There will be some seating in the back of church spaced apart for those who wish to maintain physical distancing. The 9:30 a.m. Sunday service will also be live streamed. www.saintmichaels-sanibel.org, 2304 Periwinkle Way, 472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS
Meets 5 p.m. on the third Sunday of each month from December through April at Sanibel Congregational United Church of Christ. A potluck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 433-4901.

Email changes to press@islandsunnews.com or call 395-1213.✪

She Sells Sea Shells

"An Ocean Boutique"

"Where Islanders Have Sent Their Friends & Family To Shop Since 1976"

Sanibel & Worldwide Shells • Corals & Exotic Sealife
Shell Gifts • Jewelry • Books • Candles • Lamps • Craft Supplies
T-Shirts • Tanks • Muscles • Hoodies • Hats • Cover-Ups & Dresses
Handmade Shell Xmas Ornaments & Flowers

SEE OUR
HAND MADE
SHELL XMAS
ORNAMENTS

WELCOME
VISITORS

Celebrating Over

45 Years On Sanibel!

ALL BAMBOO
WIND CHIMES

THIS WEEK 20% OFF

BEAUTIFUL SOUNDS

\$8 SHELL
NIGHT LIGHTS

NOW \$6 or
2 FOR \$10

6 HAND PAINTED DESIGNS

FREE GIFT!

Adult & Kids T's
sizes XS-XL

3 for \$25

XXL 3 for \$33

20% Off

Any Single Item
(cash sales only)

Good with coupon
not valid on sale items

1157 Periwinkle Way

472-6991 • 472-8080

Open 7 Days 9am 'til 8:30pm

SheSellsSeaShellsSanibel.com

Voted The Best Shell Shop in SW Florida -News Press Readers Poll 2000-2019

Voted The Best Gift Shop in SW Florida 2019

Winner Best Shell Shop -Islander/Island Reporter Readers Poll 2000-2020

2015 Best Craft Shop & Best Gift Shop

SUN

WE SHIP!

BAILEY-MATTHEWS

NATIONAL SHELL MUSEUM

CELEBRATING 25 YEARS LECTURE SERIES

Free, virtual program, presented via Zoom.
Register at ShellMuseum.org/lecture-series

JUNE 29 • 5 PM

CURATOR'S CHOICE:
NEW PHOTOGRAPHS OF
EXTRAORDINARY SHELLS, AND
THE DIGITAL IMAGING PROJECT AT
THE NATIONAL SHELL MUSEUM

By José H. Leal, Ph.D.
Bailey-Matthews National Shell Museum

JULY 13 • 5 PM

OYSTERS: A CRYSTAL BALL FOR
WATER QUALITY IN SOUTHWEST
FLORIDA

By Melissa A. May, Ph.D.
Florida Gulf Coast University

JULY 27 • 5 PM

SUPERSIZED SQUID

By Rebecca Mensch
Bailey-Matthews National Shell Museum

3075 Sanibel-Captiva Rd., Sanibel, FL
(239) 395-2233 • ShellMuseum.org

Open Daily
10 a.m.-5 p.m.

LEE COUNTY
TOURIST DEVELOPMENT COUNCIL

It's Like Shopping In A Park!

Voted Sanibel's #1 Shopping Destination
By The Lee County Visitor & Convention Bureau

 
Sanibel Day Spa
 ESCAPE RELAX RESTORE
 Massage
 Skincare
 Hair & Nails



239.395.2220 • 877.695.1588
 PERIWINKLE PLACE SHOPPING CENTER

  MM# 2782

WE'RE ALWAYS SERVING UP SOMETHING SPECIAL!
Open every day from 8am - 8pm!

Enjoy Breakfast, Lunch and Dinner
 Inside or on our
 Pet-Friendly Patio
 Full Liquor Bar
 Happy Hour
 4 - 6pm

 **Blue Giraffe**
 Island Dining

239-472-2525 • BlueGiraffeRestaurant.com
 Call for Takeout! - 2075 Periwinkle Way at Periwinkle Place

 2075
Periwinkle Place Shops

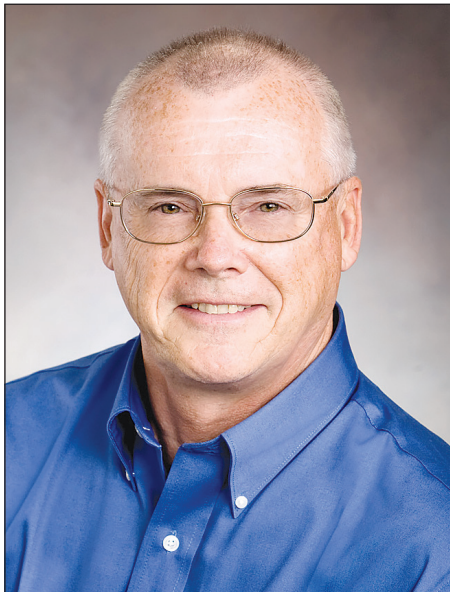
Sanibel Day Spa Blue Giraffe Original Chico's
BREAKFAST LUNCH DINNER



2075 Periwinkle Way • 2 miles off Causeway Road on the Left • PeriwinklePlace.com
Shop Mon - Sat 10-6, select stores until 7 • Sun 12-5 • Dine 8am to 8pm (or later)



OBITUARY



CAPT. ROBERT J. MORAN

Robert J. Moran's long and valiant battle with Alzheimer's disease came to a merciful end just after midnight on June 11, 2021. His wife, Robyn, was at his side. It was a difficult journey but now he is at peace. Robb was a resident of Sanibel, Florida.

Robb was born to Matthew and Margaret Moran in Waterbury, Connecticut on March 13, 1948 and had one sibling, his brother Douglas Moran of Pennsylvania.

He was a graduate of Wilby High School as well as the University of Connecticut.

Robb and Robyn met in 1983, were married in December, 1990 and lived in Woodbury, Connecticut with a second home in Wellfleet, Massachusetts. While living in Woodbury, Robb served on the library board, was active in the Republican club and was a volunteer fire fighter. He had a strong sense of community and believed in giving back. In 1971, he joined the Waterbury Police Department, where he had a very successful career with many promotions through the years. He retired in 1991 as captain. Also in 1991, he graduated from the FBI Academy in Quantico, Virginia. His most favored position was commander of the Vice and Intelligence Unit. Upon his retirement, he was invited to be the vice chairman of the Connecticut Board of Parole by Gov. John G. Rowland. Robb served in this position for eight years and upon his second retirement in 2003, he and Robyn relocated from Woodbury to Sanibel, Florida.

During the years he lived in Sanibel, Robb was on the Sanibel parks and recreation board, a founding member of the Sanibel-Captiva Republican Caucus, serving as chairman for many years. He was also a member of the Sanibel & Captiva Islands Association of Realtors. When relaxing, he found enjoyment through his love of the ocean, boating, fishing, baseball, reading and the tropical lifestyle. He was also a talented

woodworker. Something else that brought him much joy was his beloved cat, Blackie – they were inseparable.

Robb is survived by the love of his wife, Robyn Moran, his daughters, Kelly Hahn (and husband Sam) of Guilford, Connecticut; Laura Gardner (and her husband Brandon) of Sanibel, Tracy Adams (and her husband Mike) of Castle Rock, Colorado; and his son Jack Moran (and his wife Karen) of Niantic, Connecticut.

Robb was dearly loved by his grandchildren: Nathan Adams, Connor Moran, Aidan Adams, Sydney Hahn, Logan Adams, Julia Hahn, Levi Gardner and Aili Gardner. Their grandfather will be greatly missed.

A mass was held at St. George Catholic Church in Guilford, Connecticut on June 18.

The family requests that in lieu of flowers, donations be made to Hope Hospice of Fort Myers, Florida to thank them for their care and compassion through this journey.*

result in runoff that sends nutrients meant to feed your lawn into the waterways, where they feed harmful aquatic algae.

Local city and county fertilizer ordinances require training on best practices before fertilizer applicators can obtain their occupational licenses.

House Bill 735 (and the identical Senate Bill 268) that passed this session prohibits local governments from imposing additional licensing requirements on specialty contractors. This bill also includes a provision to eliminate any previously existing local licensing requirement by 2023. This bill was strongly opposed by local cities and counties as it preempts the ability of local officials to use valuable tools such as training and education for consumer protection-related issues such as fertilizer application training.

Sanibel Mayor Holly Smith has joined the Florida Association of Counties in asking Gov. Ron DeSantis to veto this harmful preemption bill.

In the past, Gov. DeSantis has supported local communities to address issues through their own political process, such as when he vetoed the plastic straw ban bill in 2019.

Calling and sending hand-written letters to the governor's office are effective. You may call the governor's office at 850-717-9337 or write to: Office of Governor Ron DeSantis State of Florida The Capitol 400 S. Monroe St. Tallahassee, FL 32399-0001.*

Ask Governor To Veto Bill That Harms Waterways

Local governments can help clean up local waterways by providing training and education to landscapers that apply fertilizer to residential and commercial properties. Improper fertilizer application can

Priscilla's

OF SANIBEL

SHOP OUR EXCLUSIVE COLLECTION OF THE OLIVER THOMAS QUILTED TOTE BAGS, TENNIS BACKPACKS, PICKLEBALL DRAWSTRING BACKPACKS AND ACCESSORIES.



Priscilla's of Sanibel is a fun and unique boutique that offers women-owned products, artists and designers. Inspired by the legendary Priscilla Murphy, who was the first realtor on the island and one of the many trailblazing women of Sanibel.

We can't wait to meet you!

The Village Shops • 2340 Periwinkle Way F1
www.PriscillasOfSanibel.com • 239-558-4441
@PriscillasOfSanibel

Island Winds Coiffures

HAIR SALON FOR WOMEN & MEN

Manicures and Pedicures by Lois

Hair Styling

LINDA • MARISA • JEANNE

695 Tarpon Bay Road, Sanibel

239-472-2591



NOW OPEN

Hours: Mon-Thurs. Noon - 9pm
Fri-Sat. Noon - 9:30pm & Sunday 1 - 9pm

June 24	Black Raspberry Chip
June 25	Cookies n Creme
June 26	Mango
June 27	Captiva Sunset
June 28	Island Split
June 29	Marshmallow Fudge Brownie
June 30	White Chocolate Raspberry Truffle
July 1	Strawberry Shortcake

DAILY FLAVORS

(239) 312-8626 • www.sanibelshack.com
1219 Periwinkle Way, Sanibel • Located next to Tipsy Turtle

— Discover —

Tahitian Gardens Shopping Center

1975 Periwinkle Way

From Antiquity and Beyond...
Authentic Ancient and Treasure Coins



THE CEDAR CHEST
FINE JEWELRY
A Sanibel Tradition Since 1975

Shop in-store, by phone
or online

Tahitian Gardens
1993 Periwinkle Way
239-472-2876 or 800-749-1987
www.CedarChestSanibel.com



LET'S EAT!

CREATIVELY CRAFTED,
ABSOLUTELY FRESH &
UNDENIABLY DELICIOUS!

- ☕ morning nosh/cold brew & hot coffee
- 🍷 daily crafted handhelds, salads, soups, pizzas, sweets, & much more!
- 🍲 oven ready entrees/hors d'oeuvres
- 🍽️ event catering & private chef services
- 👤 concierge menus

2003 Periwinkle Way (Tahitian Gardens Plaza) • Sanibel
239.887.0050 • paperfigkitchen.com

Natural Beauty Island Style



Tahitian Gardens
1993 Periwinkle Way
239-472-2876 or 800-749-1987
www.CedarChestSanibel.com

THE CEDAR CHEST
FINE JEWELRY
A Sanibel Tradition Since 1975

Shop in-store, by phone
or online



Sanibel Sole



Tahitian Gardens
1985-87 Periwinkle Way
Sanibel (239) 395-0385

BIRKENSTOCK Columbia
VIONIC taōs FOOTWEAR OOFOS Teva

SYNERGY

Tahitian Gardens
1981 Periwinkle Way
(239) 395-0385
synergysportswear.com

LIFE IS GOOD®



ILSE JACOBSEN
HORNØK



ALEX AND ANI

For individual shop information: www.ShopOnSanibel.com



Holly D. Smith



Richard Johnson



John Henshaw



Mike Miller

Sanibel Officials Appointed To Key Positions

The Florida League of Cities, the united voice for Florida's municipal governments, announced the appointments of Sanibel Mayor Holly D. Smith, Vice Mayor Richard Johnson and Councilmembers John Henshaw and Mike Miller to serve on various legislative policy committees for the 2021-22 legislative biennium.

As legislative policy committee members, Smith, Johnson, Henshaw and Miller will help develop the league's legislative action agenda, which details priority issues that are most likely to affect daily municipal governance and local decision-making during the upcoming legislative session, as well as help league staff understand the real-world implications of proposed legislation. Committee members are also asked to serve as advocates for local decision-making throughout the legislative process.

Following is the list of appointments:

Smith is appointed to her fourth term on the Municipal Administration Committee, which addresses municipal concerns with code enforcement, elections, emergency management, gaming, public records, public safety, procurement, and charter counties and special districts.

Johnson is appointed to the Utilities, Natural Resources and Public Works Committee, which is responsible for coastal management, energy, wastewater treatment and reuse, water management, and water quality and

quantity policies. Previously, he served on the Transportation and Intergovernmental Relations Committee.

Henshaw is appointed to the Transportation and Intergovernmental Relations Committee, which addresses municipal concerns relating to transportation and highway safety, aviation, affordable housing, building codes, charter schools, and veterans affairs.

Miller is appointed to the Finance, Taxation and Personnel Committee, which addresses municipal roles in general finance and tax issues, Home Rule revenues, infrastructure funding, pension issues, collective bargaining, tax and budget reform, and workers' compensation.✽

Planners Endorse Amendments For Bailey's

by Wendy McMullen

The Sanibel Planning Commission recommended approving seven amendments to allow the redesign and expansion of Bailey's Shopping Center at its meeting on Tuesday.

The landmark store, dating back to 1899, is undergoing a major renovation which tears down the movie theater to make room for expansion of the general store and hardware store, and rebuilding the liquor store. The Planned Unit Development adds a .45-acre commercially zoned parcel that was formerly an antique store.

It also relocates Aleck's Alley behind

the store to provide a 24-foot, two-way road to serve the shopping center and potential below market rate housing. The land is to be donated, however, no application has been made at this time. The antique store and two buildings providing employee housing will be demolished to allow for this relocation.

The gas station on the property is not a part of the plan at this point.

Architectural visual features including gazebos at the corners of existing walkways will provide shaded seating and bonus outdoor dining, and a porte cochere entry for protection and shade.

The existing parking lot will be realigned and restriped to create more islands and buffer landscaping, and the Tarpon Bay Road entrance will be relocated south. The realignment will also provide better pedestrian and bicycle access.

Planners found that the amendment would encourage the most appropriate use of land and city resources, and prevent overcrowding. There will be no new commercial floor area added since the former antique store and movie theater will be torn down and no native vegetation will be destroyed. New construction will be built following green technology. Bailey's existing building has more than 10,000 square feet of solar panels.

Since all the development takes place within the Bailey's Shopping Center Planned Unit Development, the amendment will not affect orderly growth and development, but will preserve and improve public health and safety.

The Planned Unit Development consists of two parcels totaling 13.56 acres. It consists of Bailey's General Store and Doc Ford's on the west side of Tarpon Bay Road.

The only parcel under consideration for this amendment is the parcel containing Bailey's General Store. A maximum of 60,091 square feet of commercial floor area is permitted on the 6.7 acres containing Bailey's General Store. The remaining two acres retain no residential density but could be developed for below market rate housing, which is exempt from density requirements.

The 250 parking spaces will be shared between Bailey's General Store and the

separate commercial units shown in the master development plan.

Bailey's General Store was relocated from the bay, where the ferry landed, to its current location in 1966, three years after the Sanibel Causeway was built.

The planning commission has recommended approval but the plan will have to go before city council for the amendment to be approved.

Commissioner Ty Symroski was not present at the meeting.✽

Lee Board Appoints Mayor To Tourist Council

During its May 18 meeting the Lee Board of County Commissioners (BOCC) appointed City of Sanibel Mayor Holly D. Smith to the Lee County Tourist Development Council (TDC) for a two-year TDC term, which will expire in 2023. This is Smith's second appointment to the council. Smith is uniquely qualified as she is both an elected official as well as an owner/operator of hotel properties in Lee County.

"I am extremely proud of this opportunity to again serve on this council. Tourism is the economic driver in Lee County and throughout Florida. I am grateful to the Lee County Board of County Commissioners for their confidence in me," said Smith.

The TDC, established by citizen referendum in 1983, is a nine-member council appointed as an advisory council to the Lee County Board of County Commissioners. The TDC oversees the entire tourist development tax fund, of which a portion is used to support the Beach and Shoreline Capital Improvement Program. The TDC also provides direction on programs, budget, and reviews expenditures of the Lee County Visitor and Convention Bureau (VCB) quarterly. Each year, the TDC approves funding for the maintenance of Lee County beaches, for beach re-nourishment projects, and for beach and shoreline capital projects such as piers, boardwalks, parks and re-vegetation.✽

Independently Owned And Operated
COPYRIGHT 2021 Island Sun
LORKEN Publications, Inc.



USPS 18: Bulk Rate permit paid, Sanibel, FL, 33957
Postmaster: Send change of address to Island Sun,
1640 Periwinkle Way, Suite 2, Sanibel, FL 33957

Published every Friday for the people and visitors of Sanibel and Captiva Islands.
Distribution: 8,000-10,000 per week (seasonal).
Mailed free to Sanibel and Captiva residents every Friday. Subscription prices:
Third Class U.S. \$60 one year, \$30 six months (allow 2-3 weeks for delivery).
First Class U.S. \$150 one year, \$75 six months (allow 3-5 days for delivery).
Prices include state sales tax. Subscription requests by mail, email or phone.

Readers with news, tips, comments or questions, call 239-395-1213,
write to: Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957
or email: press@islandsunnews.com. To advertise, email: ads@islandsunnews.com.

*The Island Sun reserves the right to refuse, alter or edit any editorial or advertisement.
We will correct factual errors or matters of emphasis and interpretation in news stories.*



Read Online: www.IslandSunNews.com

Publisher

Lorin Arundel

Accounting

Mike Terry

Advertising

Bob Petcher

Graphic Arts & Production

Ann Ziehl, Manager
Amanda Hartman
Willow Peterson

Reporters

Kathy Kurtz Ferrari
Wendy McMullen

Contributing Writers

Kay Casperson	Dr. Jose H. Leal, PhD
Constance Clancy, EdD	Kealy McNeal
Suzy Cohen	Capt. Matt Mitchell
Linda Coin	Trinette Nelson
Cindy Carter	Howard Prager
Clay C. Ewell	Gerri Reaves PhD
Marcia Feeney	Angela Larson Roehl
Katie Frederic	Julie Rosenberg, MD
Shelley Greggs	J. Brendan Ryan, CLU,
Jarred Harris	ChFC, MSFS
Marion Hauser, MS, RD	Di Saggau
Ross Hauser, MD	Jeanie Tinch
Bryan Hayes	Allison Havill Todd
Craig R. Hersch	



SHOP ON SANIBEL

Come for the beaches...
discover the shopping!

An upscale ambiance at four distinctive Centers.
You'll find boutique shopping, family dining, personal services.



Tahitian
GARDENS
1975-2019 Periwinkle Way

The
VILLAGE SHOPS
2340 Periwinkle Way

Town
CENTER
2496 Palm Ridge Road

Olde
SANIBEL SHOPPES
630 Tarpon Bay Road

TAHITIAN GARDENS

1975-2019 PERIWINKLE WAY

Adventures In Paradise
Cedar Chest Fine Jewelry
Cheeburger Cheeburger
Pandora's Box
Paper Fig Kitchen
Sanibel Cafe
Sanibel Resort Wear
Sanibel Sole
Shiny Objects
Synergy Sportswear
Wilford & Lee Home Decor

THE VILLAGE SHOPS

2340 PERIWINKLE WAY

Coco y Cabana
Priscilla's of Sanibel
MacIntosh Books + Paper
Tribeca Hair Salon
Traders 2 (T2)
T2 Gifts
Watson MacRae Gallery
Why Knot

OLD SANIBEL SHOPPES

630 TARPON BAY ROAD

Amy's Something Special
Island Paws
jb designs
On Island
Over Easy Cafe
Sanibel Art & Frame
Suncatcher's Dream

TOWN CENTER

2496 PALM RIDGE ROAD

Subway®
The Pecking Order



For individual shop information:

www.ShopOnSanibel.com



City Of Sanibel Vegetation Committee

Much Ado About Mulches

Mulches are not a new concept. For as long as trees have grown in forests, leaves and needles fall to the ground, mat together and form a natural protective layer over the soil. Natural areas provide their own renewable mulch supply; however, maintained landscaped areas should be mulched to provide the following benefits: moisture absorption and retention; surface insulation; reduced soil erosion; soil enrichment; weed prevention and control; landscape beautification; decreased toxic lawn runoff; and moisture absorption and retention.

In Southwest Florida it's all about water. It is estimated that nationwide, 60 percent of drinking water is used for irrigation. Mulching your plants will help keep the ground around the plants moist between rain events. When compared to bare soils, mulched areas can hold almost twice the amount of soil moisture.

Surface Insulation – Organic mulches help regulate the temperature of soil around plant roots. In the summer, organic mulches cool the roots; in the winter, mulch keeps the roots warm.

Reduced Soil Erosion – When water droplets land on bare soil, the impact causes soil particles to fly in all directions, resulting in soil compaction



Mulched areas can hold almost twice the amount of moisture as bare soil

photo by Ruth Brooks

and slow water infiltration. Mulches break the impact of the droplets, reducing soil erosion and compaction and increasing the absorption and retention of water in the soil.

Soil Enrichment – Organic mulches improve soil structure in several ways. As organic mulches decompose, they provide organic matter and nutrients that prompt soil particles to aggregate. Large aggregates increase aeration and improve moisture conditions in the soil. More moisture in the soil encourages

additional root/plant growth, further enhancing soil structure.

Weed Prevention And Control – Mulch is a natural weed germination blocker. Weeds need light to sprout and develop. A layer of mulch will allow less light to reach the soil, which will reduce the amount of weeds that you need to pull.

Landscape Beautification – Less sod and more trees, shrubs and groundcovers create a softer landscape. Property values have been shown to increase 15 to 20 percent with attractive plantings.

Decreased Toxic Yard Runoff – Using groundcovers, shrubs and trees with mulched areas will reduce the need for lawns/sod. The need to use fertilizers, insecticides and herbicides will decrease as sod is reduced. These chemicals end up polluting the waterways and contributing to health risks for humans, as well as the natural environment.

Which Mulch Should I Use? – It is important to evaluate and choose the right mulch for your yard and communicate that choice to your landscaper. Organic mulches made of natural materials that break down over time and provide nutrients to the soil are the best choices.

Do Not Use Cypress Mulch – Cypress trees take hundreds of years to establish and provide many benefits that indirectly and directly affect the surrounding environment. Currently, cypress trees are being harvested from Florida's wetlands at a rate faster than they can grow. If this unsustainable practice continues, this irreplaceable natural resource will soon be depleted.

Other options include melaleuca, eucalyptus, pine straw, pine bark, yard waste, compost and mixed hardwood. Following are some of pros and cons of these options.

Melaleuca Mulch (brand name FloriMulch): environmentally sustainable product; long lasting and withstands high use; heavier so it won't wash away; treated to kill seeds; repels termites.

Eucalyptus Mulch: harvested on managed plantations; renewable

resource; maintains soil pH; repels termites, fleas and ticks; aromatic.

Pine Straw (pine needles): harvested from pine plantations; lowers pH or acidifies the soil; does not wash away; resists compaction; suppresses germination of weeds; flammable.

Pine Bark: by product of forestry industry; long-lasting material; floats during high rain events; low maintenance.

Yard Waste (clippings, leaves, chipped): free; adds nutrients to the soil; decomposes quickly; not as uniformly attractive; can spread weed seeds.

Compost: free; full of nutrients; takes time to become ready to use; decomposes quickly.

Mixed Hardwood Mulch: decomposes quickly; questionable nutritional value for soil; produced from scrap lumber; raises pH or alkalinity; may include pressure-treated lumber treated with chemicals including arsenic.

What About Dyed Mulch? – Although colored or dyed mulches are readily available and increasingly popular, there are several reasons why dyed mulch should be avoided: often made from wood waste (old buildings, pressure-treated lumber) containing chromium copper and arsenic; does not break down as fast as natural mulch; leaches dye and possible contaminants into the soil harming or killing soil bacteria, insects, worms and even the plants themselves.

Can I Use Shell, Rocks Or Rubber Mulch Instead? – Inorganic mulches are not recommended and may require a development permit. Contact the City of Sanibel Planning Department at 472-4136 for more information.

Unlike organic mulches, crushed shell, gravel/rock and shredded rubber tires do not contribute to the soil's nutrient and organic content or water-holding capacity. These mulches last a long time, but will need to be cleaned of debris frequently.

These mulches absorb heat from the sun, raising soil temperature to levels that destroy nutrients and beneficial organisms. Shells and limestone chips raise the alkalinity of the area's already highly alkaline soil.

How To Mulch – For new areas, lay down several layers of newspaper as a weed barrier; spread mulch two to three inches thick but keep in mind, if mulch is too thick, roots are deprived of oxygen; keep mulch two inches back from any tree trunk or plant stems; mulch under trees to the "drip line" (out to the edge of the canopy); do not mulch under citrus or avocado trees; do not mulch in wetlands or natural areas; wetlands are protected by both city and state laws, and may not be "filled" with organic or inorganic mulch; leaf litter in natural areas provides mulch that is free and renewable.

The Natural Resources Department section of the city's website, www.mysanibel.com, offers information on native plants, a listing of licensed contractors, vegetation standards and codes, and a handbook prepared by the vegetation committee. For more information, call 472-3700.✱

FOURTH OF JULY CELEBRATION



THE MARTY STOKES BAND
3PM-6PM

FREE HOT DOGS SERVED ALL DAY 

AMERICAN LEGION POST 123
4249 SAN-CAP RD • 239-472-9979

Shorebird Chicks Are On The Move



Wilson's plover

photo by Aaron White

In recent weeks, three snowy plover nests and one Wilson's plover nest have hatched on Sanibel. Sanibel-Captiva Conservation Foundation (SCCF) staff and volunteers are monitoring brood locations and educating beachgoers about these birds and how to safely and respectfully observe them.

Photographers looking to get photos of snowy plover chicks should keep a good distance from the birds, remove litter that attracts predators such as crows, and wrap up the photo session in 10 minutes.

Snowy plover chicks are precocial

– they are feathered and up and running within hours of hatching. They do not stay inside the posted areas around the nests.

Keep pets leashed at all times, pick up your trash and never feed wildlife. Feeding gulls and crows attracts these predators to sensitive nesting areas.

Watch your step, as snowy plover chicks are tiny and tend to crouch down and hide in the wrack when they feel threatened.

If you see a shorebird nest that has not yet been roped off, contact the SCCF shorebird staff at shorebirds@sccf.org.✱

SCCF Acquires Land Off Island

Sanibel-Captiva Conservation Foundation (SCCF) recently acquired three off-island properties on McGregor Boulevard near the Sanibel Causeway that are of critical environmental importance. A total of more than 25 acres, all three of the parcels contain mangrove forest with, or immediately adjacent to, tidally influenced waterways.

"SCCF's land acquisition and preservation efforts off island enhance and expand our impact on restoring coastal ecosystems in the region," said SCCF CEO Ryan Orgera, PhD. "The more land we can preserve, the better off the whole system will be."

This estuarine habitat, including mudflats and salt flats, is important to many shorebird species, diamondback terrapins, critically endangered smalltooth sawfish, and countless invertebrate species, including crustaceans and mollusks.

The purchase of the three parcels marks the first time that monies have been used for this purpose from SCCF's Land Acquisition and Improvement Fund. Created in 2020 with a gift from a longstanding supporter who wishes to remain anonymous, the fund affords SCCF the resources to opportunistically acquire environmentally sensitive wildlife habitat so that it can remain undeveloped in perpetuity. The fund may also be used

to optimize the quality of that habitat through restoration, rewilding and ongoing maintenance.

Along the major boulevard, where the ground is higher, there are several exotic plant species, such as Brazilian pepper, melaleuca and Australian pine, that will be treated or removed so native vegetation can become the dominant species once again. This buffer along the road will continue to serve as a terrestrial wildlife corridor during high tides.

To donate to the SCCF Land Acquisition and Improvement Fund, contact SCCF Development Director Cheryl Giattini at cgiattini@sccf.org or 822-6121.✱

Mosquito Control On Sanibel

The Lee County Mosquito Control District (LCMCD) provides mosquito control for Sanibel. Mosquito season typically runs from May through October and mosquito activity increases with rain, particularly after heavy rains that produce large areas of standing water. Due to the abundance of mangroves, wetlands and salt marshes, Sanibel is a prime breeding ground for mosquitoes.

If you are experiencing a high number of mosquitoes, call 694-2174. If the LCMCD receives complaints from a specific area or neighborhood, the district will dispatch personnel to conduct a mosquito count and, if warranted, will fog or spray the area.✱



JERRY'S HAS EVERYTHING YOU NEED!

*Groceries • Wine & Spirits • Restaurant
Gifts • Beach Necessities • Ice Cream
Art • Full-Service Organic Spa*

**Nanny's
Children Shop**

H2O Outfitters

Footloose

Sanibel Surf Shop

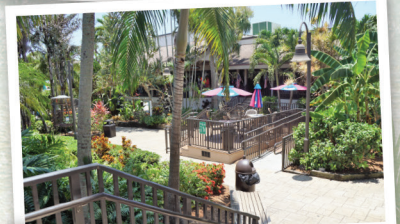
**Spatini Teabar, Organic
Spa & Hair Lounge**

Sanibel Spirits

Love Boat Ice Cream

**Sanybel's Finest Art
and Collectables**

*Visit our collection
of live parrots in
the courtyard!*



f www.jerrysofsanibel.com

**1700 Periwinkle Way • Sanibel Island, FL 33957
Phone: (239) 472-9300**



Florida butterfly orchid's pseudobulbs (upper left) and hanging fruit capsules (center)
photos by Gerri Reaves

Plant Smart
**Florida
Butterfly Orchid**
by Gerri Reaves

Florida butterfly orchid (*Encyclia tampensis*) is the most widespread of the state's epiphytic orchids. The common name derives from the resemblance between the panicles of flowers and hovering butterflies. Another common name, Tampa butterfly orchid, refers to the plant's discovery in the Tampa Bay area in 1846. This slow-grower is found on trees in wet hammocks, mangroves and cypress swamps of the central and southern parts of the state. Favored trees are cypress, live oak and buttonwood. Each plant produces one to three strap-like leathery basal leaves of three to 12 inches long. They emerge from

egg- or onion-shaped pseudobulbs, which store water and enable the orchid to endure droughts. Flowering occurs between late spring and early fall, and fruiting occurs throughout the year. The arching branched inflorescences extend beyond the leaves and hold three to 45 fragrant flowers, each on its own stem and measuring about an inch across. The spatulate petals and sepals are similar to one another, ranging in color from green to yellow or bronze. The flower's white lip is three-lobed. The center fan-shaped lobe has a purple or rose splotch, and the side lobes have purple veins. The hanging ellipsoid fruit capsule contains numerous dust-like seeds. Upon maturity, it splits into three valves and the seeds are dispersed by wind. This orchid is pollinated by small bees. It prefers filtered light or morning sun only.



Panicles of flowers usually bloom spring to fall

Although Florida butterfly orchid is not listed as endangered or threatened, it is officially listed as "commercially exploited." Plants in that category are defined in Florida Statutes as "species native to the state which are subject to being removed in significant numbers from native habitats in the state and sold or transported for sale." As for establishing this or any epiphytic orchid in your yard, finding the right platform is the key. Despite connotations of exotic delicacy, orchids are best left alone once anchored in the right place. Epiphytes like this species use a tree limb or other surface as a growing platform. They are not parasites. Nor do they need soil to grow. With its spongy roots firmly anchored to a tree or other clay pot, it accesses moisture, sunlight and nutrients, the later in the form of mostly plant debris. A location in the crotch of a tree or at

the base of a palm frond is an excellent spot for collecting organic material. Approximately one hundred orchids are native to Florida and were once abundant. Now scores are threatened or endangered due to habitat loss, primarily. Do your part by always purchasing your orchids from a responsible native nursery. Collecting from the wild is prohibited by law. Sources: *Complete Guide to Florida Wildflowers* and *Everglades Wildflowers* by Roger L. Hammer, *Five Hundred Plants of South Florida* by Julia F. Morton, *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio, *The Guide to Florida Wildflowers* by Walter Kingsley Taylor, *National Audubon Society Field Guide to Florida* by Peter Alden et al., *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, and www.fnps.org. Plant Smart explores the diverse flora of South Florida.✧

EXPERIENCE: HUNDREDS OF SUCCESSFUL LANDSCAPES

ALL NATIVE

GARDEN CENTER, NURSERY & LANDSCAPES

300 Center Road, Fort Myers FL 33907
PHONE **239.939.9663** • FAX **239.939.8504**
www.NoLawn.com • www.AllNative.biz
OPEN DAILY: 9 to 5 Mon - Sat • 10 to 3 Sun

**OUR NURSERY FEATURES
OVER 200 SPECIES OF NATIVE
PLANTS ON SEVERAL ACRES**

- Butterfly Gardens ■
- Wildlife/Bird Sanctuaries ■

*We also offer landscape design,
consultation, installation and maintenance.*

THE QUESTIONS ARE SIMPLE:

Should the Island Senior club
have a permanent home in
the existing facility they have
enjoyed since 1993 and
operate independently at the
discretion of their Board?

YES

Should the City of Sanibel
have a new multi-million-dollar
Center 4 Life building to
compete with the Recreation
Center and Community House?

NO

Paid for by CITIZENS FOR FISCAL RESPONSIBILITY

Reef Restoration Called Largest Outplanting Effort

The Florida Fish and Wildlife Conservation Commission (FWC), Florida Department of Environmental Protection (DEP) and coral reef restoration partners recently completed an outplanting of 1,152 coral colonies along Florida's Coral Reef as part of the largest coordinated experimental outplanting effort in Florida to date.

Reef restoration experiments in Florida have never been replicated on such a large scale before, with 24 outplanting sites spanning from Martin County down the coast of southeast Florida to Key West.

The purpose of this project is to determine the fate of corals that are susceptible to stony coral tissue loss disease when outplanted across Florida's coral reef where the disease is still present but no longer found in epidemic proportions. The knowledge gained during this study will pave the way for future expansions in the restoration of disease-susceptible corals.

The project is led by the FWC and includes partners from DEP, Biscayne National Park, Florida Atlantic University, Nova Southeastern University, University of Miami Rosenstiel School of Marine and Atmospheric Science, Coral Restoration Foundation, Reef Renewal USA, Mote



At each of the 24 sites, the partners attached concrete bases (left) and transplanted five fragments to each base (right) to create each coral colony photo provided

Marine Laboratory & Aquarium and Keys Marine Laboratory. The project is funded by DEP's Coral Protection and Restoration Program from December 2020 through July 2022.

"This is an unprecedented effort during unprecedented times," said FWC Commissioner Robert Spottswood. "It's extraordinary the amount of coordination and partnerships that have formed to make this a reality. Proving that if we work together, we can accomplish just about anything."

"This project is the first of its kind," said DEP Deputy Secretary for

Ecosystem Restoration Adam Blalock.

"Understanding where and when it is safe to start outplanting species that are susceptible to stony coral tissue loss disease again is a major first step in restoring the resilience of Florida's coral reef."

Monitoring has occurred so far at one week, two weeks and four weeks after outplanting and will continue monthly for two years. The photographs and observations are now being entered into a database. Information on the fate of these corals during this critical time will be available in early July. ✨

American Legion Post 123

American Legion Post 123 is serving barbecued ribs and chicken from noon to 8 p.m. this Sunday, June 27. The Marty Stokes band plays on Sunday, July 4 from 3 to 6 p.m. during the 4th of July celebration. Free hot dogs served all day.



On Tuesdays, tacos are served all day. Steak and cheesesteak sandwiches are served on Fridays. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m. Sunday specials are served from noon to 8 p.m.

The first Thursday of the month is Open Mic Night from 6 to 9 p.m.

The 8-Ball Pool League plays at 5 p.m. on Monday nights. There are two tables in play. Come out and watch the action.

If you have a flag that needs to be retired, you can drop it off at Post 123.

American Legion member eligibility dates are November 11, 1918 through present. All veterans are welcome.

Post 123 is a non-smoking facility with an outside area available for smokers. It is located at mile marker 3 on Sanibel-Captiva Road, open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. For more information, call 472-9979. ✨

Sanibel's Largest Selection

Liquor • Wine Beer • Cigars

Call About Delivery
or Curbside Pick-Up

Open 7 days • 9AM-7PM

Celebrate Independence Day
With a Bottle of Our Exclusive
"Barrel Pick" of Cask Strength
Bourbon from Heaven's Door!
Get One While They Last.

(239) 472-1682 • www.GrogShopSanibel.com
Bailey's Shopping Center
(next to Island Cinema • Corner of Periwinkle Way and Tarpon Bay Road)

Expect Nothing Less.

The Pecking Order Fried Chicken and Pies

2496 Palm Ridge Road
Sanibel, Florida
(239) 472-2534

Summertime Trout Fishing



by Capt. Matt Mitchell

With a passing tropical disturbance, we got a break from the sizzling summer heat, with overcast conditions all week. Even though we saw very little rain, the cloud cover did wonders for keeping temperatures lower than normal. Slower tides did make fishing a little tougher at times, with little to no water movement even in the passes for hours. Moving out to the many grass flats was one option, as the snook and redfish bite simply quit at times.

When tides are not right, sometimes you just have to switch gears and target a species that seems to feed no matter what. Trout are one of the most popular species in Florida and can be caught a variety of ways, with both live bait and artificial. Finding the small fry bait and feeding birds out on the open water flats is a sure sign to locate trout. Look for clear water and the trout will be there.

The tried and true method to catch these fish is a live shrimp under a popping cork. Make long casts and snap the rod tip making the cork pop. This sound imitates a shrimp or bait skipping

on the surface and draws the trout in. There are lots of ways to switch this rig up, with either a soft plastic or DOA like shrimp, or a live pinfish or grunt. Big trout love grunts, aka pig fish, more than anything else that swims.

Top water plugs may be the most fun way to catch trout. Watching them chase and miss the plug is great entertainment. Low light conditions are the best time for this. Some really big trout are caught in super shallow water around both oyster bars and shoals. Look for the transition areas where grass and sand meet. Soft plastics bounced across the bottom on a jig head is another way to catch trout. We often drift and fan cast the flats in three to five feet of water to catch these fish.

Some of the biggest trout we catch all year, we pick up as bycatch while tarpon fishing. Large pinfish under a float catch some giant 24-inch-plus trout on almost every tarpon trip I run this time of year. Although they are not the target species, catching a 26-inch trout is a great sign about the amazing recovery we have seen in our waters. Trout are a very delicate fish and gentle handling is the key to a good release. Wetting your hands or using a hook-out tool, and not even touching the fish, gives them the best chance at swimming away unhurt.

Although trout has been reopened to harvest in our region as of June 1, the recreational limits have been lowered to six fish maximum per vessel. The slot limit has also changed to 15 to 19 inches, with only one per vessel over 19 inches in that bag limit. The regulations for the entire state of Florida changed on



Mary Laser with a 26-inch "gator trout" she caught while tarpon fishing this week photo provided

February 1, 2020. Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James

City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.✱

FLORIDA'S #1 SELLING INSECT REPELLENT

- Locally owned and operated
- 100% natural ingredients
- Smells great
- Safe to use on kids
- Works on pets & horses
- Non-greasy or sticky formula
- Repels mosquitoes & most biting insects

Visit Our Website for Locations on Sanibel & Captiva Islands

WWW.NONOSEEUUM.COM

f CLEAR YOUR GEAR™

It Catches More Than Fish

Single hooks cause less damage than treble hooks

LOCAL CLEAR YOUR GEAR

CAPT. MATT MITCHELL

Light Tackle Sport Fishing

Sightseeing • Eco Tours

Tarpon • Snook

Redfish & More

C: (239) 340-8651

www.captmattmitchell.com

email: captmattmitchell@aol.com

Send Us Your Fish Tales

We would like to hear from anglers about their catches.

Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include a photograph with identification.

Email to press@islandsunnews.com or call 395-1213.

Your Bottom Specialist

Call on Paint Prices

ISLAND MARINE SERVICES, INC.

• NEW MOTOR SALES • REBUILT POWERHEADS •

• FACTORY TRAINED •

MERCURY – MARINER – JOHNSON – EVINRUDE

SUZUKI – YAMAHA – OMC – I/O'S – MERCURISER

Courteous Professional Marine Repair Service • Dockside Service

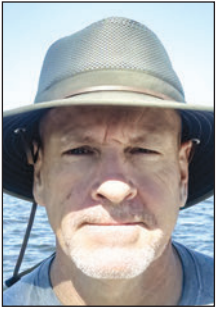
Serving Sanibel & Captiva For Life

472-3380 • 466-3344

Dave Doane

CROW Case Of The Week:

Animal Ambassadors



by Bob Petcher

Who do you think would make a great representative or promoter of your business?

At CROW, that specific team member would be an animal, of course.

Since 2012, CROW has instituted an animal ambassador program to provide an educational home for critters who are unable to be released into the wild. Dr. Heather Barron, CROW'S medical and research director, instituted the program to utilize these animals as foster parents, blood donors and as an educational outreach for an up-close experience with wildlife.

"She realized how critical it would be for our mission to start an animal ambassador program," said CROW Rehabilitation Manager Breanna Frankel. "With our education outreach starting to grow, we realized that it would be much more successful if people were able to have one-on-one, in-person experiences. The animal ambassadors would serve as species representations of patients we treat at CROW, and serve other functions



Biscuit, the gopher tortoise is CROW's latest animal ambassador photo by Brian Bohlman

such as being blood donors, foster parents, etc."

CROW has six animals in the animal ambassador program: Lola, the American kestrel; Talon, the red-tailed hawk; Mina, the great horned owl; Billy, the nine-banded armadillo; Gigi, the Virginia opossum; and Biscuit, the gopher tortoise, the most recent addition.

Lola, who arrived in March of 2013, suffered from a broken wing that had not healed correctly. She was capable of short flights but would not be able to fly well enough to hunt in the wild. Frankel said Lola's "flight abilities are diminishing

as she ages" but called her "an excellent species ambassador."

Talon arrived at the clinic in January of 2014 with a broken left wing. The fracture had already healed incorrectly, and he was unable to fly. Frankel said Talon is CROW's "most used animal for blood transfusions."

Mina was admitted in December of 2016 with a partially amputated right wing. The injury had mostly healed by the time she was brought to the clinic but rendered her unable to fly. "She has come a long way. Aside from assisting with regular duties, she also participates

in research outings with Avian Research and Conservation Institute (ARCI), trapping swallow-tailed kites for satellite tracking," said Frankel.

Billy arrived in April of 2017 as an orphan that was weak and malnourished. The rehabilitation team nursed him back to health, but since armadillos were classified as a nonnative or invasive species by FWC at the time, Billy was unable to be released. The classification was changed recently to reflect that armadillos have naturally expanded their range to include Florida. Billy has since become too accustomed to human care to live a successful life in the wild.

Gigi was admitted in April of 2019 after she was found orphaned with her two siblings. She had sustained a traumatic amputation of most of her tail. Since wild opossums use their prehensile tails for balance and climbing to escape from predators, Gigi would not be a successful opossum in the wild. "She has changed thousands of minds regarding common opossum myths," noted Frankel.

Then there's Biscuit, who came to the clinic at just a few months old after being attacked by a dog. Frankel said, "The dog unfortunately caused rear leg damage, and Biscuit cannot use the leg appropriately – it drags behind him/her. This would lead to significant issues in the wild with abrasions and potential infection. Due to the difficulty, Biscuit was added to our program because our previous gopher tortoise ambassador

continued on page 16

Bailey's

Groceries • Hardware • Gifts

Serving Sanibel and Captiva Since 1899

ALSO SERVING YOU IN 2 OTHER LOCATIONS

The Island Store

11500 Andy Rosse Lane, Captiva

239-312-4374

Bailey's Marketplace at Sundial

1451 Middle Gulf Dr, Sanibel

239-395-6016

2477 Periwinkle Way • Sanibel, Florida • 239-558-0548 • baileys-sanibel.com • OPEN 7 DAYS 7 AM - 7 PM (due to COVID)

THE ISLAND'S ORIGINAL SHOPPING experience

Whether you're visiting, vacationing or an island resident, Bailey's is an island tradition.

Bailey's has everything you need for your Fourth of July events! You'll find fun and functional red, white and blue items throughout the store to celebrate in style. We have flags of all sizes to wave in your hand, mount to your car and display at your home. Discover star-spangled beach hats, bandanas, key chains, and so much more!

And don't forget the hot dogs & apple pie.



Shell Of The Week

The Channeled Sundial



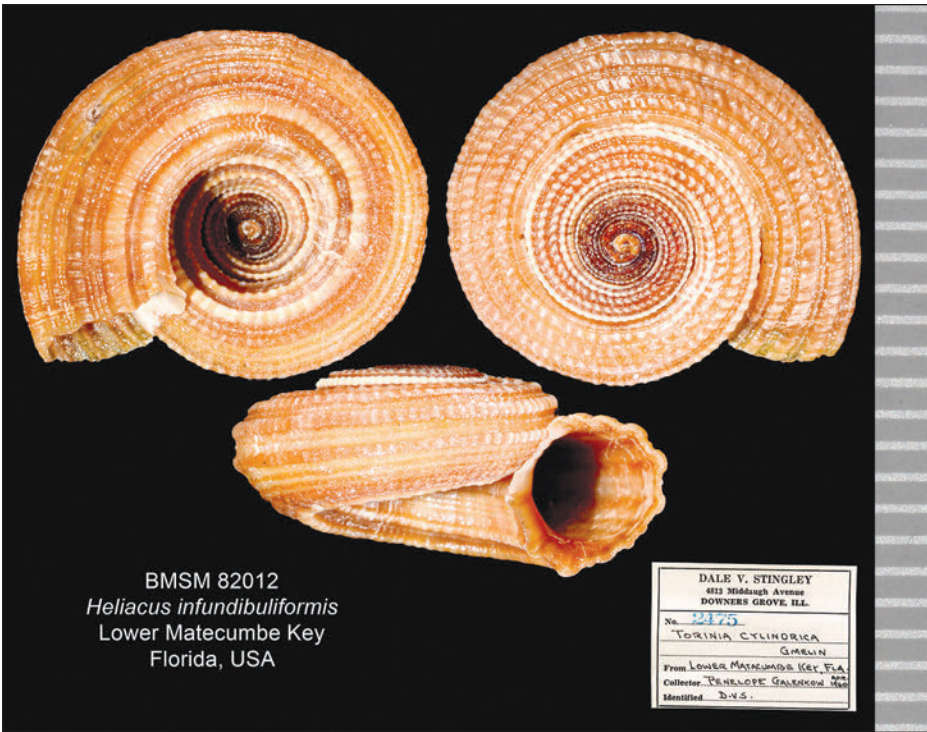
by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

H*eliacus infundibiliformis* (Gmelin, 1791) reaches 15 mm

(about 0.6 inch). It has a “flattened” shell and a wide umbilicus (opening on shell base) and may reach about 15 mm (about 0.6 inch). The entire shell sculpture consists of beaded spiral cords. Sundials are usually associated with soft corals, and the Channeled Sundial is no exception. The species is found from the coast of Southeast Florida to the southern Caribbean. (A large reproduction of this illustration is displayed in the In Focus exhibition at the National Shell Museum.) Read more about mollusks and their shells at www.shellmuseum.org/shell-guide and www.shellmuseum.org/blog.

The Bailey-Matthews National Shell Museum is open from 10 a.m. to 5 p.m. daily. Staff and visitors are required to wear face masks.

Your gift helps ensure that our



The Channeled Sundial, *Heliacus infundibiliformis*, from Lower Matecumbe Key, Florida photo by James F. Kelly

staff and animals remain healthy. To make a secure donation, visit www.shellmuseum.org. The Bailey-Matthews National Shell

Museum is located at 3075 Sanibel-Captiva Road. For more information, call 395-2233.✪

Send your editorial copy to: press@islandsunnews.com

From page 15

Ambassadors

healed enough over a few years to be fully rehabilitated and released back to the wild. They are a keystone species, so they are incredibly important for people to learn about. Some of our live animal exhibit animals have had food names over the past two years, and Biscuit fit right in with Pancake, Waffle and Chip (aka, chocolate chip). Apparently, we like breakfast foods! Biscuit is also the perfect size of a biscuit but is growing quite rapidly.”

The rehabilitation staff spends countless hours training and building trust with these animals so that they can remain relaxed around crowds.

“These animals teach us something new every single day. Watching their training progress, watching them interact with people and watching them change minds across the country is the greatest feeling in the world,” said Frankel. “The bonds you can create with the animals is astounding, and earning their trust is a very high honor. Some of our favorite days are ones spent with our ambassador animals.”

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.✪

Lighthouse Cafe

The World's Best Breakfast



WE'RE OPEN!

From 7am to 3pm

Providing you with enhanced safety measures

Breakfast 7-3: Pan-handled egg dishes, omelettes, frittatas, hot cakes

Lunch 11-3: Sandwiches, salads, homemade soups, homemade desserts

239.472.0303

CALL AHEAD SEATING | TAKE OUT AVAILABLE

362 PERIWINKLE WAY, SANIBEL | LIGHTHOUSECAFE.COM



OPEN DAILY

7AM-4PM

Jerry's Café Open Daily: 7am-8:30pm
Jerry's Foods Open Daily: 7am-9pm



Located on Casa Ybel and Periwinkle Way



Lady beetles help control populations of aphids and other harmful insect pests

photo courtesy www.MelindaMyers.com

Managing Insects On Vegetables And Herbs

by Melinda Myers

Homegrown fresh vegetables not only taste better, they are more nutritious. Plus, you can control what products are applied to the plants to control insect pests and disease.

The first steps to growing a productive vegetable garden and protecting your

harvest begin with proper planning and care.

Select the most disease-resistant varieties available when planning your garden.

Then plant them in properly prepared soil with the amount of sunlight they require. Provide the necessary ongoing care and your plants will be healthier and better able to tolerate pest problems.

Even when you do everything right, problems can still arise. It's just a part of gardening.

Further reduce the risk with regular visits to the garden. Check along the

stems and under the leaves for any clues that insect pests have moved into your garden. It is much easier to manage small populations of harmful pests than after they have had time to rapidly reproduce.

At the same time, look for lady beetles, green lace wings and other good guys that eat a variety of garden pests. Leaving a few pests to attract these good guys is often an easy, yet effective way to manage the harmful ones.

Enlist the help of songbirds by attracting them with birdbaths and feeders. Many birds supplement their diets with insect protein. Just protect young seedlings as many birds also like fresh greens.

If you need to lend nature a hand, remove small populations of insects by hand or use a strong blast of water to knock aphids and mites off plants. This is often enough to manage the damage and minimize their impact on your garden harvest.

Barriers of floating row covers can keep cabbage worms, onion maggots, Japanese beetles, and some other insects from laying eggs on their favorite plants. Cover the plants with the fabric at planting, anchor the edges and leave enough slack for plants to grow. Uncover flowering plants as soon as blossoms appear if bees are needed for pollination.

Set out yellow bowls filled with soapy water. The yellow attracts aphids and some other harmful pests. The insects gravitate toward the yellow, then crash into the soapy water and die.

If the problem insects are winning the battle, you may be tempted to reach

for chemical controls. Instead, look for the Organic Materials Review Institute (OMRI) certification on product labels. This independent nonprofit organization reviews products for use in organic gardens, production and processing.

As always, read and follow label directions for any organic, natural or synthetic chemical used. Heeding label directions ensures safe application and effective control.

By working with nature and investing some time and creativity, you can safely minimize insect problems and maximize your garden's harvest.

Melinda Myers is the author of more than 20 gardening books. She hosts *The Great Courses* How to Grow Anything DVD series and the nationally-syndicated *Melinda's Garden Moment* TV and radio program. Myers is a columnist and contributing editor for *Birds & Blooms* magazine. Her website is www.MelindaMyers.com. ✨

New Nonstop Flight This Fall

Spirit Airlines will inaugurate nonstop service between Southwest Florida International Airport (RSW) in Fort Myers and Manchester-Boston Regional Airport (MHT) in New Hampshire on November 17. Spirit Airlines will operate the RSW-MHT flight four times weekly.

For more information, visit www.flylcpa.com. ✨

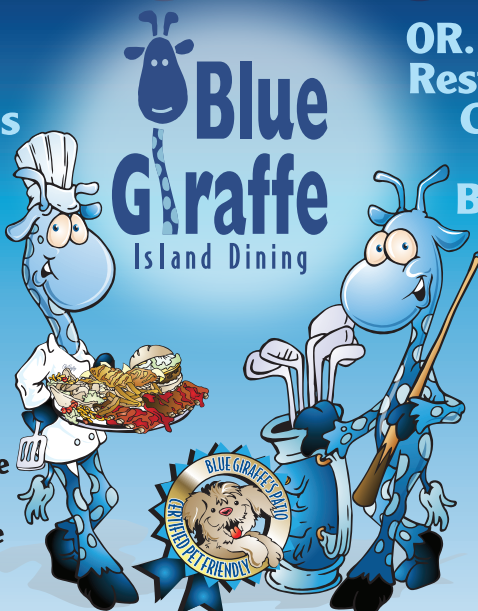
TWICE AS DELICIOUS!

Join us at
Periwinkle
Place Shops
For
Breakfast,
Lunch or
Dinner

Sanibel Family
Owned &
Operated

Island Inspired
American Cuisine
Casual Dining

Inside or Outside
on our Pet
Friendly Patio



OR...visit our
Restaurant &
Clubhouse
at
Beachview
Estates

Enjoy lunch
or dinner
in our
dining room
or outside
on our Pet
Friendly Patio

BlueGiraffeRestaurant.com

OPEN EVERYDAY

Breakfast 8AM-Noon
Lunch 11AM-5PM • Dinner 5PM-Close
Full Liquor Bar • Happy Hour 4-6PM

Periwinkle Place Shops
2075 Periwinkle Way, Sanibel, FL 33957

**OPEN
MONDAY-SATURDAY**

CLOSED SUNDAY
through September

Lunch 11AM-5PM
Dinner 5PM-8PM
Full Liquor Bar • Happy Hour 11AM-6PM

Beachview Estates
1100 Par View Drive, Sanibel, FL 33957

GET YOUR HANDS WET

ENCOUNTER LIVE ANIMALS IN
OUR TOUCH POOLS

SEE SPECTACULAR EXHIBITS
OF MOLLUSKS AND SHELLS

BE WOWED BY OUR GIANT
PACIFIC OCTOPUS

ATTEND A KEEPER CHAT
AT 11 A.M. DAILY

WIN A PRIZE ON OUR
SCAVENGER HUNT



3075 Sanibel-Captiva Rd., Sanibel, FL
(239) 395-2233 • ShellMuseum.org

Open Daily
10 a.m.-5 p.m.

LEE COUNTY
TOURIST DEVELOPMENT COUNCIL

CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

General admission is \$12 for adults, \$7 for ages 4 to 12, and no charge for ages 3 and under.

Guests learn about CROW's history and day-to-day operations through displays, interactive exhibits and video. The center also features live animal exhibits, children's areas and live camera feeds of the hospital intake room and several outdoor rehabilitation enclosures. General admission includes the daily presentation (see schedule) and no reservation is required.

Hours are 10 a.m. to 4 p.m. Monday through Friday. CROW is located at 3883 Sanibel-Captiva Road.

For the safety of the animals and other guests, masks are required at all times in the Visitor Education Center.

Wildlife Walk Guided Hospital Tours – \$25 (includes general admission)

Southwest Florida is filled with fascinating wildlife, and CROW provides a unique opportunity to look into wildlife rehabilitation and meet the staff responsible for their care. Wildlife walks are the best opportunity for visitors to get an in-depth look into the inner workings of the hospital and the treatment process. The hour and a half program



has two parts: the daily presentation in the Visitor Education Center and then a guided tour through treatment areas of the hospital, concluding on the rehabilitation grounds. This program is open to all, but it is not recommended for children under the age of 13. Masks are required at all times during the tour.

Tours are offered Monday through Friday at 12:30 p.m. Capacity is limited to eight participants. Advance Registration is required. Tours are subject to modification and cancellation based on patients recovering in the hospital.

To register, call 472-3644 ext. 229 or email reservations@crowclinic.org. Payment is required to complete reservation.

Daily Presentation Schedule

Friday, June 25, 12:30 p.m.,

Patient Profiles: Virginia Opossums – Virginia Opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.

Monday, June 28, 12:30 p.m.,

Species Profile: Snakes of Southwest Florida – Florida is home to 46 species of native snakes, only six of which are venomous. Although there is a widespread fear and misunderstanding of this animal, most species are harmless to humans and form vital links in the ecosystem. Snakes are extremely valuable because they are efficient at monitoring pest populations without relying on chemical pesticides which can degrade the environment and harm other animal species. One of CROW's animal ambassadors will be present.

Tuesday, June 29, 12:30 p.m.,

Patient Profiles: Gopher Tortoises – The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a keystone species. CROW's presenter will explain why they are admitted and how the medical staff treats this species. One of CROW's animal

ambassadors will be present.

Wednesday, June 30, 12:30

p.m., Patient Profiles: Virginia Opossums – Virginia Opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.

Thursday, July 1, 11 a.m., Why Animals Come to CROW – Do you wonder how and why animals become patients at CROW? Whether animals are sick, injured or orphaned, CROW aims to lead in their recovery. From fishing line entanglement to abducted babies, this presentation will address the most likely reasons patients are admitted to the hospital.✱

The Right Tools For Releasing Deep-Water Fish

If you are fishing for snapper or grouper, continue your role as a conservationist by paying close attention to signs of barotrauma and being prepared to respond. Barotrauma is a condition seen in many fish caught at depths greater than 50 feet and is caused by pressure changes leading to an expansion of gases in the swim bladder. It is important to treat barotrauma in fish you do not intend to keep. Signs of barotrauma include the stomach coming out of the mouth, bloated belly, distended intestines and bulging eyes.

Barotrauma can cause damage to internal organs and be fatal unless appropriate steps are taken to mitigate its effects. It is important to know in advance what tools are available and how to use them to help fish return to the bottom and increase their chances of survival.

Descending devices take fish back down to a depth where increased pressure from the water will recompress swim bladder gases. They fall into three categories: mouth clamps, inverted hooks and fish elevators. With proper set-up and practice, descending devices can be easy to use and make a big impact on the survival of released fish. Learn more about descending devices and how to use them

at www.myfwc.com/saltwaterfishing by clicking on the Descending Devices playlist.

Venting tools are sharpened, hollow instruments that treat barotrauma by releasing expanded gas from the swim bladder, enabling fish to swim back down to depth.

Reminder: items such as fillet knives, ice picks, screwdrivers and gaffs are not venting tools and should never be used to vent a fish. Venting a fish incorrectly can cause more harm than good.

To properly vent, lay the fish on its side (on a cool, wet surface). Venting tools should be inserted one to two inches behind the base of the pectoral fin, under a scale at a 45-degree angle, just deep enough to release trapped gasses. Never insert venting tools into a fish's belly, back or stomach that may be protruding from the mouth. Learn how to vent properly by visiting www.youtube.com/watch?v=jhkzv1_2Bpc.

Descending devices and venting tools should only be used when fish show one or more signs of barotrauma and cannot swim back down on their own. It is essential to work quickly when using these tools and return the fish to the water as soon as possible. Anglers should choose the device and method they are most comfortable with and that best fits the situation.

Anglers should also use proper gear when fishing for reef fish. Circle hook and/or dehooking tool requirements apply to anglers fishing for reef fish in Florida. Non-stainless steel, inline (non-offset) circle hooks with the barb crimped down often hook in the mouth rather than the gut, making it easier to release fish. Dehooking tools also help quickly release fish so that you can get back to fishing for that big one in no time. Using the right tools and acting quickly will make a big difference in the survival of fish you release, ultimately helping to conserve Florida's world-renowned fisheries for the future. For details about reef fish gear requirements for circle hooks and dehooking tools, visit www.myfwc.com/marine and click on Recreational Regulations, then click Gear Rules under the Reef Fish tab.

To learn more about proper fish handling techniques, visit www.myfwc.com/fishhandling.✱

Breakfast, Lunch & Dinner & Later
Pizza & Wings • Ice Cream
Gluten Free Options
& So MUCH MORE!

Sanibel's Favorite Delicatessen

10th ANNIVERSARY

WINNER
Best Pizza
Taste of the Islands

BOAR'S HEAD
Dine In or Take Out
239-472-2555
www.sanibeldeli.com
2330 Palm Ridge Rd.
(Across from CVS)

KEY LIME HONEY VODKA

Discover the world's first Key Lime Honey Vodka. Our premium spirit is 100% gluten free and infused with all natural flavors of raw honey and Florida Key Limes. We filter our product to perfection for a pure, smooth taste. Each batch is made with pride by locals in Southwest Florida.

AVAILABLE:
 Sanibel Grog Shop Liquors
 Sanibel Spirits Liquors
 Last Chance Before Paradise Liquors
 Nick's Beach Discount Liquors
 Skipper's Liquors
 Liquors and More

Or Order online...
 Now Shipping to 31 states!

CaptivaSpirits.com

TRY IT IN THE SUNSHINE MULE AT

ATTENTION High School Graduates

Email the following information to press@islandsunnews.com so we can include you in our graduation pages.

- your name and photo
- name of high school
- names of your parents
- school you will be attending in the fall

Any questions, call 395-1213



World Sea Turtle Day Raises Funds For Research

Sanibel-Captiva Conservation Foundation (SCCF) Coastal Wildlife Director Kelly Sloan presented details on a vital research initiative on June 16 at the Bailey Homestead Preserve Pavilion in honor of World Sea Turtle Day.

"It was our first in-person, public event since COVID and we quickly reached a capacity of 100 people that we set, so we could still provide some social distancing," said SCCF Events Director Jeff Siwicke. "It was great to have at least some of our SCCF family back together again."

To investigate why more female sea turtles are being born than males due to climate change and warmer nesting conditions, SCCF is doing a scientific study to measure temperature, moisture and groundwater influence on loggerhead hatchling sex ratios.

To advance the study's progress, the Linsmayer Family of Sanibel is matching new contributions to this initiative dollar for dollar up to \$10,000.

"We're thrilled that so many people in our community want to make a difference not only for sea turtles along our own shores, but globally," said Linda Linsmayer on behalf of her family.

Refreshments included sea turtle-inspired vanilla custard with caramel, fudge and salted pecans donated by Chuck and Lisa Whitman, owners of The Shack of Sanibel.

"We are delighted by The Shack's generosity today and their commitment



From left, Linda Linsmayer, Dan St. Gean of The Shack and Kelly Sloan

photo by Gwenda Hiett-Clements

to donate 25 percent of net proceeds of their sea turtle flavor to our sea turtle program over the next year," said Sloan. "Our community is so wonderful in supporting our sea turtles."

If you were unable to attend, you can still support SCCF's vital role in understanding and positively impacting this worldwide crisis.

To have your tax-deductible donation to this research effort doubled in honor of World Sea Turtle Day, visit www.sccf.org or mail your contribution to: SCCF Sea Turtle Research, P.O. Box 839, Sanibel, FL 33957-0839. If you have any questions, contact SCCF Development Director Cheryl Giattini at 395-2768 or cgiattini@sccf.org.

Kiwanis Club Awards Grant



From left, Sanibel-Captiva Kiwanis members President Bill Hay and Jerry Edleman, Sanibel Mayor Holly D. Smith and City of Sanibel Director of Recreation Trish Phillips photo provided

City of Sanibel Mayor Holly D. Smith and Director of Recreation Trish Phillips accepted a check in the amount of a \$3,624 recently from the Sanibel-Captiva Kiwanis Club for City of Sanibel summer youth recreation programs.

The grant will enhance the youth summer camp with weekly field trips through JN "Ding" Darling National Wildlife Refuge and on the water

provided through Tarpon Bay Explorers, and \$600 for the meals the last two days of camp, meals that are not covered by the summer lunch program.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available.

For more information or to schedule a tour, call 472-0345 or visit www.mysanibel.com.

400 RABBITS

MEXICAN KITCHEN & TEQUILARIA

A New Restaurant On Sanibel Island!

DINE WITH US

LET THE SPIRIT OF 400 RABBITS IN!

- Classic & Inspired Mexican Menu
- Crafted Margaritas & Cocktails
- Large Selection of Specialty & Premium Tequilas & Mezcal
- Made to YOUR Order Guacamole
- Outdoor Patio & Open Air "El Bungalow" Dining

NOW OPEN!



Open Daily/Lunch & Dinner



Carryout & Curbside Available



Location: 975 Rabbit Road
Sanibel, FL 33957 (Corner of
Rabbit Road & Sanibel Captiva Road)



**SCAN THE QR CODE
WITH YOUR PHONE TO
VIEW OUR MENUS ONLINE:**



239-558-8756

400RABBITSSANIBEL.COM

Three Is Not A Crowd At Local Jewelry Store



by Allison
Havill Todd

Four-legged employees have always been part of the staff at Lily & Co. Jewelers. The tradition started with the original store mascot, Lily, a delightful curly-

brown Labradoodle. She has been the center of the store's award-winning advertising campaign since its opening more than 15 years ago. Many island residents and visitors will recognize the billboard image of Lily draped in jewelry greeting motorists as they approach the causeway to the islands.

Lily, along with her lovely Labrador cohorts Gracie and Angel, were familiar faces greeting patrons of the jewelry store for many years. Lily was the first Labradoodle in the United States, and it took co-owners Dan Schuyler and Karen Bell two years to acquire her from a breeder in Australia. Over their many years at the store, Lily, Gracie and Angel gained many friends. Though, as many devoted pet owners know, there comes a time when our favorite friends pass on,



Co-owner Dan Schuyler with Allie and Jewel
photos by Allison Havill Todd

leaving an empty space. Schuyler said he and Bell still receives thoughtful cards, keepsakes and mementos from loyal patrons who adored all three of the store mascots.

While no dog can ever be replaced, new furry friends seem to arrive at just the right time. Schuyler's brother, who had moved to the Fort Myers area with his family, was unable to keep their prized golden retriever named Allie. This blond beauty was a retired therapy dog that, fortunately, came into Schuyler's care and spends her days at the jewelry store.



Allie and Jewel resting between customer visits

She is joined by Jewel, a 3 1/2-year-old red Labrador, who has been at the store since she was a puppy. Although Allie is now 11 1/2 years old, she still rules the roost. These two pups love their jobs and come running to greet visitors with their sweeping tails when they hear the bell of the opening door. They also know when it's "time to go to school," which is their cue to go to their beds in the break room at the back of the store.

Schuyler and Bell have thoughtfully created a very dog-oriented and welcoming environment in the store and feel that it is the core of their brand. There is a special line of dog-inspired jewelry; the gift wrap is covered in paw prints; customers receive a Lily Co. branded dog bowl along with a silver dog bone shaped key chain with their purchases. The store has become an island fixture with its home-like environment, inviting guests to stop by for a cappuccino, an ice cream or a visit with the dogs.

Other staff members shared that it's a treat to work with the dogs every day. They provide a source of entertainment

with their playful behavior and silly antics, and there is a definite difference in the energy level at work if there is a day when the dogs are not present. Their beautiful furry coats are always soft and clean, which makes petting them even more irresistible.

In just a few weeks, Allie and Jewel will be accompanied by a new addition to the store. Ruby, a cobberdog breed from Australia, will be joining the pack and learning all about fine jewelry and exceptional customer service from her senior mentors. It would seem that three is indeed good company at Lily & Co. Jewelers. Visitors can greet all of the treasures at the gallery located at 520 Tarpon Bay Road on Sanibel. Dog kisses are free!

Allison Havill Todd lives on Sanibel Island with her husband and two rescue dogs. She is an avid dog lover, business coach and active outdoor enthusiast. When she's not out with her dogs, you will see her running, cycling, paddling around the island. Follow her on @thedoggiemom and facebook.com/thedoggiemom.✧

*Enjoy Indoor & Outdoor Dining
in a Casual and Friendly Atmosphere.*

NEW Lunch features:

- Charleston Chicken Sandwich
- Quinoa Garden Salad
- Ham Bistro
- Shrimp Po Boy
- Braised Short Rib Grilled Cheese

OPEN DAILY
LUNCH: 11:30 a.m. – 4 p.m.
HAPPY HOUR: 3 – 6 p.m.
DINNER: 4 – 9 p.m.

FOOD

239-472-0223
2055 Periwinkle Way
Sanibel, FL 33957
CipsPlace.com

**BE A LIFE
SAVER**

YOUR BEACH VISIT CAN
SAVE COASTAL WILDLIFE

**ENJOY OUR ISLANDS AND PROTECT
WILDLIFE AT THE SAME TIME!**

Sanibel and Captiva provide crucial habitat for many sea turtles, shorebirds, and sharks. You can help us protect these species by practicing a few easy wildlife-friendly habits.

Check out our beach tips by
visiting SanCapLifeSavers.org
or simply scan the code.

SCCF
SANIBEL-CAPTIVA
CONSERVATION FOUNDATION

LEE COUNTY
TOURISM DEVELOPMENT BOARD

Special Events In July At Noah's Ark Thrift Shop

Noah's Ark Thrift Shop, a ministry of St. Michael and All Angels Episcopal Church, will have several special events in July before closing for August and September. Leading up to the seasonal closing will be the traditional Bag Day on July 30. New events have also been added this year including:

Christmas in July – On July 6, 9, 13 and 16, there will be Christmas decorations and decor in pop-ups outside and in the store.

Sales leading up to Bag Day – Stop in during the last two weeks of July for big sales before Bag Day. On Tuesday, July 20, everything will be 50 percent off. On Friday, July 23, everything will be 60 percent off and on Tuesday, July 27, everything will be 70 percent off.

Bag Day is Friday, July 30 from 9:30 to 11 a.m. Bags will be sold for \$5 beginning at 8:30 a.m. Cash only on this day. Everything you can fit in your bag is yours. Larger items will be 80 percent off.

Noah's Ark Thrift Shop is located behind the church at 2304 Periwinkle



Noah's Ark Thrift Shop photos provided

Way. In July, the hours are Tuesday and Friday from 9:30 a.m. to 12:30 p.m. Due to construction, there may be times the Periwinkle entrance is closed; if so, enter via Dunlop Road. Admission numbers are given out starting at 8:30 a.m. to limit capacity to 40 people at a time in the shop.

Noah's Ark Mission is to sell donated items to fund grants that alleviate



Bag Day is Friday, July 30

suffering, while nurturing compassion and friendship between volunteers and customers. Proceeds are donated to charities identified through grant applications submitted to the St. Michael's Grant Committee. Grants are made to benefit local, national and worldwide needs. Over the past 60 years, over \$7 million has been given to several charities.

For more information, check out the

Noah's Ark Thrift Shop Sanibel Facebook page, visit www.saintmichaels-sanibel.org or call 472-3356.✱

Youth Summer Day Camp Open

The Sanibel Recreation Department Summer Day Camp is now open and runs through Friday, July 30. Camp is offered to children entering kindergarten through eighth grade Monday through Friday from 8 a.m. to 5 p.m. at the Sanibel Recreation Center.

Campers participate in activities such as swimming, arts and crafts, athletics and games. There are special guests and an enhanced field trip itinerary. Breakfast and lunch are provided daily. Campers should bring water, swimsuit, towel and sunscreen each day. Masks will be necessary when social distancing is not available.

Financial assistance is available to qualifying families. For more information, call 472-0345 or visit www.mysanibel.com. The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly and annual memberships are available.✱

Family Dinners to Go!

FEEDS 4-5.

Visit our website
Matzaluna.net



ON-LINE ORDERING AVAILABLE

CONTACT-FREE
MENU AVAILABLE



GROWLERS
TO GO!

Sanibel's home for
Wood-Fired Pizza
& Linguine
di Mare!

All Fresh.
All The Time.

\$2.50 OFF

The purchase of each
adult entree.

Present this ad to your server.
Must be seated prior to 5:30 p.m.
Not valid on Pizza or with any other
coupon or discount. Expires 6/29/21



matzaluna.net

HAPPY HOUR
4:30-6:00
7 DAYS

VEGAN &
GLUTEN FREE
OPTIONS

1200 Periwinkle Way | (239) 472-1998 | Open 4:30-9:00 pm 7 days
Full Liquor | Take Out Available | Family Friendly

**"I DO Know
Jack about
Fresh Fish!"**

**and
You Know I'm Still Serving It!**

Oyster bar closed for the season All items still available from your server



Sushi & Sashimi Thurs - Sat

Best Seafood!! Best Bar!!
Best Place To
Watch The Game!

Friday is
LOBSTAH NIGHT!

Grill Open
7 Days at 4pm



Reservations available at the Timbers
Fish Market Open at 11am - 9pm (2pm - 9pm Sunday)

472-3128 • 703 Tarpon Bay Road • www.timbersofsanibel.com
Best Seafood on The Islands, Year After Year!



42 Years of Fresh Fish
on Sanibel Island!

Restaurant Open
7 Days at 5pm





Peach, Tomato and Mozzarella Salad

2 medium sized tomatoes or 10 ounces bite sized tomatoes, sliced
 3 peaches, sliced
 1/2 cup Fresh Basil leaves, torn into bite sized pieces
 1 pound fresh mozzarella cheese, sliced
 2 tablespoons Balsamic or white Balsamic vinegar
 2 tablespoons olive oil, plus more if desired
 Sea salt and fresh ground pepper to taste

Arrange the peaches, tomatoes, mozzarella and basil in a fun pattern on a chilled platter. Lightly season with salt and pepper. Drizzle evenly with the olive oil and vinegar.*



Peach, Tomato and Mozzarella Salad

photo courtesy Fresh From Florida

FAST AND FRESH To Go

To advertise call: 395-1213



Restaurant & Deli

Daily Lunch Specials • Salad Bar • Take-Out or Eat In • Breakfast • Lunch • Dinner

Open Daily

Cafe 7 a.m. - 8:30 p.m.
 Grocery store 7 a.m. - 9 p.m.
 Coffee Shop 7 a.m. - 1 p.m.

CALL FOR DAILY SPECIALS
 472-9300



POKÉ BOWLS • SALADS
 DESSERTS • BEVERAGES
 VEGAN • GF/DF OPTIONS
 take out or outside dining

239.472.0875

sanibelspoondrift.com

CALL FOR DAILY PREPARED ENTRÉES



FULL DELI, BAKERY DAILY LUNCH SPECIALS COLD BEVERAGES

Call us for your cookout, picnic and party needs. We'll take care of you!

Corner of Periwinkle Way & Tarpon Bay Road

472-1516



TWICE AS DELICIOUS!

Breakfast, Lunch and Dinner 2075 Periwinkle Place
 Lunch, Brunch and Dinner 1100 Par View Drive
(239) 472-2525 **(239) 558-5634**

Inside or on our Pet-Friendly Patios
 Call for Reservations and Takeout!

BlueGiraffeRestaurant.com

Breakfast, Lunch & Dinner & Later

Sanibel Deli & Coffee FACTORY

239-472-2555
www.sanibeldeli.com
2330 Palm Ridge Rd.
 (Across from CVS)

10th Anniversary
 Sanibel's Favorite Delicatessen

Gluten Free Options
 Pizza & Wings • Ice Cream & So MUCH MORE!
WINNER Best Pizza
 Taste of the Islands

BOAT'S HEAD

Dine In or Take Out



New Location

2407 Periwinkle Way

239-558-4003

Open: 7 days a week
 10 a.m. to 5 p.m.

(Breakfast, Lunch, Dinner)

The Pecking Order Old-Fashioned Fried Chicken

Open Daily 11am to 8 or 9pm **239.472.2534**

Take Out . Delivery . Catering



BEST BREASTS ON THE ISLAND

2496 Palm Ridge Road, Sanibel

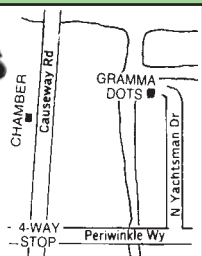


Gramma Dot's

The Only Dockside Dining on Sanibel
 Located at the Sanibel Marina
 Specializing in Local Seafood
 We also feature Petite & 10 oz. Filet Mignons

Dining Awards: 6 years running

472-8138



Marsh Turned Off For Vegetation Harvesting

The City of Sanibel's Jordan Marsh Water Quality Treatment Park on Casa Ybel Road has been in operation for more than two years. If you have ridden your bike there lately, you have noticed a big change.

The discharge pipe in the ditch next to the bike path is dry; the birds are no longer sitting there waiting for a fish, the fish in the ditch are mostly gone, the plants growing over the water are drying up, and the marsh itself is much lower and dry in some places.

Even the baby alligators and snakes that inhabit that spot are missing now. It looks like an ecological disaster, and it is on some scale. But the city is in the process of harvesting vegetation there and the marsh has been "turned off." Because the water flowing through the marsh is pumped in from the Sanibel Slough (Sanibel River) and flows back into the slough, it is easy to turn off the marsh at the flick of a pump switch.

The treatment marsh relies on vegetation such as cattails to remove nutrients from the water as it slowly flows through the system. Over the past two years, the vegetation has matured and the exponential growth phase which occurs when the plants are young has passed.

Because of the absence of the rapid



Jordan Marsh

growth phase of the younger plants, nutrient removal in the marsh has dropped significantly over the last six months as indicated by Sanibel-Captiva Conservation Foundation (SCCF) water quality monitoring.

The City of Sanibel's Dana Dettmar explained, "The Jordan Marsh has been in operation since March 2019 and the wetland vegetation responsible for most of the nutrient removal processes has now matured and begun to senesce (deteriorate with age). As vegetation matures, it is not as effective at nutrient removal, and the senescent plants can

add to unwanted nutrient additions to the marsh. Recognizing the need to manage vegetation to sustain effective nutrient removal, the city has allocated funds to perform routine maintenance on the marsh that includes the harvest of mature vegetation as well as the installation of additional plants."

Constructed wetlands have been used for decades to treat domestic wastewater, stormwater and industrial wastes. The experience from other treatment marsh operators has shown that periodic harvesting of a portion of the marsh vegetation (cattails) will

photo by Leah Reidenbach

improve nutrient removal efficiency in the marsh.

The U.S. Environmental Protection Agency recommends harvesting and removing mature plants from treatment wetlands every few years. This eliminates nutrients that are bound up in the biomass. It also encourages new plant growth, which uses nutrients at a much greater rate than mature, senescent plants. "After the harvest is complete, we hope to see an almost immediate improvement in water quality from the marsh," said SCCF Research Associate Mark Thompson.

Thompson noted that "it is difficult to watch the wildlife move away, and the floating vegetation die off during this harvest period, but soon the marsh will be turned back on, and the vegetation and the wildlife it supports will return."

The city plans to add floating vegetation, such as water lilies, to the pond area of the marsh. The floating vegetation will add another layer of nutrient removal capacity to the system.

"Plants are our best mechanism for removing excess nutrients from the landscape and preventing algae blooms, red tide and wildlife deaths downstream," Thompson said. SCCF encourages residents to do their part by making their yard look as natural as possible with plenty of native vegetation. "If it looks like a golf course, your yard is part of the local water quality problems," he said. "If it looks like an SCCF preserve, you are doing a great job."*

PEOPLE'S CHOICE AWARD

2020 TASTE OF THE ISLANDS

Live Music
Daily
5-9pm

CAJUN KITCHEN
MUDBUGS
Sanibel Island, Florida

FRESH SEAFOOD GRILL • FULL BAR



Home of the Chargrilled Oyster

Voted Best New Restaurant on the Islands!

HAPPY HOUR
SPECIALS

Drink &
Food
Specials
Daily • 3-6pm

Lunch
& Dinner
Daily • 11am

Available for Private Bookings
Takeout Available
Outdoor Seating

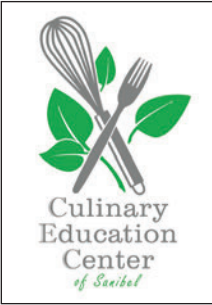


www.MudBugsSanibel.com • 239-472-2221 • 1473 Periwinkle Way, Sanibel



The Community House

Sugarcane



by Chef Jarred Harris

Sugarcane is a group of grass species that belongs to Poaceae family. Other members of this family include corn, wheat and rice. Sugarcane is grown around the world primarily to produce sugar, however, sugarcane plants are also used for making ethanol, molasses, bagasse (animal fodder) and rum. Fibers from the sugarcane plant can be woven into fabrics and used to make paper products.

Sugar is produced from sugarcane juice that's extracted from the stalk of the plant. This process involves crushing, heating, cooling and refining the sugarcane juice. In the United States, sugar cane is grown in Florida, Louisiana and Hawaii. Brazil is the largest producer of sugar cane in the world.

Sugarcane was originally domesticated around 8000 BC in New Guinea. During

the 5th century AD, a chemist found a way to crystalize sugarcane juice to make sugar easier to transport. The sugarcane plant reached Spain around 715 AD, and was introduced to the Americas during the 16th and 17th centuries. During this time, many sugarcane farms were formed across the world using African slaves as their primary labor source.

Sugarcane juice has many health benefits and has been used as a natural remedy for hundreds of years. The juice is rich in powerful antioxidants that help fight infections and boost the immune system. Sugarcane juice is also rich in iron, potassium, magnesium, calcium and electrolytes.

Fresh sugarcane can be purchased at Caribbean and Latin markets. You can also buy it online.

Here is a simple recipe to try using fresh sugarcane:

Phojito
Ingredients
1/2 bunch fresh mint leaves torn in half
Juice of two limes
1 1/2 ozs. sugarcane juice
Crushed ice
4 ounces club soda
Method
Muddle "crush with a pestle" the mint with the lime juice in the bottom of a tall cocktail glass.
Add the sugarcane juice, crushed ice and soda. Cover and shake, and uncover, serving with a lime wedge.

Although I have retired early and am no longer resident chef at The Community House, my heart is still

with the members of SCA and the Sanibel community. I will continue to share my knowledge and recipes with you. Please be a patron of The Community House and visit the Culinary Education Center.✱

Volunteers Needed For Beach Cleanup

Keep Lee County Beautiful is holding a beach cleanup on Monday, July 5 from 8 to 10 a.m. Volunteers are needed to help gather the fireworks and other debris left behind from Independence Day celebrations. Now that it is rainy season, it is important to collect this trash before it has a chance to pollute the waterways.

Keep Lee County Beautiful will provide all the supplies, you just need to show up and be ready to help make a difference. Granola bars, sunscreen and water will be provided, courtesy of community sponsor Whole Foods Market.

Groups will meet at three locations; Lynn Hall Memorial Park on Fort Myers Beach, Sanibel Causeway Islands and Bunche Beach.

Volunteers of all ages are welcome and any individual, family, school, group, place of worship, business or government entity may participate.

For more information or to register, visit www.klcb.org.✱

School District Earns Certificate Of Excellence

The School District of Lee County has been awarded the Government Finance Officers Association Certificate of Achievement for Excellence in Financial Reporting for its Comprehensive Financial Audit Report for the year ending June 30, 2020. The certificate of achievement is the highest form of recognition in the area of governmental accounting and financial reporting, and its attainment represents a significant accomplishment by a government and its management.

"The business services division takes our responsibility for accuracy in reporting and transparency very seriously," said Chief Financial Officer Dr. Ami Desamours. "It is imperative to build trust with our community. Our financial accounting department worked incredibly hard to produce a report worthy of this accomplishment, and we are grateful for the recognition. We will always strive to uphold this standard of excellence for our school district."

Notifying the district of its certificate of achievement, GFOA Technical Service Director Michele Mark Levine wrote, "We hope that your example will encourage other government officials in their efforts to achieve and maintain an appropriate standard of excellence in financial reporting."✱

In the Moo-d for **UDDERLY GREAT FOOD!**

LIVE MUSIC
Fri, Sat & Sun
5pm - 8pm

Get a taste of Key West right here on Sanibel.
For the past 18 years, The Island Cow is Sanibel's award-winning family dining destination with great cookin', lavish island cocktails, specialty coffees, outdoor games, and live entertainment.

ISLAND COW
UDDERLY GREAT FOOD

BODYGUARD Ultimate NO-SEE-UM DEFENSE SOLD HERE

Family Owned & Operated | 300+ Menu Items | Open Daily 8am - 9pm
2163 Periwinkle Way, Sanibel Island | 239.472.0606 | SanibelIslandCow.com

BOGO DRAFT BEERS ALL DAY, EVERY DAY

Everyone Deserves A Slice of Paradise

Island Pizza Company
SANIBEL • ISLAND, FL

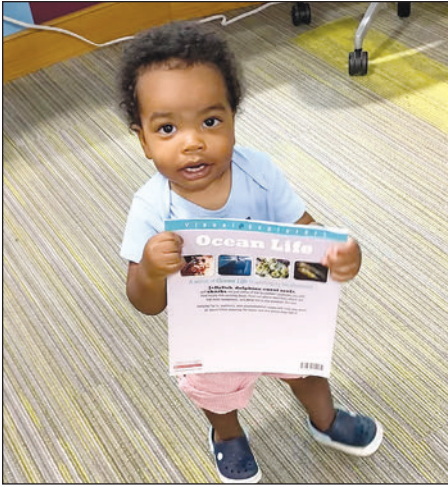
Voted "The Best Pizza on the Island" 2009-2020

Serving Sanibel Since 1977 • Eat In - Take Out • Free Local Delivery

Offering Curbside Pickup & Non-Contact Deliveries
(We've teamed up with Sweet Melissa's for delivery)

Ask About This Week's Smoked BBQ Special!

OPEN 7 DAYS 11 am - Closing
239-472-1581 & 239-472-1107
1619 Periwinkle Way, Sanibel, FL
Facebook: [islandpizzasanibel](https://www.facebook.com/islandpizzasanibel)
Instagram: [Island_pizza_sanibel](https://www.instagram.com/Island_pizza_sanibel)



Summer reader Jude Cintron
photos provided

Summer Reading Program Is For Tots To Teens

Sanibel Public Library invites parents to register their children for the Summer Reading Program. This year's theme is Tails and Tales, with a focus on animals. All children, from babies to teens, can be registered. Participants will receive a gift (quantities are limited). Programming will be available online at www.sanlib.org and Take and Make activities will be available for pick up.

Instead of paper logs for tracking reading and activities, the library offers



Lewis Sigfrids makes a book selection

Beanstack. Sign up from a smart phone or computer, or call the library for help. Beanstack is a free, user-friendly app for PCs, Apple and Android devices. Adult readers can also use Beanstack. Go to <https://sanlib.beanstack.org/reader365>.

Youth Services Librarian Deanna Evans posts her Baby Bounce Time videos and storytime videos to the library's children's webpage.

The library is hosting online programming from Page Turner Adventures with weekday programming continuing until mid-July. Page Turner features comedy, theater shows, crafts, recipes, author interviews, guest



Peter Zell's painting of Sanibel Public Library is one of the works on display

performers, contests and games.

Peter Zell of Sanibel Captiva Art League has 30 of his original plein air landscape paintings on display and for sale this month. Margie Klein is displaying her collection of more than 100 penguin figurines.

Computers, printers, scanners and fax machines are available as well as magazines and daily newspapers. Contact-free curbside pickup is available. Materials can be placed on hold and picked up

outside on weekdays from noon to 3 p.m.

The library is open from 9 a.m. to 1 p.m. on Saturdays in June, July and August. The library will be closed on Monday, July 5 in observance of Independence Day.

Sanibel Public Library cards are available to all residents of Sanibel and Lee County at no charge. Visitor library cards are available for a \$10 annual fee. For more information, call 472-2483 or visit www.sanlib.org.

FRESH FARE



FUN DRINKS



Visit our award-winning newly remodeled restaurant and enjoy creative farm-to-table dishes, each carefully crafted with the freshest ingredients. And be sure to check out our new bar room addition featuring small plates and yummy drinks.

To learn more,
visit cielo-sanibel.com

CIELO

1244 Periwinkle Way, Sanibel Island

Call 239-472-5555

Book Review

Sunflower Sisters



by Di Saggau
Sunflower Sisters is a saga of the Civil War with all the usual suspects – enslaved people, slave owners, abolitionists, soldiers and nurses. When the nation goes to war, Georgeanna

“Georgey” Woolsey follows her passion for nursing during a time when doctors didn’t consider women fit for the work. Georgy is one of seven daughters of the abolitionist Woolsey family. She is determined to become a nurse and she studies with America’s first female medical school graduate. She also works against prejudice against women in the medical field.

In the South, Jemma is enslaved on a Maryland plantation, where she lives with her mother and father. Her sister Patience is enslaved on a plantation nearby. Both live in fear of LeBaron, an abusive overseer who tracks their every move. When her cruel mistress Anne-May sells her, she escapes but has to leave her loving family behind.

Anne-May is left behind to run the plantation when her husband joins the Union army. Being in charge, she uses the opportunity to follow her own



image provided

ambitions and is drawn into a Southern network of spies.

Sunflower Sisters is inspired by true accounts and provides a vivid, detailed look at the Civil War experience. It’s a sweeping story of women caught in a country on the brink of collapse. Don’t miss the author’s notes which mention that this story was inspired by the real-life Woosley sisters. Sunflower Sisters follows the popular Lilac Girls and Lost Roses. All the stories in the trilogy can be

read as stand alone.
I love what author Lisa Wingate said about the book: “From Southern spies to nurses on the Northern battlefields, Sunflower Sisters weaves an exquisite tapestry of women determined to defy

the molds the world has created for them. The journeys of Jemma and the Woolsey sisters will have readers celebrating those who came before us, fought for what they knew was right and became timeless women ahead of their times.”✧

School Smart



by Shelley M. Greggs, NCSP
Dear Shelley,
My child is disorganized and often impulsive, and I have difficulty being positive with her. I’m concerned about the message I send when I react

in a negative way. Can you suggest some ways for me to stay positive with her?

Thanks.
Nicole W, Fort Myers

Nicole,
Impulsivity is very difficult and exhausting to deal with. I applaud you for wanting to do more to help cope with this situation. Reframing your language when you are dealing with stressful situations may help. Reframing is a technique where you turn your language and words from negative to positive. The following are four situations that are typical of impulsive interactions. They have been reframed or rewritten in a more positive manner, if these situations are pertinent to you, study these examples and practice the reframed language so you can use it easily.

Situation One – Your child interrupts often. Instead of emphasizing this negative behavior, comment on your child’s overall conversational skills. You might say, “I know that you are a polite person and will do your best to wait to speak until it’s your turn and not interrupt. This way, you can listen to what I’m saying, and we will have a much better conversation.

Situation Two –Your child leaves important books or assignments at school instead of taking them home and conversely forgets to take important items to school. Instead of telling your child how forgetful and careless she is, focus on why she forgets her work. Is it a time issue, or another pressure? Figure out the why and problem-solve it. It might be a simple matter of needing a few minutes more in the morning, using a checklist, or color coding her work. Maybe a buddy at school could help her or maybe her teacher could put up a daily reminder on what the class needs to bring home. Focus on your belief that she can be a responsible student, not a disorganized one.

Situation Three – Your child becomes agitated easily and says unkind, disrespectful words. It is very easy to snap at this and escalate the situation. Instead, acknowledge that she is upset and ask your child to calm herself with 10 deep breaths, and tell her that then you will discuss the problem with her.

Situation Four – Your child leaves little messes all over and never cleans up after herself. Most impulsive and disorganized children don’t realize that they’ve left a mess because they’re so focused on their next activity. While it’s hard not to be negative as you encounter these mini messes, remain calm, nonjudgmental and simply say that you expect the mess to be cleaned up in the next 10 minutes and set a timer. When she cleans up within the time limit, give her lots of specific verbal praise about her cleanup behaviors, like she put away everything where it belongs, and thank her for following your directions. If your child doesn’t comply, you can offer a second chance for her to clean up immediately, following up with praise saying that you knew she could do this and be responsible. The key for the parent is to stay calm while coping with the mess, often not easy to do.

You can guide and shape your child’s behaviors with this reframing technique. Focus on the positive instead of criticizing. Most kids want to be thought of as responsible and caring. As you guide your child with these strategies to help them achieve more positive behaviors, you will see changes even though it may take some time.

Shelley Greggs is former faculty at Florida SouthWestern State College, where she taught psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com or at www.schoolconsultationservices.com.✧

Road Rally

From page 1
Congress at 472-4177 or scot@congress.com.
To sign up for the 2021 Freedom Road Rally, contact Randy Carson at rcarsonsan@gmail.com or scan the QR code on page 27 of this newspaper. Cost is \$50 per vehicle and prizes will be awarded.

The first place prize is a three-day, two-night stay at Tween Waters Island Resort & Spa, second place is a three-day, two-night stay at West Wind Island Resort, third place is a two-hour cruise with Island Time Dolphin & Shelling Cruises, and fourth place is a four-hour fishing charter with Whitney’s Bait & Tackle.

The afterglow party and awards presentations will take place immediately following the rally in The Sanibel Grill at The Timbers, located at 703 Tarpon Bay Road on Sanibel.

This year’s Road Rally is being held in memory of Gary Rogers.✧

FIRST THURSDAY OF THE MONTH



Featuring Local Artists
Everyone is invited to play!

American Legion Post 123
4249 San-Cap Rd. (mm3) • 239-472-9979

Bailey's Bakery Wins Best Of 2021

A Sanibel favorite, the bakery at Bailey's General Store has been voted by *Gulfshore Life* magazine readers as the Lee County Best of the Gulfshore 2021. The store was also a finalist in the coffee shop and wine store categories.

The bakery items at Bailey's are made from scratch daily, and the bakery has been recognized in the past as being the best on Sanibel by the *Island Reporter* and *Sanibel-Captiva Islander*.

"We are honored and humbled to be recognized as the best bakery throughout Lee County," said Calli Johnson, fourth-generation owner-operator. "This speaks to the traditional way we fry our donuts daily and the effort that goes into our fresh baked products we serve. Our bakery manager, Ashley Jennings, and our third-generation owner, Mead Johnson, are wholly responsible for the outstanding quality and unique products we offer here at the Bailey's Bakery."

Conducted annually, the Best of the Gulfshore winners are voted on by readers of *Gulfshore Life* magazine and are meant to highlight locally owned and operated businesses like Bailey's General Store.✱

Poetry Corner

by Jim Weyant

MORNING LIGHT

She was ever so beautiful.
Older now, soon to be eighty
but despite aging's cruelty
to remain a handsome lady.

Even now as she lies sleeping
with of soft early morning light
settling upon her tranquil face,
there's not to be a lovelier sight.

Jim Weyant and wife Helene have been island residents for over 20 years. Prior to retirement, Jim was a system analyst at the New York Stock Exchange. Since then, he has kept busy with tennis, volunteer work, photography, graphic art and reading. His recently published book, Poems From Paradise and Beyond, is available at Amazon and local book stores.✱

Top 10 Books

1. *China* by Edward Rutherfurd
 2. *The Kew Gardens Girls* by Posy Lovell
 3. *Shipped* by Angie Hockman
 4. *People We Meet on Vacation* by Emily Henry
 5. *The Plot* by Jean Hanff Korelitz
 6. *We Belong Here Now* by Dianna Rostad
 7. *The Story of the Masters* by David Barrett
 8. *Hello Summer* by Mary Kay Andrews
 9. *The Winner* by David Baldacci
 10. *Mexican Gothic* by Silvio Moreno-Garcia
- Courtesy MacIntosh Books and Paper.✱



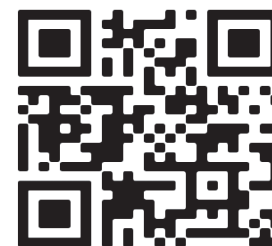
41ST ANNUAL
SANIBEL-CAPTIVA OPTIMIST CLUB

Bailey's
Sanibel Island, Florida

In Memory of Gary Rogers
July 3rd

Sanibel-Captiva Optimist Club
Saturday, July 3rd 2021

STARTS AT NOON HERE:



**Registration up to 12:00 Noon Saturday, July 3rd, in the parking lot at Timbers Restaurant
703 Tarpon Bay Road Sanibel Island, Florida**

REGISTRATION FORMS ALSO AVAILABLE AT BAILEYS, SAN-CAP COMMUNITY BANK, SANIBEL CAFÉ AND TIMBERS/GRILL

**Conducted by: The Sanibel Captiva Optimist Club
Information: Randy Carson, 239-699-8739**

The Sanibel - Captiva Optimist Club is a 501(c)3 Corporation and your donation is fully tax deductible. Please note that we are an all-volunteer, not-for-profit organization and all of the funds go directly to Helping The Kids

Superior Interiors

Key Pieces Every Stylish Bedroom Needs



by Katie Frederick

If you're considering redesigning your bedroom, you'll want to create a cozy escape that welcomes you with open arms at the end of a long day. After all, your bedroom

is your personal haven. When it comes to selecting the furniture, you'll want to include key pieces that make the space functional and comfortable.

Everyone knows that a bed and dresser are necessary for a functioning bedroom, but keep in mind that you'll need accents to complete the overall look and complement the theme that these bigger furniture pieces have established. However, with so many furniture options out there, from window benches to accent chairs, narrowing down your selection to just a few pieces can get overwhelming.

Nightstands provide essential surface and storage space for everything from your lamp and alarm clock to your reading glasses and books. However, don't underestimate the style that bedside tables can contribute to your room. Choose

one that works with your bed's color and design for a coordinated look or step out of your comfort zone and find a bold piece that serves as a stylish accent. If you have a large, shared bed, having a nightstand on either side is preferable.

You don't need a lot of space in your bedroom to create a reading nook or cozy seating area. Set up an accent chair or two (or love seat if you have the space) in a corner by the window to establish a cozy area where you can relax when you're not in bed. The plusher the chair, the more enticing your seating area will be. Choose a bold color that pops to add flair to the space. Distinguish this area from the rest of your room while adding a personal touch by hanging photos or artwork on surrounding walls. If you don't have dimmers in your bedroom that can set the mood for reading or conversation, a floor lamp will do the trick.

Decorate with furniture that has hidden storage benefits to use your space to its maximum potential. Upholstered benches and ottomans with storage room add texture and style to the area and eliminate the need for extra closet or floor space. Incorporating personalized shelving that works with your unique space and design theme is an excellent way to keep your bedroom clutter-free and organized, one of the keys to maintaining a relaxing personal escape.

Nothing creates a cozy, welcoming environment like a soft and stylish area rug. Treat your feet to a furry rug in the mornings or transform the ambiance of your space with a multicolored, patterned product. Don't forget that your rug should

be two feet shorter than the smallest wall in the room. If you have a particularly large bedroom, the rug should fit the configuration of the space and its furniture.

Introducing a vanity to the area will automatically add elegance and style to your bedroom. Many of them give off a classic, antique vibe. In addition to their sophisticated appearance, vanities bring a lot of comfort and convenience to the space, as they provide a personal sit-down area and mirror for grooming and applying

makeup. They also work as a storage area for belongings like hair accessories and jewelry.

Once you have these five essential bedroom pieces, get creative and top off your new look with accessories like bedding and table lamps that work with the design theme, colors and layout of your bedroom.

Katie Frederick is an interior designer on Sanibel/Captiva Islands. She can be reached at katie@coincdecden.com.✽

New Intern At CROW

Brittney Auchmuty joined the Clinic for the Rehabilitation of Wildlife (CROW) on June 1 as conservation education and marketing intern.



Brittney Auchmuty

Auchmuty grew up in Homestead, Florida and received her bachelor of science degree in biology with a concentration in organismal biology and ecology from Florida Gulf Coast University this spring. She previously worked as a volunteer assisting CROW's rehabilitation team with laundry, animal husbandry and gopher tortoise grazing.

The conservation education and marketing internship is a six-month program designed for those interested in pursuing careers in environmental conservation, communication or other related fields. Interns learn about CROW on an organizational level and apply the information through public speaking engagements and outreach events. They also learn about the impact of communication through social media outlets and community partnerships with local newspaper and media companies.

"I'm hoping to gain as much experience and knowledge on wildlife conservation and rehabilitation as I can," said Auchmuty. "I am also really looking forward to getting to know and work with the animal ambassadors."

Auchmuty will be engaging with visitors to the education center and at events, along with helping develop content for CROW's social media pages, website and news stories. Her aspirations extend

beyond the internship into helping wildlife through conservation.

"After my internship, I plan to work as an environmental and marine consultant," she said. "Florida is growing in population and development every day and this work is important to ensuring our wildlife and environment is protected and preserved."

To learn more about internships and externships offered at CROW, visit www.CROWClinic.org/articles.student-programs.✽

Agency Names Vice President

Brandon Sherwood has been promoted to vice president and interactive director at NOISE Inc., a local brand activation agency.



Brandon Sherwood

Sherwood has served as interactive director at NOISE since 2018, responsible for web design, web programming, search engine optimization, databuilding campaigns and E-CRM. He was promoted to assistant vice president in May 2020.

"Brandon is a unique talent in that he's got tremendous digital design skills, while at the same time possessing a wide knowledge of programming languages and software," said John Sprecher, founder. "It's not often you find unicorns that can do both, plus his many other skill sets that align with today's brands and communications media."

Sherwood graduated from Rasmussen College with a bachelor of arts degree in game and simulation programming.✽

THE ONLY ISLAND-BASED AIR CONDITIONING COMPANY

Let us LIGHT the way!

Sanibel Air & Electric provides its customers with the highest quality electrical services.

- Landscape Lighting
- Spot Lights
- Flood Lighting
- Path & Area Lights
- Well Lights
- Deck Lights
- Step Lights
- Hardscape Lighting
- Underwater Lights
- Specialty Lighting

OUTDOOR LIGHTING PROVIDES AMBIANCE & PEACE OF MIND.

(239) 395-COOL (2665)

24-Hour Service Line: 239-472-3033

Sanibel Air and Electric, Inc. | Family Owned & Operated

1213 Periwinkle Way | Sanibel, Florida 33957

www.SanibelAir.com • cooling@sanibelair.com

LIC # EC-0001761 LIC # CAC-057364

PERSONALIZED ADDRESS PLAQUES

- Weatherproof PVC
- Up to Six Numbers

Order at www.naturebrackets.com (Free Shipping) • 239.454.1001

Island Water Association Earns Award



IWA plant operators Steve Bishop and Zach Ingle with the 2020 Outstanding Membrane Plant Award from the Southeast Desalting Association photo provided

Island Water Association, Inc. (IWA) received the 2020 Outstanding Membrane Plant Award by the Southeast Desalting Association (SEDA) at the organization's spring symposium held in Cape Coral on June 8. The prestigious award recognizes outstanding plant operations, maintenance and exemplary treatment plant performance.

"The Island Water Association is unique from other utilities because in addition to operating our facilities, plant operators perform routine lab work, maintain parts and supplies inventory, and complete upgrades to our equipment, piping and treatment systems," said Brandon Henke, IWA

production and safety coordinator. "This hands-on approach gives our operators practical knowledge, and maximizes the productivity, safety and reliability of high-quality water service to our membership."

Island Water Association, Inc. is a nonprofit, member owned water utility governed by an unpaid board of directors. IWA employs a staff of 30 in production, distribution, maintenance, engineering and administration. The utility sources water from deep aquifer wells and uses reverse osmosis treatment technology to produce and distribute potable water to serve over 5,000 accounts on Sanibel and Captiva islands.✧

Hospital Team Earns Inaugural Reliability Award

Lee Health has established a new recognition, the High Reliability Award, that will be awarded twice a year to health system employees or teams that demonstrate a passion for delivering safe and high quality care to patients. The High Reliability Award is Lee Health's most prestigious safety and quality recognition and its winners are handpicked by the health system's chief officer leadership team for their excellence in leadership, continuous process improvement and cultivating a culture of safety.

The first High Reliability Award has been awarded to Lee Health's Heart Central team. The Heart Central team monitors vital signs of all hospitalized patients from centralized sites within each hospital campus 24/7 and provides urgent notification to bedside nurses or emergency response teams.

Heart Central maintains a stellar

track record of safety and has experienced zero telemetry-associated serious safety events since the introduction of its process improvement journey over four years ago. System Nursing Director of Heart Central Kristy Desfosses and members of her teams at Lee Memorial Hospital, Gulf Coast Medical Center, Cape Coral Hospital and HealthPark Medical Center accepted the award on behalf of their colleagues.

"It is an honor to recognize Lee Health's Heart Central team with our first ever High Reliability Award. This team exemplifies what it means to create a culture that makes patient safety the top priority. The High Reliability Award recognizes more than just their past accomplishments, but also their commitment to innovating patient care and continual improvement. Creating a safe environment for our patients requires an ever-evolving 24/7 commitment to excellence, and Heart Central has set the gold standard," said Dr. Stephanie Stovall, interim chief quality and patient safety officer at Lee Health.✧



Successful Community Partnerships

"Sanibel-Captiva residents, Ginny Stringer and Jim Pigott are valued members of the firm's Advisory Board, sharing their expertise and personal insight with the Trust Company team for the good of our community."

S. Albert D. Hanser, Founder & Chairman

Discover the difference.

TRUST & ESTATE SERVICES | INVESTMENT MANAGEMENT

THE
SANIBEL  CAPTIVA
TRUST COMPANY
PRIVATE WEALTH MANAGEMENT

2460 Palm Ridge Road | Sanibel, FL 33957
239.472.8300 | sancaptrustco.com

NOT FDIC INSURED | NOT GUARANTEED | MAY LOSE VALUE

Rotary Happenings

submitted by Cindy Carter

Roseate spoonbills, American white pelicans, great blue herons, mangrove cuckoos and white ibis. Sanibel has always been a sanctuary for our animals. While locals may see most of these birds on a daily basis, others come from near and far hoping to spot one of over 200 species of birds that are to be found on our beautiful barrier island. The gift of being able to see many different species of birds can be directly contributed to the Audubon Society of Florida.

Julie Wraithmell, executive director at the Audubon Society of Florida, presented the history and the mission of the Audubon Society of Florida. It all started in 1886 when George Bird Grinnell, editor of *Forest and Stream*, appealed to his readership to unite for bird preservation and protection. He named the society after the distinguished naturalist and painter, John James Audubon.



Julie Wraithmell photo provided

Although the society folded a few years later, it was the beginning of a revolution of change. At this time, entire flocks of birds were slaughtered for their plumage, many of the birds were from the Everglades and South Florida due to the abundance of birdlife. In 1900, the first meeting of the

Florida Audubon Society was held with quite a list of prestigious officers: New York governor and later U.S. President Theodore Roosevelt, Florida Gov. WD Bloxham, American Museum of Natural History's Frank Chapman, Rollins College President GM Ward, Stetson University President JF Forbes, and the editors of the state's largest newspapers. A little later, the list grew to include President Grover Cleveland, Florida Gov. WS Jennings, ornithologist Theodore S. Palmer, and Maria R. Audubon. Partnered with leaders of other state Audubon societies, the American Ornithologists' Union and the Florida Federation of Women's Clubs, they made significant progress in bird conservation and education programs.

Today, Florida Audubon and National Audubon unify their efforts in Florida, becoming a stronger, more effective Audubon of Florida. Audubon of Florida boasts 40,000 members in 45 community-based chapters throughout the state. They are fighting to make change for the environment including America's Everglades, climate change, coastal conservation, waterways and water quality in Florida and Florida's island coast sanctuaries. All of these affect our bird species, as well as the human species. To learn more, to donate or to volunteer, go to <https://fl.audubon.org/>.

*The Sanibel-Captiva Rotary Club is holding hybrid meetings on Zoom and in person at The Dunes Golf & Tennis Club. To attend a meeting in person (limit 20), email Bill Harkey at william.harkey@gmail.com by Wednesday. Zoom meetings are held on Fridays. Log on as early as 7 a.m., the meeting begins at 7:30 a.m.**

Blood Donations Urgently Needed

Lee Health is seeking blood donations to help replenish supply levels. Current blood supplies are critically low, and Lee Health's blood centers are in urgent need of donors.

As home to the region's only trauma center, it is vital that the health system's blood supply remains at healthy levels in order to quickly care for patients needing an urgent transfusion. Blood and blood products are not only used in the trauma center, but also to treat cancer patients, premature babies, anemia and a variety of other conditions.

All blood donated at Lee Health stays within the health system to care for patients in Southwest Florida.

For more information on how and where to donate, visit www.leehealth.org/our-services/blood-centers.*

Drug Abuse Is On The Rise

Narconon reminds families that drug abuse is on the rise in almost every community nationwide. Many families don't know where to turn or what to do about their loved one who is suffering from addiction.

To learn more about how to help your loved one, visit www.narconon-suncoast.org/blog/a-letter-to-any-family-dealing-with-addiction.html.

Narconon can help you take steps to overcome addiction in your family. Call 877-841-5509 for free screenings or referrals.*



Window Treatments . Furniture . Flooring . Lighting . Accessories . Closets

DECORATING DEN INTERIORS®

Luxury Design | Concierge Service

"We take care of all of the details, so you don't have to"



695 Tarpon Bay Rd. Sanibel, FL 33957 239.472.6551
coin.decoratingden.com

Nesting Season

the eroding beach; however, many sea turtle nests will still be incubating at this time. To avoid impacts, 14 nests have been relocated so far.

SCCF has also started a new research project to characterize the physical properties of sand along Sanibel and Captiva, and evaluate how these variables affect the groundwater flow, moisture content and temperature inside the nest cavity.

This project entails measuring sand size,

color and compaction, and monitoring temperature and moisture sensors in the egg chamber.

Groundwater wells placed near the nest will show how the groundwater level fluctuates and how it may influence hatching success.

"Evaluating these covariates together will hopefully reveal how they impact embryonic development, nest fate, and hatching and emergence success," said Jack Brzoza, SCCF biologist.

SCCF reminds visitors and residents to follow the Coastal Wildlife Tips at www.SanCapLifeSavers.org and share them with family and friends.*



Mark O'Brien
Owner/Agent

Susan Barnes
Personal Lines

Trish Barbone
Agent

Justin Wheeler
Agent

Call our office today for a new Auto quote.

We are **HERE** for all your insurance needs

Have an insurance question?

703 Tarpon Bay Rd, Sanibel, FL (239) 472-3022

No one's better qualified to handle your real estate needs than your neighbors!

We ARE your REALTORS®



1237 ISABEL DR



EAST END

- Deep Water w/Direct Access, 70' Dock
- 6 BR, 6.5 BA, Open Floor Plan
- iPad Controlled Home, Workout Room
- Bay/Canal Views, Resort Style Pool

\$2,995,000

1321 SEASPRAY LANE



SEASPRAY

- Near Beach, Large Single Family Buildable Homesite
- Small Beach Community of Fabulous Homes
- Community Tennis Courts & Pool
- Private Community Beach Access

\$899,000

5633 BALTUSROL COURT



SANCTUARY CC SPEC HOME

- Awesome Lot Location w/Championship Golf Course Setting
- 4 Bedroom/4.5 Bath Open Great Room Floor Plan
- Spectacular Outdoor Space w/ Fireplace, Kitchen., Pool/Spa w/Sun Splash Area

\$2,100,000

15261 CAPTIVA DRIVE



WATERFRONT SECLUDED OASIS ON CAPTIVA ISLAND

- 4 BR, 4.5 Bath, Furnished Home, Private Deep-Water Dock w/Lift
- Custom Design by Stofft Cooney of Naples
- Heated Pool w/Infinity Spa, Lush Landscape, Estate Lot

\$11,499,000

15138 WILES DRIVE



CAPTIVA BEACH FRONT

- 102 Feet of Premier Gulf Frontage
- Comfort Meets Luxury w/ 6 BR 5.5 BA 4611 SQFT
- Private Oasis, Pool, Putting Green

\$6,495,000

11559 LAIKA LANE



MODERN, ICONIC, BEACHFRONT ESTATE

- Iconic, Modern, Gulf Front Estate, 4,730 S.F.
- Rooftop Terrace, Floor to Ceiling Windows
- Open Concept Kitchen, Double Islands, Chef's Dream
- 2 Master Suites, Perfect Home & Vacation Rental

\$7,500,000

15867 CAPTIVA DR.



CAPTIVA GULF TO BAY ESTATE

- Rare opportunity! main house 3 bedroom, 3.5 bathrooms, 4,000 sf
- Spacious guest cottage 3 bedroom, 3 bathroom, almost 1,300 sf
- Panoramic views of the bay, deep water dock, pool spa
- Panoramic turquoise gulf views, the beach is your front yard

\$12,700,000

16280 CAPTIVA DRIVE



"BALI HI" TROPICAL PARADISE GETAWAY!

- 6 BR, 6 BA, 4,402 SF + OF PURE OASIS
- Clear Blue Waters, White Sugar Sand, Beautiful Breathtaking Sunsets
- Many Entertaining Areas, Large Open Concept, Main House & Guest House
- Huge Lanai, Large Pool Spa, Private Beach, Rental Income of 600K per Year!

\$8,900,000



McMURRAY & Members of **ROYAL SHELL®**
Real Estate

FOR PROPERTIES OF PRESTIGE & PREFERENCE

McMurrayandMembers.com | Info@McMurrayandMembers.com | Mike McMurray: 239.850.7888

Follow us on Social Media at: @mcmurrayandmembers



Shell Museum Appoints New Board Members

The Bailey-Matthews National Shell Museum has appointed Tiffani Kaliko and Elizabeth Shea to its board of trustees.

"I am delighted to welcome Tiffani and Elizabeth to our board of trustees," said Scot Congress, shell museum board president. "They are in for an exciting and unique experience of what makes Sanibel such a special place both aesthetically and scientifically. With their impressive personal expertise, Tiffani and Elizabeth will be an immediate asset to the museum's mission of the conservation, preservation and celebration of shells, mollusks and their ecosystems."

Kaliko earned a master of business administration in finance and



Tiffani Kaliko



Liz Shea

operations management from Wharton Business School. She lives on Captiva and is the compliance director for Wells Fargo Bank. She has extensive volunteer experience, having served on the boards of the Mint Museum, Girl Talk Foundation, and Opera Guild in Charlotte, North Carolina. She also has significant fundraising experience after serving on committees for several nonprofit organizations including the Charlotte Humane Society and

Charlotte Concerts.

Shea earned a PhD in biology at Bryn Mawr College and a master of the arts in marine science from the College of William and Mary. She lives in Wilmington, Delaware, where she is the curator of mollusks for the Delaware Museum of Natural History. In addition to joining the board, Shea will assume the role of science advisor to the shell museum. Her research focuses on the biodiversity of cephalopods in the northwest Atlantic, and she has recently been involved in exploring the Atlantic canyons with NOAA's Northeast Regional Deep-Sea Coral and Sponge Initiative, where she is analyzing the distribution of benthic octopods and sepioids.

There has been a transformation at the museum since adding living mollusks and marine life including octopuses, cuttlefish, giant clams and squids to its array of exhibits in 2020. The museum is expanding its programming with the goal of better inspiring and educating its visitors and community about shells, mollusks and their importance to global biodiversity. Visit www.shellmuseum.org to learn more.✧

"One thing which people have been noting is that the cherry blossom festivals are getting earlier because the climate is warming. Cherry blossoms are the best biological indicator of climate change."

Primack notes he is conducting other research in the state of Massachusetts, where he lives, that includes looking at flowering times of plants, leaving out times of trees and the migration time of birds in the spring and the fall. All of these are being used as indicators of climate change – in spring, things are happening earlier and in the autumn, things are happening later.

Primack said, "The changing climate is having a diversity of effects. It isn't just temperature that's changing, we also see the sea levels rising, and frequent droughts in many areas of the United States, particularly the Western United States, and a lot of our agricultural and forestry systems are changing. Because of warmer winters and a lack of frost during the winter, we're now seeing a lot of insect outbreaks in ways which we didn't see in the past."

The full Richard Primack interview may be viewed on the Global Conscience YouTube Channel <https://www.youtube.com/watch?v=CT0mhVrvDoI>. If you are an environmental expert who is interested in an interview with GlobalConscience. World, contact the organization at 470-6345. For more information or to join the movement, visit www.globalconscience.world.✧

Working With Color Is Our Passion!
Helping You Design Your Dream Home Is Our Forte!
Our Interior Design Team Makes Creating Your Own Look Easy (and yes, Fun!)
Coming In To See, Sit, Feel and Touch Makes The Design Process Even Better!

SANIBEL HOME FURNISHINGS
SHF • CUSTOM INTERIOR DESIGN
A Fresh Approach To Coastal!
Happy, Liveable, Comfortable!
1618 Periwinkle Way • Heart of the Island • Sanibel
Mon Thru Fri 10 - 4 Saturday By Appt. 472.5552
www.sanibelhomefurnishings.com

Experts Address Global Warming

William Ulrich, founder of GlobalConscience.World, vows to build a movement of people working together to advance awareness and understanding of the current climate crisis. His goal is to discover remedies that are essential to creating a healthier, greener environment for future generations. Ulrich and co-founder Dennis Paulaha, PhD, economist, have recently launched an interview series to do just that. "I'm dedicated to interview every environmental and climate change expert I can to show the world the negative impact of climate change," said Ulrich.

In the nonprofit's first episode, Ulrich and Paulaha speak with Boston University professor Richard Primack, PhD, biologist, about how climate change is causing cherry trees to blossom earlier than they have in the last 1,200 years in both Japan and Washington, DC.

"There are more than 100 weather observatories around the country where people are also recording cherry blossom festival times," said Primack.

ISLAND SUN BUSINESS NEWSMAKERS

Pfeifer Realty Group

Greg Demaras **Jack Burden**

The top sales and listing agent for May at Pfeifer Realty Group was Greg Demaras. The second top sales associate was Jack Burden.✧

VASANTA SENERAT CPA, P.A.
CERTIFIED PUBLIC ACCOUNTANT
CHARTERED FINANCIAL CONSULTANT
Accounting, Tax Preparation and Consultation for Businesses • Individuals • Condo Associations • Non Residents
SANIBEL • 472-6000 **FORT MYERS • 418-0008**
1633 Periwinkle Way • Anchor Point **3949 Evans Ave. • Suite 205•33901**



From left, volunteers Barbara Brady, Alan Vitous and Nancy Brooks photos provided

FISH Of SanCap Delivers Gifts To Island Residents

FISH of SanCap loves spreading joy and cheer to friends on the island through its Smile Box program. Once a month, the neighbors helping neighbors program volunteers deliver themed gift bags filled with activities, gifts and treats to residents on Sanibel to help make their days a little bit brighter.

A regular Smile Box recipients, said,



Volunteer Robert Bowden delivering Smile Boxes

"I just received a gift box in front of my door. If you are the one that brought this from FISH, I don't even know how to say thank you. This is amazing and I'm so appreciative, and I wish I wouldn't cry because I want to say the right words. This is, I just can't even tell you how much this means to me, and I'm so grateful and thankful. I'm an island resident and I got this package that is just so beautiful and so thoughtful. I live alone. I have no family here and this just made my day. Thank you so much!"

FISH volunteers like to take part in these deliveries to see the smiles and share some laughs with their neighbors.*



Violet Dhimos with her Smile Box



Handpainted aprons by preschoolers at the Children's Education Center of the Islands were delivered in Smile Boxes



Smile Box contents for Earth Day



November packaging



LET'S LIST . . . LET'S MARKET . . . LET'S SELL YOUR PROPERTY

Chuck Bergstrom, Island Resident, Award Winning Realtor®



Chuck@ChuckBergstrom.com Direct: 239-209-6500

2400 Palm Ridge Road • Sanibel, FL 33957 | 11508 Andy Rosse Lane • Captiva, FL 33924 | 800-388-2311

Will Power

What Is Information?



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

The world changes at a rapid pace. As recently as 25 years ago, fax machines weren't ubiquitous, personal computers were clunky and not very useful, there were no cell phones, and there was no Internet of which to speak. Information bombards each and every one of us daily. The smart phone in your pocket contains more communication, digital computing and research capabilities than the largest mainframes of a generation ago. We have access to the Internet in our homes, offices and local eateries. Information is more readily and instantaneously available to us now than at any other time in history. When my mother was diagnosed with acute myeloid leukemia (AML), for example, I searched the Internet for information about its prognosis and treatment.

People tend to search the Internet when making major decisions, whether they are medical, financial or legal. What you have to realize, however, is what kind of information you've discovered. We've all heard, "I learned enough on the Internet to make me dangerous." That's a very true saying. Allow me to take the next step to differentiate between the four different levels of information.

Data is the first level. Data is everywhere – but it's fleeting – relevant only in the moment. Stores record the amount of sales revenue daily. The rise and fall of stock prices, the number of individuals affected by a flu virus and how many new jobs were created in the past quarter. Newspapers cite data from baseball players' hitting averages to the amount of rainfall recorded in the past 24 hours. We may learn the number of months the average patient diagnosed with AML lives.

Without context, however, data means absolutely nothing. The second level is information. Information is useful but has a shelf life. The news contains much information, but it may only be relevant today. It's stale tomorrow. The Internet is chock full of information. Some may be from a knowledgeable source, while some other is nothing more than uninformed opinion.

Knowledge is the third level of information. Knowledge has a much longer shelf life than information has, and is usually supported with years of education and experience. Knowledge is not something gained by reading articles in newspapers, magazines and Internet blogs. You may digest information from those sources, but you won't earn any knowledge without being able to put that information into both

a historical context and a view of relevant but interrelated factors. Shortly after my mother's AML diagnosis, for example, and after having gained information as to which medical centers treated the disease with success, we flew to Houston's MD Anderson Cancer Center where trained doctors with AML specialties used their years of accumulated knowledge to begin treatment. Through their efforts, my mother achieved remission for many years following a bone marrow transplant, which ended up having to be repeated eight years later. While I had found all sorts of information on the Internet about AML, I did not have the knowledge necessary to save my mother's life. Only the expert physicians and their medical teams had that.

Knowledge changes over the years, however. So it too has a shelf life. The cancer treatments of 10 years ago are vastly different than those of today. The knowledge has changed.

In contrast, the highest form of information doesn't have a shelf life – and that highest form is wisdom. Most of the world's major religions are predicated on the wisdom of how to live a full and good life as a human being with all of our faults and foibles. Wisdom can also be found in many of the best medical, legal and financial professionals.

There are some professionals who have knowledge gained from years of experience but lack the wisdom to choose whether one course of action is better than another – which is the wisdom of how to best apply knowledge. None of us knows what the future brings, even the most knowledgeable professionals. Life has a way of surprising us.

I believe that true wisdom comes from a unique ability to filter knowledge and life experience into a fabric of understanding, with an ability to communicate that understanding in a way that endures. It's not always sexy or flashy, but when you find someone who has true wisdom, you never want to lose them.

I therefore try not to confuse data and information with true knowledge and wisdom. This helps me find clarity in my everyday decisions.

©2021 Craig R. Hersch. Learn more at www.floridaestateplanning.com.✴

Visit Florida Board Appoints Chamber CEO

Last week, John Lai, president and chief executive officer of the Sanibel & Captiva Islands Chamber of Commerce, received confirmation from the Florida Department of Economic Opportunity (DEO) and Gov. Ron DeSantis of his appointment to the Visit Florida Board of Directors. The appointment is effective July 1 and runs through June 30, 2025.



John Lai

The board of directors is Visit Florida's private sector governing body that provides guidance, input and insight into the evolution of its marketing programs. The board, which is appointed by Enterprise Florida, Inc., in conjunction with the DEO, is comprised of representatives from key sectors of the tourism industry and is balanced geographically throughout the state.

"I am honored at such an auspicious appointment at the state tourism level, and look forward to representing Sanibel and Captiva interests in promoting the local travel industry," said Lai, the first Sanibel-Captiva chamber president to serve on the board. "The chamber has always enjoyed a close, symbiotic relationship with Visit Florida, and this just takes that one step further."

Lai took the president and CEO

position at the Sanibel and Captiva chamber in September 2017. Prior to that, he served as membership director for eight months.

He has worked in the leisure, travel, and tourism industry for more than 15 years, many of them at island resorts. Lai served in management positions for The Inns of Sanibel and Sanibel Captiva Beach Resorts, overseeing all facets of operation.

He currently sits on the board of directors for Lee County Sports, serves as chair elect of the Florida Association of Chamber Professionals, and is past president of the Lee County Hotel Association and the Fort Myers Conference and Convention Council.

Under Lai's supervision of the chamber of commerce, Visit Florida named the visitor center one of 13 official Florida Certified Tourism Information Centers. He is also responsible for chartering the Southwest Florida Alliance of Chambers in 2018 in response to the water quality crisis. He has been an active advocate for island economic health both in Tallahassee and Washington, DC.

"I welcome feedback from the island community to take to the board of directors," said Lai. "My door is always open to hear your concerns relevant to Visit Florida and its mission to focus the spotlight internationally on Florida's incredible vacation offerings."

For more information about the chamber, visit www.sanibel-captiva.org or contact Landen Drake, communications and marketing manager, at 472-8255 or landen@sanibel-captiva.org.✴

Read us online at www.IslandSunNews.com

How's The Market? Ask Ann



Ann Gee
Broker/Owner

I want to thank the Sellers who benefited from the 4.5% total commission rate going back two months. Eleven of our listings sold or went under contract, saving our Sellers \$14,000 on an average sale. In addition, our average marketing time was just 27 days. Three of these listings sold for over asking price. If you are thinking about selling and want to save money, call me for a confidential discussion about the value of your property. Market conditions continue to be strong, however, the number of sales is beginning to trend downward, not because of demand but because of lack of Inventory. Let our 60 years of local Sanibel experience work for you.

24 Closed Sales Going Back One Week: 13 Homes & 11 Condos

805 East Gulf Dr. H6 Sanibel Arms - \$335,000	1186 Sand Castle Rd. - \$835,000
1501 Middle Gulf Dr. D408 Sundial W. - \$500,000	1117 Captains Walk - \$857,000
1440 Middle Gulf Dr. 1D Sandpebble - \$540,000	2230 Camino Del Mar 2D1 Ocean's Reach - \$890,000
805 East Gulf Dr. A1 Sanibel Arms - \$560,000	2311 West Gulf Dr. 23 White Sands - \$1,050,000
979 East Gulf Dr. 351 Loggerhead Cay - \$585,000	940 Wheelk Dr. - \$1,425,000
827 East Gulf Dr. I2 Sanibel Arms W. - \$599,000	9445 Beverly Ln. - \$1,430,000
3009 Singing Wind Dr. - \$657,000	820 Angel Wing Dr. - \$1,460,000
1644 Bunting Ln. - \$665,000	837 Sand Dollar Dr. - \$1,750,000
3031 Poinciana Cir. - \$690,000	2857 Wulfert Rd. - \$1,780,000
979 East Gulf Dr. 261 Sanibel Arms W. - \$695,000	950 Victoria Way - \$2,060,000
9456 Beverly Ln. - \$735,000	2445 West Gulf Dr. A47 Pointe Santo - \$2,413,000
1341 Middle Gulf Dr. 11D Sunset S. - \$740,000	1253 Anhinga Ln. - \$3,700,000

Call or email me with any questions. Stay safe & have a successful year!

Certified Negotiation Expert • Certified International Property Specialist
239-850-0979 • RealtorAnn@hotmail.com • www.JohnGeeRealty.com



BURNS *family* TEAM



1. LAKE & GOLF COURSE VIEWS IN BEACHVIEW - SANIBEL

- 5 BR/ 3.5 BA completely renovated with gourmet kitchen, soaring 2 story ceilings, and incredible views
- Private office, library, formal dining room, private pool, 2 car garage & more
- **\$2,695,000 EURO 2,204,949**

6. REMODELED DIRECT ACCESS HOME IN SHELL HARBOR - SANIBEL

- 4 BR/ 2.5 BA ground level home with tray ceilings, large kitchen & living area perfect for entertaining
- Private pool, 2 outdoor showers, wrap around boat dock & 10,000 pound lift with direct access to the Gulf of Mexico
- **\$2,450,000 EURO 2,014,421**

2. ON A WHIM - CAPTIVA

- 2BR/ 2 BA cottage located steps to the Bay in the Captiva Village area
- Newly painted, wood plank tile floors, multiple lanais, & tropical décor
- **\$1,295,000 EURO 1,064,765**

3. CANAL LOT ON SANIBEL

- Build your island dream home on this wonderful canal lot on Sanibel's East End
- This location offers both the ability to get a boat to the Gulf of Mexico, while also being walking distance to Sanibel's famous beaches
- **\$699,000 EURO 591,365**



7. SHORT WALK TO BEACH - SANIBEL

- 3 BR/ 4 BA + den home constructed by Gulf To Bay homes on prime lot in Beachview community
- Open kitchen, high ceilings, private pool with spillover spa, 2 story screen enclosure all just a short walk to the deeded beach access
- **\$1,749,000 EURO 1,434,917**

8. CAPTIVA HIDE A WAY

- 2 BR/2 BA move in ready condo with gorgeous Bay views & steps to restaurants and shops
- Intimate community includes Bayside pool, 220ft pier with dock, fitness room, garden & more
- **\$1,075,000 EURO 882,514**

4. 5 HOUSES FROM THE BEACH ON SANIBEL

- 3 BR/2 BA ground level beach house just 5 homes from the private beach access
- Roof, AC, & garage door recently updated. Great rental potential or perfect island getaway
- **\$815,000 EURO 674,873**

10. LONG CANAL VIEWS ON PERIWINKLE - SANIBEL

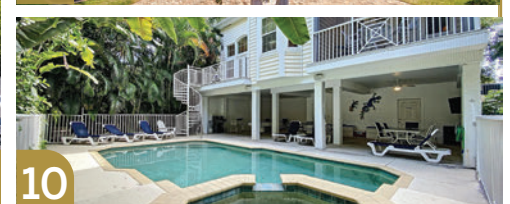
- 3 BR/3 BA home with 120ft of canal frontage, private 60 foot boat dock and lift
- Elevated pool and spa, vaulted ceilings, elevator, fireplace, and 2 car garage
- **\$2,300,000 EURO 1,886,970**

9. CUSTOM DESIGNED LAKE & RIVER FRONT HOME - FORT MYERS

- 4 BR/ 3.2 BA + office with soaring 2 story ceilings, chef's kitchen, loft area, daily sunsets from the 180 degree views of the River
- Outdoor kitchen & resort style pool with swim up bar, waterfall, sun shelf, & spa
- **\$2,395,000 EURO 1,944,840**

5. HAPPY DAZE - CAPTIVA

- 4 BR + den/4 BA home situated among the tropical vegetation just a short walk to the Captiva Village
- Wood floors, open kitchen, soaring ceilings, fireplace, large lanai overlooking the private pool & spa
- **\$1,699,000 EURO 1,398,507**



Premier

Sotheby's
INTERNATIONAL REALTY

LiveSanibel.com | 239.851.2696
LiveCaptiva.com | 239.464.2984

**Your Local Experts
with a Global Reach.**

Sotheby's International Realty® and the Sotheby's International Realty logo are registered service marks used with permission. Each office is independently owned and operated. Equal Housing Opportunity. Property information herein is derived from various sources including, but not limited to, county records and multiple listing services, and may include approximations. All information is deemed accurate.

Frankly Speaking



by Howard Prager

Baseball starts off today's column, with a perspective from baseball historian Ralph Moses comparing last year's 60-game season with the Negro League 50 to 60 game seasons.

"Imagine for a few minutes that we are time travelers in the year 2070 looking back 50 years from now to the 2020 baseball season. We study the league leaders for that season in hits (Trey Turner, 78), doubles (Freddie Freeman, 23), home runs (Luke Voit, 22), RBIs (Jose Abreu, 60), wins, (Shane Bieber and Yu Darvish, eight each), and strikeouts, (Shane Bieber, 122). We then realize that the 2020 season was just 60 games long. How can it be considered legitimate? Yet with a global pandemic, it is a miracle that any baseball was played under such conditions.

Continuing back through time, our travels take us to baseball in the 1930s. Not the baseball of Lou Gehrig, Joe DiMaggio, Jimmie Foxx and Lefty Grove who played in 154 game seasons. Our Great Depression era travels allow us to see equally great players such as Josh Gibson, Buck Leonard, Oscar Charleston, Satchel Paige and Cool Papa Bell, limited to 50 or 60 games per season, only some of which were statistically kept, segregated by white America and MLB for nothing

more than the color of their skin. As we return to the present, we learn that Baseball-Reference has begun to statistically attempt to right the wrongs of the past. Negro League players and their records are listed with the National and American Leagues as Major Leagues, not separate but as equals. Commissioner Rob Manfred said, "All of us who love baseball have long known that the Negro Leagues produced many of our game's best players, innovations and triumphs against a background of injustice. We are now grateful to count the records of the Negro Leagues where they belong – as major leaguers within the historical baseball record." It's about time.

Records continue to be tied and soon may be set this season. The Yankees made their third triple-play of the season Sunday night, and will own the record with their next one. Kyle Schwarber tied a record by hitting five home runs in two games last weekend as he led the Nationals over the Mets. He also set a Nationals/Expos record, knocking nine out of the park in a 10-game span.

Closer to home, the Mighty Mussels have started June with a 14-4 record, pitching a stingy 1.97 ERA while striking out 215 batters in 155.1 innings (12.5 K/9). Perhaps most impressively, they've walked the fewest batters (68) in the league this month. This week, they are playing the Cardinals in Palm Beach.

The NBA had a game seven for the ages last weekend with Milwaukee and Brooklyn battling back and forth until the closing seconds of OT. Each team had won three games on their home court, but thrw those stats out for game 7 as the

Bucks prevailed. In the other eastern game 7, Atlanta and Philadelphia also battled a close game, but the Hawks overwhelmed the 76ers in the last minute to propel them to face the Bucks in the Eastern Finals. Over on the ice, all four teams in the Stanley Cup tied their series at two apiece over the weekend, but Tampa Bay crushed the Islanders 8-0 Monday to go up three games to two. You'll see if they win it out this week to get to the finals facing the Golden Knights or Canadiens.

Who's not tied anymore are college athletes. MSN Sports reported that, "The Supreme Court ruled unanimously on Monday that the NCAA had violated antitrust law in a case about the range of permitted education-related benefits that college athletes can receive. In the future, the NCAA will now be subject to the same kind of scrutiny as other entities as to whether its rules unlawfully suppress competition. It can't fall back on arguments that maintaining an amateur model is crucial to its product. The decision marks a historic loss of control for an organization that for decades has maintained a narrow view of how athletes are compensated for playing college sports – and wielded a powerful enforcement club at those who violated them. It held the power to vacate titles and remove wins.

The Supreme Court decision will not stop the NCAA from continuing to make rules. But the association has already lost control of the debate going forward. That is because it also faces a wave of state laws that address far more sweeping compensation for college athletes than what is addressed in the Supreme Court ruling – the rights to own their name, image and likeness, and sign endorsement

deals with third parties. At least seven of those laws are due to come into effect July 1." It's a whole new ballgame. Who's going to take charge – the states, the conferences, the schools or the athletes? All athletes or just the very best ones? Should be an interesting summer.

There are always two sides to a story, as we look at Joey Votto and the Cincinnati Reds in our good news story of the week. In Saturday's game in San Diego, Votto was arguing with the umpires on a checked swing in the first inning, which they called a strike. The argument led to him being ejected from the game. It happens. But it made a young fan most upset. Abigail was at her first MLB game and Votto is her favorite player. Seeing him tossed brought tears to her eyes. Her Mom posted her picture and said it took some popcorn a few innings later to calm her down. The Reds saw the post and offered them tickets to Sunday's game to hopefully see Votto for longer than one at bat. Votto gave her a signed baseball and inscribed it with "I am sorry I did not play the entire game." He met Abigail and her Mom on Sunday when they returned as guests of the Reds.

We all have frustrating days, but when you're in the major leagues and in the spotlight, your actions affect more than just you. I wonder if he sent another signed baseball as an apology to the umpire?! Have a good week, fans.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to press@islandsunnews.com.✴

BECOMING A FLORIDA RESIDENT IS EASY! ESCAPING YOUR FORMER STATE'S TAXING AUTHORITY IS THE HARD PART!

GET YOUR FREE GUIDE TODAY! LEARN HOW STATES TRAP YOU EVEN IF YOU'VE DECLARED FLORIDA RESIDENCY!!



CRAIG R. HERSCH
Florida Bar Board Certified Wills, Trusts & Estates Attorney, CPA



MICHAEL B. HILL
Florida Bar Board Certified Wills, Trusts & Estates Attorney



HAYLEY E. DONALDSON
Wills, Trusts & Estates Attorney, CPA



SHEPPARD LAW FIRM
ATTORNEYS AT LAW
SHEPPARDLAWFIRM.COM

Main Office: Fort Myers | 9100 College Pointe Ct. Fort Myers, FL 33919
Sanibel & Naples by Appointment | 239.322.3831

Restoring Power After A Storm

Lee County Electric Cooperative (LCEC) customers are part of the cooperative that distributes electricity to nearly 280,000 Southwest Floridians. The complex network that puts electricity where it needs to be is just like the parts of a car engine that work together to get you from point A to point B. The following explains how LCEC goes about restoring power following a major storm.

The first step in the restoration plan is damage assessment, which includes physical inspections of facilities and plants.

Once damage assessments have been made, LCEC begins repairs. Secondly, main circuits and critical facilities such as hospitals, police and fire stations are repaired. The third step is to restore services to the greatest number of customers as soon as possible. Lastly, LCEC begins restoring power to small pockets, or individuals still without power. As you navigate through the 2021 storm season, LCEC reminds all customers to be patient if and when power outages occur. Customers can rest assured knowing that LCEC will work around the clock to restore power as soon as it is safe for linemen to hit the pavement.✴

SPORTS QUIZ

1. What member of the Pro Football Hall of Fame Class of 2021 was named general manager of the San Francisco 49ers in 2017?
2. How old was NASCAR driver Morgan Shepherd when he started in the 2014 Camping World RV Sales 301?
3. Iga Swiatek, 2020 French Open women's singles tennis champion, hails from what country?
4. In 2001, six-time Olympic gold-medalist swimmer Amy Van Dyken married Denver Broncos player Tom Rouen. What position did he play?
5. What sports nutrition center, founded by Victor Conte, became the focal point of a performance-enhancing drug scandal in the early 2000s?
6. Bobby Winkles compiled a 524-173 record and won three national titles as head coach of what college baseball team?
7. What team snapped the Los Angeles Lakers' NBA-record 33-game winning streak in January 1972?

ANSWERS

1. John Lynch. 2. 72. 3. Poland. 4. Punter. 5. Bay Area Laboratory Co-operative (BALCO). 6. The Arizona State Sun Devils. 7. The Milwaukee Bucks.

MCGREGOR RIVERFRONT

1240 COCONUT DR., FORT MYERS
 • Michelangelo Custom, Designed by Stofft Cooney
 • 7 BR, 8.3 BA, 2 Offices, Gym/Guest House
\$15,950,000 **MLS 218006778**
McMurray & Members 239.850.7888

CAPTIVA ISLAND

15261 CAPTIVA DR., CAPTIVA
 • 4 BR, 4.5 BA, Deep Water Dock w/Lift
 • Stofft Cooney Design, Waterfront Oasis
\$11,499,000 **MLS 220019253**
McMurray & Members 239.850.7888

SANIBEL BEACHFRONT

3767 W. GULF DR., SANIBEL
 • Newer Construction, Gorgeous Interior
 • Wine Room, Elevator, Game Rooms
\$7,995,000 **MLS 219071271**
Trevor Nette 239.281.4435

CAPTIVA ISLAND

17201 CAPTIVA DR., CAPTIVA
 • Gulf to Bay, Old World Magnificence
 • 5 BR, Wood Beam Ceilings, Elevator
\$5,650,000 **MLS 220009922**
Trevor Nette 239.281.4435

BEACHVIEW ESTATES

852 BIRDIE VIEW PT., SANIBEL
 • Spacious for Family & Entertaining
 • 4 BR, 3 BA + Den, Pool/Spa, Cul-De-Sac
\$1,699,000 **MLS 221043161**
Trevor Nette 239.281.4435

SEASPRAY

1321 SEASPRAY LN., SANIBEL
 • Near Beach, Large Buildable Homesite
 • Small Beach Community
\$899,000 **MLS 221016939**
John Nicholson, McMurray & Members 239.849.3250



ROYAL SHELL®
We make it easy. You make it home.®

RoyalShellRealEstate.com



239.314.3640

Offices in Florida and North Carolina

Leading

REAL ESTATE
COMPANIES
IN THE WORLD®

LUXURY
REAL ESTATE

PRESTIGE
REAL ESTATE
GLOBAL

FORT MYERS RIVERFRONT

14040 SCHULTZ RD., FORT MYERS
 • 6 BR, 6.5 BA, 6,700+ S.F., 5.7 Acres, Gated Estate
 • Pool/Spa, 1,000'+ Riverfront, Protected Basin/Dock
\$7,900,000 **MLS 221025062**
McMurray & Members 239.850.7888

CAPTIVA BEACHFRONT

11559 LAIKA LN., CAPTIVA
 • Iconic, Modern, Gulf Front Estate, 4,730 S.F.
 • Rooftop Terrace, Floor to Ceiling Windows
\$7,500,000 **MLS 220029520**
McMurray & Members 239.850.7888

CAPTIVA BEACHFRONT

15138 WILES DR., CAPTIVA
 • 102' of Premier Gulf Frontage
 • Comfort Meets Luxury - 6 BR, 5.5 BA
\$6,495,000 **MLS 220031374**
McMurray & Members 239.850.7888

**CAPTIVA ISLAND
UNDER CONTRACT**

16970 CAPTIVA DR., CAPTIVA
 • Premier Beach Location on Gold Coast
 • Western Exposure, Direct Sunset View
\$4,250,000 **MLS 217074695**
Trevor Nette 239.281.4435

SANIBEL ISLAND

1237 ISABEL DR., SANIBEL
 • Deep Water w/Direct Access, 70' Dock
 • 6 BR, 6.5 BA, Open Floor Plan
\$2,995,000 **MLS 221029905**
Chad Reedy, McMurray & Members 239.989.8838

THE SANCTUARY

5633 BALTUSROL CT., SANIBEL
 • New 2020 Construction on Golf Course
 • 4 BR, 4.5 BA, Great Room Floor Plan
\$2,100,000 **MLS 220004571**
McMurray & Members 239.850.7888

**SANDDOLLAR
UNDER CONTRACT**

1785 MIDDLE GULF DR. #A102, SANIBEL
 • Open 3 BR, 2 BA, Stunning Gulf Views
 • Coastal Décor, Large Screened Lanai
\$1,395,000 **Call for Details!**
Cindy Sitton 239.810.4772

**ISLAND BEACH CLUB
UNDER CONTRACT**

2265 W. GULF DR. #230D, SANIBEL
 • Surf & Sunsets, Fully Furnished
 • Direct Beachfront, Awesome Rental Income
\$1,335,000 **MLS 221007716**
Sally Davies 239.691.3319

HUSCHKA

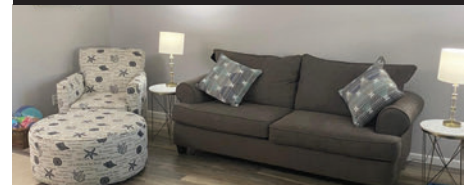
SAWGRASS PL., SANIBEL
 • Incredible Building Site on West Gulf Drive
 • Beach Access Directly Across Street
\$949,000 **MLS 218002687**
John Nicholson, McMurray & Members 239.849.3250

SUNDIAL OF SANIBEL

1501 MIDDLE GULF DR. #G204, SANIBEL
 • Gulf Views from Your Screened Lanai
 • 2 Bedrooms, 2 Full Bathrooms
\$749,000 **MLS 220067748**
Brian Murty 239.565.1272

SANIBEL ISLAND

3304 SAINT KILDA RD., SANIBEL
 • Possible Gulf Views from Piling Home
 • Private Lake View Setting
\$599,000 **MLS 221009944**
John Nicholson, McMurray & Members 239.849.3250

CAPTAIN'S WALK

641 PERIWINKLE WAY #B2, SANIBEL
 • Ideal Sanibel Location
 • 1 Bedroom, 1 Full Bath
\$299,999 **MLS 221033765**
Brian Murty 239.565.1272

Health First

The Dangers Of Energy Drinks



by Julie Rosenberg, MD

Energy drinks are very popular among teens and adults. In fact, sales of energy drinks increased 5,000 percent between 1994 and 2014!

These products are typically marketed with promises of better cognition and performance; they keep you going wherever and whenever you need an energy boost. No wonder they are so popular.

The truth is that energy drinks are highly caffeinated beverages – they generally contain 100 to 350mg of caffeine per can or bottle. Energy shots typically have approximately 200mg of caffeine in a two-ounce bottle. To put this information in perspective, the average caffeine content of an eight-ounce, brewed cup of coffee is 95mg, while a single espresso or espresso-based drink contains 63mg.

The Caffeine Effect – Caffeine is part of a group of drugs known as methylxanthines. Common natural sources of caffeine include coffee beans, tea leaves, cacao pods (used to make chocolate products), kola nuts (used to

flavor sodas), and ginseng.

Caffeine is quickly absorbed in the body – most individuals absorb 99 percent of the caffeine they've ingested within 45 minutes. Caffeine intake leads to the release of neurotransmitters such as dopamine, norepinephrine and adrenaline. These neurotransmitters can make you feel more energized and awake. The effects of caffeine tend to last between 1.5 and 9.5 hours, with an average of about six hours. This variability in caffeine effect is largely genetic.

Healthy individuals should consume no more than 400mg of caffeine per day. In the United States, adults consume, on average, 300mg of caffeine per day. However, factors such as body weight, medication, and individual sensitivity influence how much caffeine is too much – the amount can vary from person to person.

Risks Of Caffeine Over-Consumption – An occasional energy drink is safe for most people. However, there are several significant health risks for those who regularly consume energy drinks. These risks are primarily related to high caffeine intake and include insomnia, jitters, nausea, diarrhea, headache, anxiety, seizures, high blood pressure, fast heart rate, irregular heartbeat, and heart attack (rare).

Cardiovascular Effects Can Be Severe – The cardiovascular effects of caffeine over-consumption can be especially severe. In large amounts, caffeine leads to a decrease in the ability of blood vessels to dilate. When blood

vessels constrict and narrow, a person's blood pressure goes up. Prolonged lack of blood flow can lead to heart attack, stroke and damage to other vital organs due to decreased blood supply. Recent research has shown that energy drinks can also impact the electrical pattern of the heart, which can lead to dangerous, or even fatal, arrhythmias (rhythm disturbances).

Don't Mix Energy Drinks And Alcohol – Alcohol has depressive effects on the brain, while energy drinks have stimulating effects. The caffeine in energy drinks can mask the depressant effects of alcohol, making drinkers feel more alert than they would otherwise feel. Therefore, they may drink even more alcohol and become more impaired. Co-ingestion of caffeine and ethanol has been associated with increased risk-taking behavior, such as impaired driving and increased use of illicit substances.

In conclusion, while an occasional

energy drink is unlikely to be harmful for most individuals, energy drinks should not be a component of your regular diet. Healthy individuals should limit caffeine consumption to no more than 400mg per day. Those individuals who do not tolerate caffeine well or who have underlying medical conditions should consult with their healthcare provider as to the recommended daily intake of caffeine (if any). Healthy pick-me-up drinks include water (which helps to avoid dehydration, a major cause of fatigue), peppermint tea (which can help with concentration) or a green smoothie, with fruit, greens, protein and healthy fats (which give you a balanced energy jolt).

Julie Rosenberg, MD, is a global healthcare leader, medical consultant and the author of two books, Beyond the Mat and Be True. For more information, visit her website at www.drjulierosenberg.com. For consulting and speaking requests, email inquiries to info@drjulierosenberg.com.

School Board Seeks Committee Members

The Lee County School Board is looking for members to join its citizens advisory committees. These committees meet on a regular basis to provide input, support and advice to the board.

The committees on which members of the public may serve include: Construction Advisory Committee (CAC); Continuous Systemic Improvement (CSI) Advisory Committee; Curriculum Advisory Committee (CUAC); Equity and Diversity Advisory Committee (EDAC); Finance Advisory Committee (FAC).

Anyone interested in serving on one of these committees should fill out

an online application. School board members will choose and approve new members at their September 8 meeting. Members serve for two years and may be appointed to serve additional terms on the same committee.

In appointing members to the advisory committees, the school board will make every effort to reflect the diversity of the community population whenever possible. In addition, board members will seek to appoint citizens with knowledge and skills that are beneficial to specific committees. All advisory committee meetings are open to the public and will be videotaped and uploaded to the district's YouTube channel. Each committee will be subject to the Sunshine Law.

Online applications will be taken continually to be considered for appointments made when vacancies occur throughout the appointment year(s) on each of the committees.

ISLAND CONDO MAINTENANCE
40 Years in Business • Located on Island • Veteran Owned & Operated

ICM

POOL SERVICE
PROPERTY WATCH

Commercial & Residential Pool Service and Repairs
Free Estimates

24hr. Emergency Service Available

Everyone Deserves a Clean Pool!

Call Us Today **472-4505**

Mon. - Fri. 7am-4pm
1039 Periwinkle Way (Behind The Bait Box)
www.icmpools.com
admin@icmpools.com

#CPC1458912
#SI-12240

ON ISLAND FOR ISLAND

Helping Build A Bridge To Financial Freedom



Zurbriggen Financial

Investment Management • Asset Protection
Wealth Transfer • Perpetual Income Strategies

Will your retirement income
run out before you do?

Call us for a Perpetual Income Analysis
today at 239-395-3520 or send us an
email at Rick@ZurbriggenFinancial.net

www.ZurbriggenFinancial.net



RICK ZURBRIGGEN
Private Wealth Manager

Securities offered through Securities America, Inc., Member FINRA/SIPC. Rick Zurbriggen, Registered Representative. Advisory services offered through Securities America Advisors, Inc., Rick Zurbriggen, Investment Advisor Representative. Zurbriggen Financial and the Securities America companies are not affiliated.

695 Tarpon Bay Rd., Suite 4 • Sanibel, FL • 239-395-3520

dearRPharmacist

Six Ways To Help Hashimoto's Disease



by Suzy
Cohen, RPh

Dear Readers: Thyroid hormone is not always understood, so I'll tell you that it is a fat-burning switch. If the hormone swings low, you

gain weight, if it's elevated, you may not be able to gain weight. With the auto-immune condition Hashimoto's, your levels of thyroid hormone may be like a pendulum driving you crazy with varying symptoms. I think many people have this condition and do not know it yet. Today's article is to help you understand the symptoms, as well as new information about it.

Hashimoto's disease is an immune disorder and condition in which your own immune system attacks your thyroid. When the human body's own immune system targets the thyroid gland as if it were a foreign tissue, it causes an autoimmune disorder of the thyroid gland, termed Hashimoto's thyroiditis. Other names for this condition include chronic lymphocytic thyroiditis or chronic thyroiditis. A new study published this month in the *Romanian Journal of Internal Medicine* found that the ratio of uric acid to HDL cholesterol are elevated. Both uric acid and HDL can be measured with simple blood tests.

Hashi's, like other autoimmune conditions, will cause pro-inflammatory cytokines that attack different systems of the body. So antioxidants are very important, and a clean diet is too.

Digestive enzymes are important for a person with any type of autoimmune condition because they help reduce the burden of partially digested proteins in your body, which sometimes exacerbate your symptoms. When a dietary antigen is seen by your immune system – and I'm thinking gluten or casein – your

immune system goes to work to fight that off, not realizing it is attacking its own tissue. So your intestinal microflora plays a role, and probiotics are useful, especially in Graves' disease, but I wonder if digestive enzymes are even more important.

Other symptoms of thyroid dysfunction include problems with memory. Is it crisp and do you focus on what people are saying? Do you have more anxiety lately or suffer with insomnia? Brain problems are an under-diagnosed, but well known phenomena that occur with this condition, and it's called Hashimoto's Encephalopathy.

Sometimes thyroid problems can be mitigated with antioxidants (especially those that specifically break down peroxide and turn it into water and oxygen). Some of the things you can do to help yourself with Hashimoto's include the following:

- 1) Reduce peroxide and break it down with catalase enzyme
- 2) Calm down the inflamed tissues by eating a low histamine diet
- 3) Consider minerals like selenium to support healthy TPO levels
- 4) Take protease enzymes and/or DPPIV to help break down gluten and casein
- 5) Routinely check blood levels for thyroid antibodies, uric acid, HDL, free T3/T4 and more
- 6) Consider probiotics and a high-quality B complex vitamin

Certain foods can trigger you, especially those that are high in histamine. I wrote a special food guide that I'm giving away called *Hashi No No's* and it's downloadable at my website here: store.suzycohen.com/hashi-no-no.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.

Soma Abuse

Soma is a drug being prescribed by many pain management clinics. To learn more about Soma abuse, visit www.narconon-suncoast.org/drug-abuse/soma-effects.html. Call 877-841-5509 for free screenings or referrals.*

Got A Problem? Dr. Connie Is In



by Constance
Clancy

Q: I am a single mother, and I have been dating someone for a year and a half. I recently broke it off as I am not happy with myself when I am with him. He was initially very

upset but seems better now. He and my son are close, and I don't know how to tell my son. Help!

A: While It sounds like you and your partner may be ending this relationship, your son and partner have a nice bond between them. How about you talk with your partner about remaining close with your son and, if he's not too vulnerable about being around you, perhaps you all can visit occasionally. If you are comfortable, maybe he could take your son on some outings. It can also be helpful to talk with your son about his feelings for this man, and once you know your partner would be open to this, it sounds like it could be a healthy situation for all.

It can also be healthy role modeling for your son to see the two of you communicating well and continuing to maintain a healthy friendship, should it

move in that direction. If your partner doesn't initially agree, don't be surprised as he may not be ready until he feels he has healed.

It's worth a try to discuss this with your partner and see if a healthy resolution can occur, so it can be a win win for all.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail.com or visit www.drconstanceclancy.com.*

Hurricane Guide Available Online

Reviewing the Lee County Electric Cooperative (LCEC) Hurricane Guide is a good way to prepare for the storm season, which began on June 1. Preparing early is key to riding out any storm that Mother Nature may bring your way.

The LCEC Hurricane Guide includes information about: storm restoration process; preparing your home and business; life support; evacuation protocol; disaster supply kit; portable generator safety; debris and vegetation; and important phone numbers and links.

To download a copy of the guide, visit www.lcec.net.*

CARING MEDICAL FLORIDA & THE HAUSER NECK CENTER

3 UNIQUE SPECIALISTS IN REGENERATIVE & CHIROPRACTIC MEDICINE TREATING:

- CERVICAL SPINE DISORDERS
- CHRONIC NEUROLOGICAL SYMPTOMS
- JOINT AND SPINE PAIN
- OSTEOARTHRITIS
- POST-SURGICAL JOINT PAIN
- SPORTS INJURIES



9738 Commerce Center Ct., Fort Myers, FL 33908 | (239) 308-4725 | CaringMedical.com

ISLAND LAW OFFICE OF

JANET M. STRICKLAND
P.A.

**Wills, Trusts & Estate Planning
Probates & Estates**

Member of The Real Property,
Probate & Trust Law Section of The Florida Bar
Lee County Bar Association.

AV Rated by Martindale-Hubbell
BBB Accredited Business Rated A+

31 Years Experience

(239).472.3322

Behind The Village Shops
2340 Periwinkle Way, Suite J-1, Sanibel FL 33957
www.jmslawyer.com



Doctor and Dietician

Being A Good Listener



by Ross Hauser, MD
and Marion Hauser, MS, RD

We love reading inspirational newsletters, blogs and books. As you can imagine, our favorite book is the Bible, but another favorite is the Blue Zones e-newsletter. We combined some truths we learned at Sanibel Community Church with a recent Blue Zone e-newsletter to write today's Doctor and Dietitian article.

Why is it important to be a good listener? We all know what it feels like to be in the presence of someone who looks you in the eye and truly hears you and deeply cares. One of those people for us was our first pastor – Peter Blakemore. True listeners make us feel valued, loved, heard, understood, respected. We feel safe, not judged. We are important to that person – we matter. We can truly be ourselves and share truths and heart-felt concerns. Often, these types of people will help develop greater insights or different perspectives on a difficult situation. “The simple act of being listened to can melt our defenses and open our minds.”

Unfortunately, not too many good listeners exist. After taking a course at Sanibel Community Church called “Transformational Conversations,” we have become keenly aware of the lack of listening, combined with the many distractions that most people experience

during conversations. Learning to actively listen, ask questions and not talk about ourselves or jump to a story has been life-altering for many of our relationships.

When we actively listen, we are in the here and now – not thinking about the future or trying to recall a story from our past to “one-up” the person speaking to us. Not actively listening takes a toll on relationships of all kinds – spouses, kids, workmates, friends – all of them. Not actively listening is quite rude and gives the appearance of being boring and even narcissistic. As we have talked about in other articles, our lives here on earth are not just about us. We are here to love God and love other people. Truly listening shows we care. Not listening makes people feel like they don't matter and eventually people will stop sharing because they get the message that the listener really does not care.

Transformational conversations involve listening with compassion without judgment with an end goal of actually understanding – not to win an argument or even solve a problem. This involves not talking or thinking of what to say next, only asking clarification questions. It does not involve checking cell phones or watches, yawning, or looking around. It involves sitting in an engaged position with good eye contact and minimal distractions. After listening, paraphrase what you heard to show understanding. “So, what I hear you saying is...” “It sounds like this made you feel...” As you listen, practice compassion, curiosity and courage to go where you may have never gone before. The results will astound you!

Many feel lonely, unheard, or misunderstood, or would just like to feel loved. It is a great gift to truly listen and become a part of someone's life. Using this method will transform relationships and the world at large if we all choose to try this in our conversations. The world could sure use some more compassion and understanding.

This information is not intended to treat, cure or diagnose your condition. Ross Hauser, MD, and Marion Hauser, MS, RD, established Caring Medical in

1991. Caring Medical Florida and the Hauser Neck Center are located in Fort Myers. They can be reached at info@caringmedical.com.✱

Beautifulife:

Hugs



by Kay Casperson

I happen to be that person that loves to give hugs. I give hugs to people I know and sometimes people I meet for the first time. I guess it was the way I was raised. It seemed that everyone around me

was very comfortable hugging when they greeted each other, or when parting ways.

There are many reasons why people give hugs, from comforting others to expressing love, and just being excited and happy to see someone. I personally view hugging as a friendly gesture that makes most people feel comfortable. Hugs, however, have been known to do more for our health and happiness than what you might already know. A good hug might just do the following:

Enhance communication and help to make people feel more comfortable and open;

Reduce stress for someone upset or hurting, as well as for the person doing the comforting;

Keep you healthier by lowering your blood pressure and reducing your heart rate;

Make you happier because our oxytocin levels, which scientists have called the “cuddle hormone,” can rise when we hug;

Help curb fears, as scientists have found that a hug can help reduce anxiety in those with low self-esteem.

So, I guess for me, the good news is that the thing I love to do most, giving hugs, tends to be highly healthy in more ways than one. But, I do have to admit, not everyone knows how to give those hugs back. Yes, there are ways to improve your hugging abilities. Have you ever hugged someone who would arch their back in the opposite direction instead of leaning in? Have you ever hugged someone that feels like a stiff street post? Have you ever hugged someone who

turns away and does a little pat, pat, pat on the back? There are definitely ways to give a proper hug, and I hope the following simple tips will help.

When you give a hug, or someone initiates one for you, please make sure you do the following: Open your arms, smile, breathe, lean in, squeeze for a moment, and appreciate the gesture. If you do all of the above, you will not only feel better, but you will make someone happy too.

As you can see, there has been a good amount of research showing that giving hugs can benefit us and help us continue to live our best and most beautiful lives. A family psychotherapist named Virginia Satir once said, “We need four hugs a day for survival. We need eight hugs a day for maintenance. We need 12 hugs a day for growth.” I think that would be an excellent pattern to follow.

My affirmation for you this week is: “I will take time out every day to give hugs to those around me to stay happy and healthy.”

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.✱

Land Fitness Classes Resume

Land fitness classes have resumed at the Sanibel Recreation Center. Classes are designed for ages 12 years and older of all fitness levels.

Cycle Zone is offered on Monday, Wednesday and Friday at 8:30 a.m. Registration required.

Power Sculpting is offered on Monday and Friday at 10 a.m.

Basic Yoga is offered on Tuesday and Thursday at 8:30 a.m.

Zumba is offered on Tuesday and Thursday at noon.

Pilates is offered on Wednesday at 10 a.m.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. For more information, call 472-0345 or visit www.mysanibel.com.✱

Insurance Solutions For Sanibel & Captiva

Rosier INSURANCE

Wind • Flood • Home
Condo • Business
Auto • Boat

CONTACT US TODAY

472-1152

www.rosierinsurance.com

Rosier: The name that has been serving Southwest Florida for over 65 years

1200 Periwinkle Way, Suite 2
Matzaluna Plaza • Sanibel Island

Angela Larson Roehl
alarson@rosierinsurance.com

PHYSICAL THERAPY - MASSAGE - PILATES

Island Therapy Center

Sanibel Square, 2242 Periwinkle Way MM#27832

**Medicare Providers for Pain Relief,
Strengthening, Fall Prevention, Dizziness,
Arthritis, Osteoporosis and Post-Surgical.**

**Expert Treatment
One-on-One
Doctorate PTs**

239-395-5858 www.islandtherapycenter.com



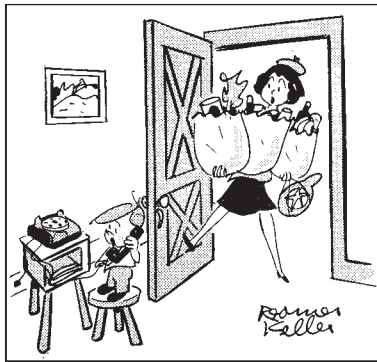
NEWSPAPER
Sanibel & Captiva Islands
CALLING CARD 239-395-1213

Emergency	911
Sanibel Police	472-3111
Lee County Sheriff's Office	477-1200
On Call Captiva Deputy	477-1000
Fire Department, Sanibel	472-5525
Fire Department, Captiva	472-9494
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
Chamber of Commerce	472-1080
City Council	472-4135
City Building Department	472-4555
City Manager	472-3700
City Planning & Code Enforcement Department	472-4136
City Public Works	472-6397
Library, Sanibel	472-2483
Library, Captiva	239-533-4890
Lee County Mosquito Control	239-694-2174
Post Office, Sanibel	472-1573
Post Office, Sanibel (toll free)	800-275-8777
Post Office, Captiva	472-1674
Sanibel Community House	472-2155
Center 4 Life, Senior Center	472-5743
ARTS	
Arcade Theater	332-4488
Art League Of Fort Myers	275-3970
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	277-1700
Herb Strauss Schoolhouse Theater	472-6862
Lee County Alliance for the Arts	939-2787
Naples Philharmonic	597-1111
Sanibel Music Festival	336-7999
Sanibel-Captiva Art League	sancapart.org
Southwest Florida Symphony	418-0996
Symphonic Choral of Southwest Florida	560-5695
CLUBS & ORGANIZATIONS	
ABWA	http://abwasanibelcaptiva.org
American Legion Post 123	472-9979
Angel Flight SE	1-877-4AN-ANGEL
Audubon of SWFL	https://www.audubonswfl.org/
Audubon Society	472-3744
Bailey-Matthews National Shell Museum	395-2233
CHR Community Housing & Resources	472-1189
Community Foundation of Sanibel-Captiva	274-5900
COTI Committee of the Islands	coti@coti.org
CROW, Clinic For The Rehabilitation of Wildlife	472-3644
Disabled Am Vets #108 (San-Cap Rep Ted Tyson)	211 984-5920
FISH OF SANCAP Neighbors Helping Neighbors	472-4775
FISH OF SANCAP 24-hr service	472-0404
Horticultural Society of the Islands	472-6940
Horticulture and Tea Society of Sanibel and Captiva	472-8334
JN "Ding" Darling National Wildlife Refuge	472-1100
Kiwanis Club	677-7299
League of Women Voters	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald	302-521-1158
Master Gardeners of the Islands	472-6940
Military Officers Assc. of America, Alex MacKenzie	395-9232
Newcomers	472-9332
Notre Dame Club of Southwest Florida	768-0417
Optimist Club	472-0836
PAWS, Protection of Animal Welfare Society	239-313-6918
Progressive Club of the Islands	pcisancap@gmail.com
Rotary Club	472-7257 or 472-0141
Sanibel Bike Club	sanibelbicycleclub.org
Sanibel Beautification Inc.	470-2866
Sanibel-Captiva Orchid Society	472-6940
Sanibel-Captiva Power Squadron	www.sancapboating.club
Sanibel-Captiva Republican Caucus	395-0819
Sanibel-Captiva Shell Club	267-7291
Sanibel Historical Museum & Village	472-4648
Sanibel Island Fishing Club	472-8994
Sanibel Youth Soccer	395-2040
SCCF Sanibel-Captiva Conservation Foundation	472-2329
SCCF Sea Turtle Hotline	978-728-3663
Shell Islands Garden Club	246-8875
United Way of Lee County - 24 hour helpline	211 433-2000
Zonta Club	728-1971

To be listed in calling card email your information to:
press@islandsunnews.com

PUZZLES

Answers on page 47



"I gotta hang up now and help Mom.
She's coming in _____."

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Sever

CHATED

Pole

TILTS

Devour

SETING

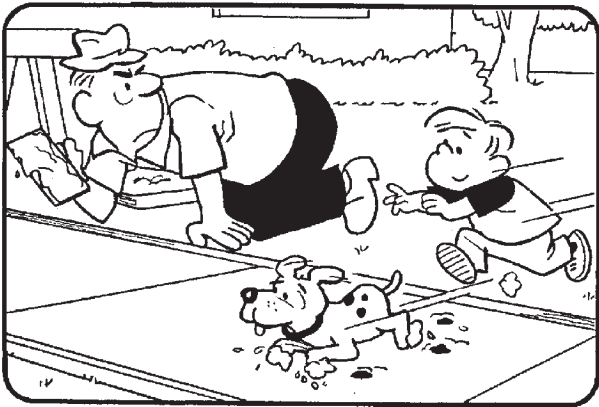
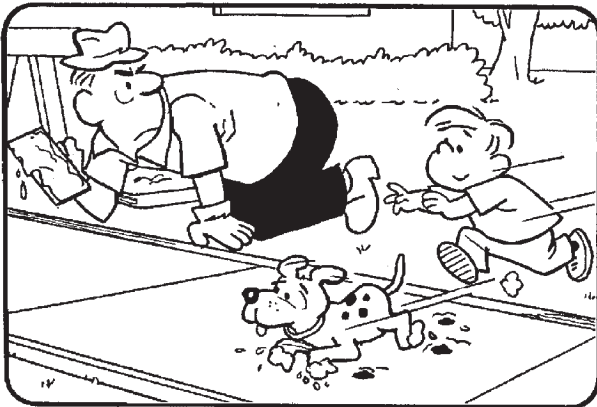
Tallied

DECORS

TODAY'S WORD

HOCUS-FOCUS

BY
HENRY BOLTINOFF



Find at least six differences in details between panels.

Differences: 1. Collar is different. 2. Spot is missing. 3. Tail is shorter. 4. Glove is removed. 5. Dnp is missing. 6. Shirt is different.

3	2		4			7		
	9				3		5	
		5		2				6
2			5			6	4	
	8				7			1
		1		6		2		
	7		3		5			4
8				4			1	
		3			6	9		

To Play
Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

PUZZLES

Answers on page 47

Super Crossword

TINKERING WITH THE ELEMENTS

- ACROSS
- 1 Austrian peaks

5 MLB stat

8 Mitch who wrote "Tuesdays With Morrie"

13 Three-tone chords

19 Toxin-fighting fluids

20 Critter treater

21 "The king," in France

22 Popular social news website

23 Extracted element #79 with a big hammer?

26 Renée of silent films

27 "Science Kid" of PBS

28 Reinforcing eyelet in a hole

29 Go out on —

31 Chilling stuff

32 Unfeeling

34 Element #16 that's causing difficulty?

37 Owls' prey

38 Carrere of "Jury Duty"

41 Fleming and McKellen

42 "August: Osage County" playwright Tracy

43 "That celestial object seems to be composed of element #5"?

48 Tartan wearers, e.g.

50 Some dashes

51 Neighbor of Lithuania

52 Off-road rides, in brief

53 Before now

56 Sea rovers plundering element #6?

60 Big road rig

63 Bismarck-to-Austin dir.

64 — Tomè

65 Overcomes

66 Shawls, e.g.

68 ICU worker

71 Genetic ID

73 Small sample

74 Very virtuous

77 Gaudy scarf

79 Suffix with peace

82 Prattle

83 "Quit asking about my supply of element #83"?

88 Stew tidbit

89 Birch, e.g.

90 "Impossible for me"

91 Small sample

94 Twyla of dance

96 Element #30 in a medicine cabinet?

98 "George & —" (old talk show)

101 Special glow

103 "FWIW" part

104 Gets the total

105 Element #18 found in a city opposite Vancouver?

110 Lightish sword

111 Hub city for Israel's El Al

112 Bad-smelling

113 Narcissist's quality

117 Biol. or anat.

119 Combo punch

121 Element #29 collected by actress Loni?

124 Ancient Crete native

125 To the point

126 ET's ship

127 Gershon of "Face/Off"

128 "— Wedding" (1990 Alan Alda film)

129 Great Lakes tribespeople

130 Go bad

131 Crumb toters

DOWN

1 Invites

2 Russian Revolution theory

3 Things made for sale

4 Small pouch

5 Unendingly

6 Change

7 Very little bit

8 Change

9 Without a — stand on

10 Good pal

11 "So chic!"

12 Hanging to the calves, as a dress

13 Brits' trolleys

14 Popular energy drink

15 Altar reply

16 Free-floating

17 Punched out, as jigsaw pieces

18 Pilots

24 CIA's onetime rival

25 MLB arbiter

30 Rescuee's cry

33 "Give — call"

35 Big box

36 The, to Yves

37 Fannie —

38 Rows

39 Lands in el océano

40 Subsided

44 MLB stat

45 Raw rock

46 Toys — (kids' chain)

47 Bears, in Spain

49 Suffix with opal

52 Loads

53 Put to shame

54 "I — run!"

55 First stage

56 Brought (in), as music

57 Voguish thing

58 Rear, at sea

59 Make it to

60 Boggy area

61 Bert's friend

62 — Carta

67 Surreptitious

69 Double-reed instrument

70 Bovine critter

72 Aziz of "Master of None"

75 Very little bit

76 Small raisin

78 Actress Kendrick

80 "— one to complain ..."

81 Accolades

84 Disavow

85 Net automaton

86 I, to Wilhelm

87 Hanks of film

91 Slice-serve motion

92 Not proper

93 Windows 10 runners

94 Blasting inits.

95 To the middle point

96 Drinking spot

97 Microwave

98 Poise

99 Canadian dollar coin

100 Passionate

102 Comedian Gilda

106 Long spans

107 Fliers in V's

108 Ugly beasts

109 Tel. book collection

110 Angry rock genre

114 See 123-Down

115 News

116 Kilt sporter

118 Nest egg funds, for short

120 How- — (DIY books)

122 Soft & —

123 With 114-Down, it includes the Brit. Open
- | | | | | | | | | | | | | | | | | | | | | |
|-----|----|-----|----|-----|-----|-----|----|-----|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|----|-----|
| 1 | 2 | 3 | 4 | | 5 | 6 | 7 | | 8 | 9 | 10 | 11 | 12 | | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | | | | | 20 | | | | 21 | | | | | | 22 | | | | | |
| 23 | | | | | 24 | | | | 25 | | | | | | 26 | | | | | |
| 27 | | | | | 28 | | | | | | | 29 | 30 | | | | | 31 | | |
| | 32 | | 33 | | | | | 34 | | | 35 | | | | | | 36 | | | |
| 37 | | | | | 38 | 39 | 40 | | | | 41 | | | | 42 | | | | | |
| 43 | | | | | 44 | | | | 45 | 46 | 47 | | | 48 | 49 | | | | | |
| 50 | | | | | 51 | | | | | | 52 | | | | | | 53 | 54 | 55 | |
| | | | 56 | | | | | | | | 57 | | | | 58 | 59 | | | | |
| 60 | 61 | 62 | | | 63 | | | | 64 | | | | 65 | | | | | | | |
| 66 | | | | | 67 | | | 68 | 69 | 70 | | 71 | 72 | | 73 | | | | | |
| 74 | | | | | 75 | 76 | | 77 | | 78 | | 79 | 80 | 81 | | 82 | | | | |
| 83 | | | | | | | 84 | | | | 85 | 86 | | | | 87 | | | | |
| 88 | | | | | 89 | | | | | 90 | | | | | | | 91 | 92 | 93 | |
| | | | 94 | 95 | | | | | 96 | | | | | | | 97 | | | | |
| 98 | 99 | 100 | | | | 101 | | 102 | | | | 103 | | | | 104 | | | | |
| 105 | | | | | 106 | | | | | | 107 | 108 | 109 | | | 110 | | | | |
| 111 | | | | 112 | | | | | | 113 | | | 114 | 115 | 116 | | | 117 | | 118 |
| 119 | | | | 120 | | | | 121 | | 122 | | | | | | | 123 | | | |
| 124 | | | | | | | | 125 | | | | | 126 | | | | 127 | | | |
| 128 | | | | | | | | 129 | | | | | 130 | | | | 131 | | | |
- King Crossword
- ACROSS

1 Egyptian deity

5 Piercing tool

8 Probability

12 Lion's share

13 Hot tub

14 Stench

15 Unoriginal one

16 Home to the Buccaneers

18 Pizza topping

20 Wine container

21 Off-white

23 Dict. info

24 Spoofs

28 Pharmaceutical

31 Playwright Levin

32 Leg bone

34 Mentalist's gift

35 Rhett's last word

37 Mildew cause

39 Scratch

41 Valentine flower

42 Molds

45 Foliage

49 Marshmallow toaster

51 Carousel, for one

52 "I cannot tell —"

53 Pair

54 Aspiring atty.'s exam

55 Fork setting

56 Still, in verse

57 Orange veggies

8 Gave a speech

9 Owing nothing

10 Transaction

11 Terrier type

17 Group of seals

19 Highlander

22 Release a deadbolt

24 Cover

25 Altar constellation

26 Abba-inspired hit musical

27 Buck

29 Constitution letters

30 Family docs

33 Church section

36 Caught some z's

38 Almost

40 Ump

42 "Lion King" villain

43 Sainly ring

44 Faction

46 Travel permit

47 Dutch cheese

48 Collections

50 Regret
- | | | | | | | | | | | | | |
|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 1 | 2 | 3 | 4 | | 5 | 6 | 7 | | 8 | 9 | 10 | 11 |
| 12 | | | | | 13 | | | | 14 | | | |
| 15 | | | | | 16 | | | | 17 | | | |
| 18 | | | | | 19 | | | 20 | | | | |
| | | | 21 | | | 22 | | 23 | | | | |
| 24 | 25 | 26 | | | | | 27 | | 28 | | 29 | 30 |
| 31 | | | | 32 | | | | 33 | | 34 | | |
| 35 | | | 36 | | 37 | | | | 38 | | | |
| | | 39 | | 40 | | 41 | | | | | | |
| 42 | 43 | | | | 44 | | 45 | | | 46 | 47 | 48 |
| 49 | | | | | | 50 | | | 51 | | | |
| 52 | | | | | | 53 | | | | 54 | | |
| 55 | | | | | | 56 | | | | 57 | | |
- MAGIC MAZE ● SWAMPS
- L U G R A T A R O C L J G D A
X L A N A T N A P O T V S P N
K I F C A X L V S N Q A O V L
S J H E C A X E T G T V M A T
R I P N L J H F D A R N D S T
B Y Y S E D A L G R E V E Y A
X O K E F E N O K E E R V U Y
A B A D N A C T R E S G G G P
R P D E V O R G N A M O I A I
M U K I G E H D B Z X W U N R
S T R Q O N L J I G F D C A P
- Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
Unlisted clue hint: A Swamp is a Wetland With —
- Asmat
Candaba
Congaree
Everglades

Great
Green
Honey Is.
Mangrove

Niger Delta
Okefenokee
Pantanal
Pripyat

Ratargul
Sudd
Vasyugan

PROFESSIONAL DIRECTORY

NEW HOMES, REMODELING & ADDITIONS

KIRCHNER CONTRACTING INC.

- New Homes
- Consulting
- Remodeling
- Contracting

MATT KIRCHNER
CG-C059097
Mobile: 239-410-6932

P.O. Box 143
Sanibel Island, FL
Phone: 239-472-2601
Fax: 239-472-6506

REAL ESTATE



Your Island Home Team

239-472-0004

CUSTOM HOME BUILDER

Ph (239) 472-8446 Ron DeCorte
DeCorteFour.com #CBC058483



DeCorte Four
Custom Home Builders, Inc.

We do it all from repairing a door to adding a 2nd Floor
New Construction Too

P. O. Box 922 • Sanibel, FL 33957 • Fax (239) 472-8449

PAINTING

Residential & Commercial Painting



- Power Washing
- Wallpaper Hanging
- Faux Finishing
- Free Estimates
- Interior & Exterior
- Dependable
- Reliable
- Licensed & Insured

COLOR SCHEMES
on request from
Sanibel Home Furnishings

Lic #S3-11944

395-3928 Cell: 841-4302
barefootcharley@aol.com

With your contract
a donation to your
favorite charity will be made.

GENERAL CONTRACTOR

D.BROWN GENERAL CONTRACTORS LLC

CGC1517615



New Construction & REMODELS

239-593-1998 | www.dbrowngc.com

POOL CLEANING, SERVICE & REPAIR

40 YEARS IN BUSINESS

Specialists In
Residential & Commercial Pools
Fast, Reliable Service & Repair

- Next Day Installation of Equipment
- Retail Location off Periwinkle
- Free Estimates
- After Hours Emergency Service

ICMSanibel@yahoo.com
www.ICMpools.com



ISLAND CONDO MAINTENANCE

Call Us Today
472-4505

Veteran Owned & Operated
CPC 1458912

PLUMBER

WALKER PLUMBING

Plumbing repairs
Sewer and drain cleaning
Water heaters • Back flow
Sewer camera, jetting and repair

239-395-2689

Sanibel owned and operated Lic S1-18245

POOL SERVICE & REPAIR

Deep-End Pool Service

25 years experience
License # CPC1457386



239-699-6279

- Pool Heater Specialist
- Sales Service & Installation of All Brands
- FREE Estimates

24/7 emergency repair service.
Free estimates for weekly service and repairs!

CONSTRUCTION



MILLS BROTHERS BUILDING CONTRACTORS QUALITY, RELIABILITY, SATISFACTION

- Custom Home Building | Remodels
- Design Service Available • Sanibel Owned & Operated

Office Phone & Fax
239-472-6711

Joseph Mills Lic. #CBC058789
William Mills Lic. #CBC058788

COSMETICS

MARY KAY THE BEAUTY OF YOU!

Mary Kay® products offer you so many ways to enhance your beauty and well-being. Innovative skin care! On-trend color! Pampering bath and body products and so much more!



Let's Find your favorites.
Contact me to defy aging.

Maggie Butcher

Ind. Sr. Sales Director
marykay.com/mbutcher
904 Lindgren Blvd., Sanibel, FL 33957
239-395-0978 / 317-509-6014

GLASS

Insured



Licensed
S2-11975

Stevens & Sons Glass

Replacement Impact Windows & Sliding Doors,
Mirrors, Tub & Shower Enclosures, Store Fronts,
Porch Enclosures, French Doors, Plate Glass

Specialists in impact condo complex replacement

2416 Palm Ridge Road
Sanibel Island, FL 33957


Phone: (239) 472-0032
Stevensglass@comcast.net

CONSTRUCTION




- New Construction
- Remodeling & Additions
- Kitchens & Bathrooms
- Windows & Doors
- Exterior Stairs & Decks
- Crown Moldings & Trim


Celebrating 11 Years on Sanibel
Sanibel Family Owned & Operated
Patrick & JoAnne Ulrich
239-896-7116
ulrichbuilding@gmail.com
#CRC1331575




FRIDAY
Mostly Cloudy
High: 87 Low: 79




SATURDAY
Few Showers
High: 83 Low: 76




SUNDAY
Cloudy
High: 85 Low: 75




MONDAY
Cloudy
High: 86 Low: 78



TUESDAY
Cloudy
High: 85 Low: 77



WEDNESDAY
Mostly Cloudy
High: 86 Low: 79



THURSDAY
Few Showers
High: 85 Low: 76

Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	1:11 pm	9:17 pm	None	None	Fri	12:16 pm	9:19 pm	None	None	Fri	2:59 am	7:31 am	1:16 pm	9:19 pm	Fri	3:21 pm	None	None	None
Sat	1:59 pm	10:05 pm	None	None	Sat	1:04 pm	10:07 pm	None	None	Sat	4:14 am	8:38 am	2:17 pm	10:11 pm	Sat	4:09 pm	12:33 am	None	None
Sun	2:50 pm	10:50 pm	None	None	Sun	1:55 pm	10:52 pm	None	None	Sun	5:05 am	9:41 am	3:35 pm	10:56 pm	Sun	5:00 pm	1:21 am	None	None
Mon	3:43 pm	11:33 pm	None	None	Mon	2:48 pm	11:35 pm	None	None	Mon	5:44 am	10:37 am	4:45 pm	11:39 pm	Mon	5:53 pm	2:06 am	None	None
Tue	7:18 am	10:03 am	4:41 pm	None	Tue	6:23 am	10:05 am	3:46 pm	None	Tue	6:21 am	11:30 am	5:40 pm	None	Tue	9:28 am	2:49 am	6:51 pm	1:19 pm
Wed	7:41 am	12:13 am	5:49 pm	11:44 am	Wed	6:46 am	12:15 am	4:54 pm	11:46 am	Wed	6:57 am	12:21 am	6:31 pm	12:29 pm	Wed	9:51 am	3:29 am	7:59 pm	3:00 pm
Thu	8:08 am	12:51 am	7:12 pm	1:23 pm	Thu	7:13 am	12:53 am	6:17 pm	1:25 pm	Thu	7:33 am	1:05 am	7:22 pm	1:36 pm	Thu	10:18 am	4:07 am	9:22 pm	4:39 pm

PETS OF THE WEEK



McKenzy ID# A869707
photos provided Lee County Domestic Animal Services



Precious ID# A868546

McKenzy And Precious

Hello, my name is McKenzy. I'm a white and red 7-year-old female Labrador retriever mix. I came to LCDAS with my sister Sunny, who has since been adopted. Like typical sisters, we were polar opposites, and I'm the

shy, quiet one. Once I warm up to you, my personality shines bright and I am a goofy gal that loves belly rubs. My adoption fee is \$20.
Hi, my name is Precious. I'm a seal point 10-year-old female Siamese. I am LCDAS' Super Senior that is looking for my perfect retirement home. I have only become more beautiful with age and I have the temperament to go along with my beauty. One look into my amber eyes and you will fall in love. My adoption fee is \$10, and you can adopt a feline friend for me at no additional charge.
Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10:30 a.m. to 3:30 p.m. Visit www.leelostpets.com to complete an online application. As always, cats and kittens are adopt one and get a feline friend at no additional charge. For more information, call 533-7387.*

My Stars ★★★★★ FOR WEEK OF JUNE 21, 2021

Aries (March 21 to April 19) Family and friends rally around as you confront an unexpected challenge. Some plans will have to be changed until all the fuss and fluster settle down.
Taurus (April 20 to May 20) Your creative gifts find new outlets for expression this week. Someone (a Libra, perhaps) has ideas that you might find surprisingly appealing. Pay attention.
Gemini (May 21 to June 20) You'll soon be able to restart those delayed travel plans. A financial matter you thought was closed could suddenly reopen. Be prepared to take swift, decisive action.
Cancer (June 21 to July 22) A romantic relationship takes an unexpected turn. You might be confused about how to react. It's best not to be rushed into a decision that you're not ready to make.
Leo (July 23 to August 22) Don't let your pride stand in the way of resolving an emotionally painful situation. This is a good time to deal with it and let the

healing finally begin.
Virgo (August 23 to September 22) A workplace problem that you've been handling so well suddenly spins out of control. Don't panic. You can rely on your good sense to help you restore order.
Libra (September 23 to October 22) Wearing rose-colored glasses won't solve a thorny personal situation. You need to take a hard look at what's happening and then act according to the facts.
Scorpio (October 23 to November 21) Weigh all your options carefully before making any decisions you've been putting off. Then go ahead and plan a weekend of family fun.
Sagittarius (November 22 to December 21) While personal and financial situations continue to improve, some setbacks might occur. But they're only temporary, so hang in there.
Capricorn (December 22 to January 19) Family matters dominate the week. Health problems raise concern, but soon prove to be less serious than you had feared. Things start easing up by the weekend.
Aquarius (January 20 to February 18)

continued on page 46

PROFESSIONAL DIRECTORY

LANDSCAPE



Bonny's Blooming Gardens
239 822-1939
For all your landscaping needs
Landscape Design and Installation
Beautiful Palms and Tropicals
Landscape and Lawn Maintenance
Tree Trimming Services
Mulch Application
Property Clean up & more!

INTERIOR DESIGN



Bridget Vandenburg
INTERIORS, INC.
Allied A.S.I.D.
O 239.312.8800 | C 239.222.0148
Please visit us in our Blue Bungalow Showroom and Design Studio!
M-F 10AM-5PM or by Appointment
DESIGN@BRIDGETINTERIORS.COM
WWW.BRIDGETINTERIORS.COM
1633 PERIWINKLE WAY SUITE C & D
SANIBEL FL 33957
Located at the Anchor Point Plaza

Decorating on the Island since 2005

WINDOW CLEANING



JC Window Cleaning
239-203-5913
407-902-7845
Juan Penaloza
Residential-Commercial-New Construction
Pressure Washing, Window Cleaning and Gutter Cleaning
LICENSED and INSURED
jccpcleaning@aol.com / jccpwindowcleaning.com

LOCKSMITH



Island Locksmith
Serving Sanibel & Captiva Islands Since 1976
"Veteran Owned & Operated"
www.sanibelislandlocksmith.com

2340 Periwinkle Way, J-3
Behind Village Shops
239-472-2394
IslandLocksmith@yahoo.com

PRESSURE WASHING



PROFESSIONAL PRESSURE WASHING
Ask About Our
\$99.00
Specials!!
Owner **MATTHEW RYAN**
239 645-9834
FREE ESTIMATES
Quality Service Guaranteed • Licensed & Insured

AUTOMOBILE



RANDY'S CAR REPAIR, LLC
"FIXED RIGHT THE FIRST TIME"
WWW.RANDYSCARREPAIRLLC@YAHOO.COM
16191 SAN CARLOS BLVD SUITE 1
FORT MYERS, FL 33908
(239) 267-2556
ASE CERTIFIED
MASTER AUTO TECHNICIANS
FLORIDA MV 94238
Woman Owned Business - We Hire Veterans

PROFESSIONAL DIRECTORY

TELEVISION

WOOSTER TV

SALES • SERVICE • RENTALS
HDTV • VIDEO • DVD • COMPUTERS

Serving the Islands for Over 40 Years!

P.O. Box 1695 239.472.1133
Sanibel, FL 33957 Mike (cell) 239-565-2875
woostertv@comcast.net

PAINTING

PAINTING SERVICES by Martinis Painting Inc.

- Exteriors • Interiors
 - Deck Staining & Sealing
 - Driveway & Pool Decks, etc.
- 40 Years Local & Family Owned
www.martinipaints.us

239-313-0980 **\$400 OFF**
w/Ad Ends Soon

BUILDING AND DESIGN



New Construction Remodeling Decking Trim Windows/Doors Kitchens/Baths

Raye Scott (239) 410-3547
scottbuilt@hotmail.com

CONTRACTOR

CONCRETE WORK

- New or Widen Driveways
- New Slabs or Sidewalks
- Repair cracks & Stucco Work
- Steps, Footers, Knee Walls, etc.
- Decorative Coatings, Stamped Concrete
- Concrete Painting, Pool Decks
- Landscape Curbing

Family Owned & 40 Years Local
Lic cbc1261010 & Insured
www.martinipaints.us

239-313-0980

Martinis Concrete Inc.

\$400 OFF
w/Ad
Ends Soon

DESIGN, REMODELING AND CUSTOM HOMES



"We don't just remodel,
we create artwork"

CHRIS.ARTISTICINTERIORS@GMAIL.COM 239-989-6122
WWW.ARTISTIC-INTERIORS.COM Lic#RG291 103860, SI 16371

TREE TRIMMING, ARBORIST

Arbor Specialist Since 1995

"Tell A
Friend"

TREE WEST

- Tree Trimming • Tree Removal
- Stump Grinding

239-910-3256

info@treewestflorida.com
www.treewestflorida.com
P.O. Box 564, Sanibel, FL 33957
Licensed, insured, workers compensation

HOME SERVICES

YARD SERVICE • TREE SERVICE • POOL SERVICE
HOME WATCH • CLEANING SERVICE



JUERGEN SCHREYER
OWNER

ISLAND HOME SERVICE

P.O. Box 1050 • SANIBEL • FLORIDA 33957

WWW.ISLANDHOMESERVICE.COM

INFO@ISLANDHOMESERVICE.COM

PHONE: (239) 472-5247 • CELL: (239) 229-6366

CLEANING

THE BEST AND PROFESSIONAL
CLEANING SERVICES

ASK ABOUT MORE SERVICES

- ✓ Domestic cleaning
- ✓ Office cleaning

Ana Martínez (239) 443 6959

THE BEST AND PROFESSIONAL
OUTDOOR CLEANING

ASK ABOUT MORE SERVICES

- ✓ Driveways
- ✓ Windows
- ✓ Roofs
- ✓ Building
- ✓ Pool area
- ✓ Decks
- ✓ Fences

Victor Lara (239) 634 0729

CONSTRUCTION/REMODELING

COOPER

CONSTRUCTION

Custom Homes & Remodeling Specialists
We can design, build and manage any endeavor
you can dream up.

239.454.5699

cooperconstruction@embarqmail.com

Kerry Cooper • An Island Business Since 1982 • License # CBC1255742

ROCK, MULCH, PLANTS



239-337-7256
gulfcoastlandscapenursery.com

POOL & SPA SERVICE

Left Coast Pool & Spa Service

Weekly Service
Licensed & Insured
Residential & Commercial

239.889.5850

GENERAL CONTRACTOR

Your Favorite Home Service Company!
Price Match Guarantee*

Roofing
Plumbing
Remodels
Electrical
Solar Panels
Air Conditioning
General Contractor
239-472-1101
www.sancaphomeservices.com
2244 Periwinkle Way, Suite 13, Sanibel
2271 Bruner Lane, Unit 6, Fort Myers

Sanibel Plumbing Company - CFC1429575
SanCap Home Services - EC13009454
Milestone Builders, LLC -
CGC1519724 - CCC1331922 - CAC1820364

"Quality" is more than just a word, it is the foundation of our reputation!

At SanCap Home Services, we are continuing 72 years of service excellence!! We are a comprehensive home services company that will take care of all your PLUMBING, ELECTRICAL, HVAC, ROOFING, and REMODEL needs. Whatever issue arises, you don't have to deal with it alone, we are always here to help! From maintenance and repairs to new installation, we are dedicated to serving your needs and are sure to exceed your expectations!

Financing Available

\$500 OFF ANY BATHROOM KITCHEN OR WHOLE HOME REMODEL	\$500 OFF WHOLE HOME REPIPE	\$200 OFF WHOLE HOME ELECTRICAL PANEL	\$100 OFF DUCT CLEANING	\$30 OFF ANY SERVICE CALL	10% OFF ROOFING INSTALLATION
--	--	--	--------------------------------------	---	---

* Not Valid With Any Other Coupon Or Offer
* Price Match Guarantee Applicable With Proof Of 2 Other Estimates From A Licensed Contractor

From page 44

My Stars

Most situations are calmer now, both at home and on the job. But there's still a chance that a co-worker will set off another round of unpleasantness.

Pisces (February 19 to March 20) There's no need to fish for compliments from an admirer who can't say enough nice things about you. The upcoming holiday bodes well for family gatherings.

Born This Week: You love to compete, both on a personal and a sporting level, and you hate to settle for anything less than excellence.

MOMENTS IN TIME

- On June 29, 1613, the Globe Theatre, where most of Shakespeare's plays debuted, burns down. The Globe was built by Shakespeare's acting company, the Lord Chamberlain's Men, in 1599 from the timbers of London's very first permanent theater, Burbage's Theater, built in 1576.
- On July 2, 1776, the Second Continental Congress, assembled in Philadelphia, formally adopts Richard Henry Lee's resolution for independence from Great Britain. The vote was unanimous, with only New York abstaining.
- On July 4, 1884, in a ceremony held in Paris, the completed Statue of Liberty is formally presented to the U.S. ambassador as a commemoration of the friendship between France and the United States. The statue was then disassembled and shipped to New York City, where it would be reconstructed in 1886.
- On June 30, 1936, Margaret Mitchell's *Gone with the Wind*, one of the best-selling novels of all time and the

basis for a blockbuster 1939 movie, is published. Scarlett's name was originally Pansy, but a change was requested by the publisher.

- On July 1, 1979, the Sony Walkman goes on sale. Only 3,000 were sold in the first month, but after a massive advertising campaign, available stocks quickly sold out.
- On July 3, 1989, Martha Ann Johnson is arrested in Georgia for the 1982 murder of her oldest child after an Atlanta newspaper initiated a new investigation into the suspicious death. Her three other children had also mysteriously died. Johnson's case sparked a trend in which authorities look closely into the sudden deaths of young children.
- On June 28, 1997, Mike Tyson bites Evander Holyfield's ear in the third round of their heavyweight rematch. Though Holyfield was in obvious pain, the fight resumed after a brief stoppage, and then Tyson bit Holyfield's other ear. Tyson was disqualified from the match and later suspended from boxing.

NOW HERE'S A TIP

- Fill a 2-liter soda bottle with water, then plunge the top upside down into a potted plant for self-watering while you are on vacation. Use smaller bottles for smaller pots.
- Going to the beach for your vacation? Here's a handy hint to take great care of your swimsuit. (They get more expensive all the time!) Pack at least two suits and bring a box of baking soda. Soak the suit for 15 minutes in a baking soda and water solution, then lay flat on a towel. Roll the towel up and wring lightly. Unroll and hang to dry. Rotate suits. – JoAnn
- Help for a sunburn: Take two

- nonsteroidal anti-inflammatories (aspirin, ibuprofen) right away. Soak a cloth in cold milk and drape over the burn until it warms to room temperature. Repeat if necessary and apply a light moisturizer.
- Use your Christmas light timers to set different lights to go on or off at certain times of the day while you are away on vacation. You can even use a timer on a radio, so it comes on sometimes too. The variation will make people think you are home.
- To ease the ache of a brain freeze, simply cup your hands over your mouth and nose. Blow out hot air, and it will recirculate to warm your palate in seconds. Works like a charm.
- Always keep a couple bottles of water and a roll of duct tape in your trunk. You never know when you'll need these items, and they seem to be pretty handy when traveling.

STRANGE BUT TRUE

- A green cat was born in Denmark in 1995. Some people believe that high levels of copper in the water pipes nearby may have given his fur a verdigris effect.
- Edgar Rice Burroughs, creator of the iconic jungle man Tarzan, worked as a pencil-sharpener salesman before trying his hand at fiction. He only started writing at the age of 36 to support his wife and two kids.
- Boanthropy is a psychological disorder in which patients believe they are a cow.
- The infamous crocodile jump by James Bond in *Live and Let Die* was performed with real crocs by the only person willing to attempt it – the owner of the crocodile farm.
- In early 2015, Mattel released Hello Barbie, an interactive talking doll

- that didn't just repeat preprogrammed phrases, but could actually hold a two-way conversation. The doll raised major concerns over privacy, however, since the discussions between it and child owners were recorded and sent to third-party vendors. Goodbye, Barbie!
- Like casinos, your local shopping mall is intentionally designed to make you lose track of time, with clocks and windows removed to prevent views of the outside world, in a type of "scripted disorientation" known as the Gruen Transfer.
- The original recipe for chocolate contained chili powder instead of sugar.
- As if it weren't cool enough that your DNA encodes the entire blueprint for your body using a set of just four characters (amino acids), you can treat the outside surface of cotton fabric with concentrated genetic material, as the DNA is also flame retardant: Its molecules are similar to those in other fireproofing substances.


THOUGHT FOR THE DAY

"I'm a great believer in luck, and I find the harder I work, the more I have of it." – Thomas Jefferson

TRIVIA TEST

1. **U.S. Presidents:** Who was the first president to sign into law a declaration of war?
2. **Television:** What was the name of the federal agent in the 1990s drama *Twin Peaks*?
3. **Geography:** What is the smallest country in South America?
4. **General Knowledge:** What is the color maroon?
5. **Inventions:** When was the can opener invented?
6. **Movies:** What was Andy Dufresne's

CLASSIFIED

VACATION RENTAL	ANNUAL RENTAL	HELP WANTED	GARAGE SALE	LEGAL
<p>Island Vacations Of Sanibel & Captiva <i>Million \$ Views Await You!</i> • Cottages • Condos • Homes • Miles of Beaches & Bike Paths 239-472-7277 1-888-451-7277 <small>1/4 ★ TFN</small></p>	<p>RENTING FOR OVER \$1,500? Inbox me your monthly rent amount and I'll send you 3 houses you could OWN for the same monthly payment. chip@chipwolfe.com chipwolfe.com 239-848-0906 REMAX OF THE ISLANDS <small>6/5 ★ TFN</small></p>	<p>DRIVERS Island Taxi is looking for FT/PT drivers. Call 239-472-4888 or email ride@islandtaxi.com. <small>5/28 ★ 7/16</small></p>	<p>ESTATE SALE Fri. 6/25 from 10a-7p & Sat. 6/26 9a-1p. 5308 Ladyfinger Lake Road, Sanibel QUALITY ITEMS for House, Kitchen & Yard. Tools, Collectibles & Clothing. Your buy is my cry! <small>6/25 ★ 6/25</small></p>	<p>FICTITIOUS NAME NOTICE IS HEREBY GIVEN that the undersigned, desiring to engage in business under The fictitious name of REBEL 839, located in Lee County, Florida, with an address of 2499 Palm Ridge Road, Sanibel, FL 33957 has registered said name with The Division of Corporations of the Department of State, Tallahassee, Florida. Dated the 18th Day of June 2021. Future Energy Florida, Inc. <small>6/25 ★ 6/25</small></p>
<p> Cottages To Castles <i>Unique Vacation Rentals</i> 2427 Periwinkle Way Sanibel, FL 33957 Local: (239) 472-5385 Toll Free: (800) 472-5385 Fax: (239) 472-5858 www.cottages-to-castles.com <small>1/26 ★ TFN</small></p>	<p>SERVICES OFFERED ROGER NODRUFF ELECTRIC Dock Lighting, affordable LED conversion. FPE panel replacement, Landscape Lighting. Generator Sizing, etc, etc, etc. Call or text Roger 239-707-7203 State License #13002788 <small>4/20 ★ TFN</small></p>	<p>FOR SALE 10 Ft. Dingy w/2½ HP MERC. 4 Stroke Motor. \$725. 11 Ft. Kayak with paddle and cooler rack \$225. 239-233-2930. <small>6/18 ★ 7/9</small></p>	<p>LEGAL FICTITIOUS NAME FICTITIOUS NAME IS HEREBY GIVEN that the undersigned, desiring to engage in business under, the fictitious name of LUXURY PICNICS OF SW FLORIDA, located in Lee County, FL with an address of 1546 Live Oak drive, Ft. Myers, FL 33916 has registered said name with The Division of Corporations of the Department of State, Tallahassee, Florida. Dated the 16th Day of June, 2021. Kenyatta Savage-Belmer <small>6/25 ★ 6/25</small></p>	<p>PUBLIC SERVICE AL-ATEEN HELP LINE Are you concerned with a friend or family member's drinking? Call the 24-hour help line of South Florida Al-Anon at 941-564-5098 or visit www.southfloridaal-anon.org. <small>4/24 ★ TFN</small></p>
	<p>HELPER Are you elderly, disabled or just don't have free time? I can help! Just give me a call... 973-919-2116 <small>12/11 ★ TFN</small></p>	<p>FOR SALE 41 FT TIARA OPEN TWIN DIESEL 3208 CATS TA 435HP Cruise Fish Live Aboard. Radar, GPS, Auto Pilot, TriData, Fish Finder, Teaked Holly Floors, Ale, Full Galley, Master Stateroom w/TV's Plus Fold Out & Down Bunks. Full Head w/Shower, Vac Head, Vanity. Priced For Quick Sale or Trade. \$145,000. 239-233-2930. <small>6/18 ★ 7/9</small></p>		

- profession before he was sent to prison in 1994's *The Shawshank Redemption*?
- 7. **U.S. States:** Which state was the last one to be admitted to the union?
 - 8. **Famous Quotes:** Who wrote this about summer, "Live in the sunshine. Swim in the sea. Drink in the wild air"?
 - 9. **History:** In what year were the first slaves from Africa brought on a ship to the American colonies?
 - 10. **Geology:** What kind of rock is coal?

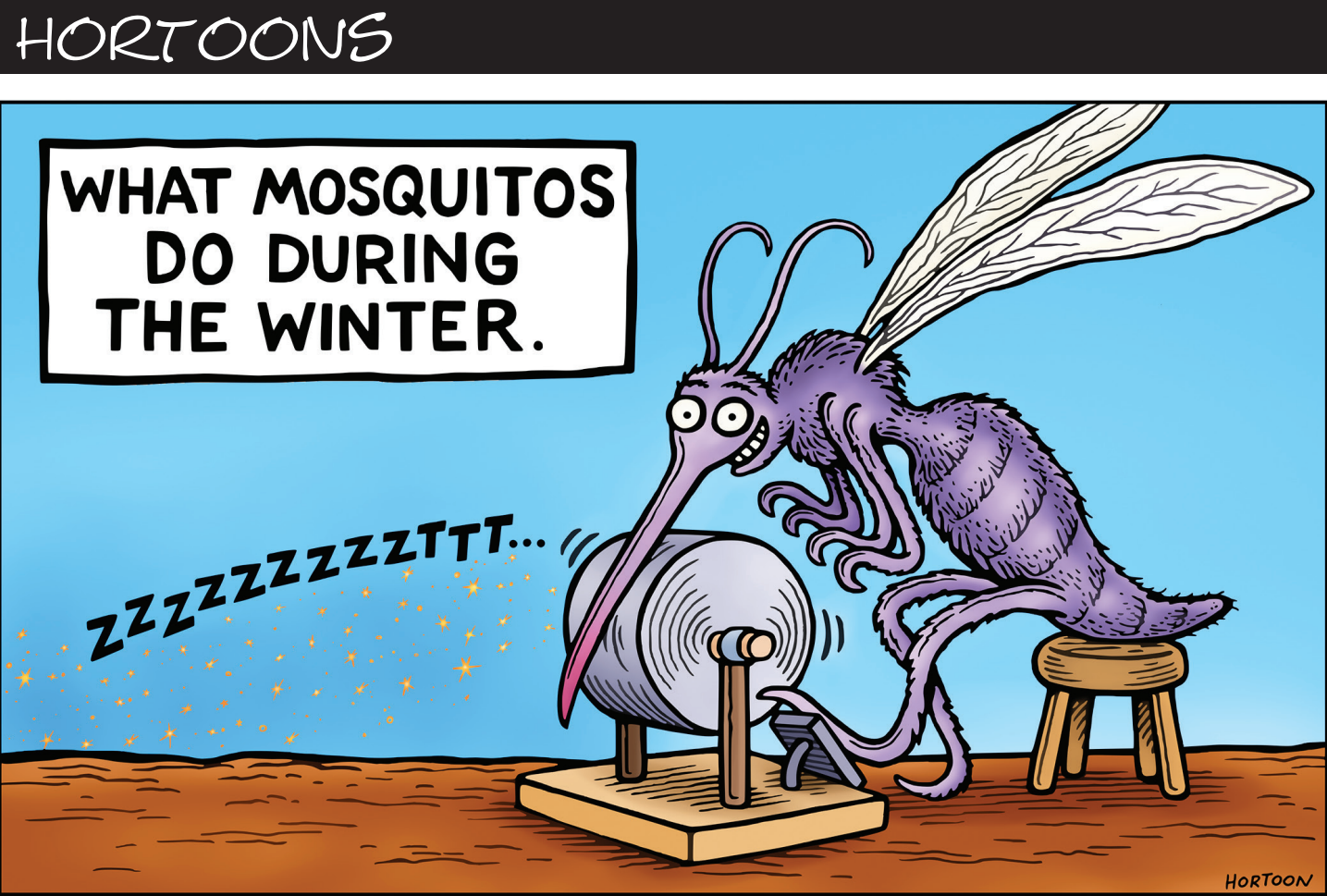
TRIVIA ANSWERS

- 1. James Madison, War of 1812
- 2. Agent Dale Cooper
- 3. Suriname
- 4. Dark brownish red
- 5. 1858 -- almost 50 years after canned food was invented
- 6. Banker
- 7. Hawaii
- 8. Ralph Waldo Emerson
- 9. 1619
- 10. Sedimentary

SCRAMBLERS ANSWER

1. Detach 2. Stilt;
3. Ingest; 4. Scored

Today's Word
LOADED



PUZZLE ANSWERS

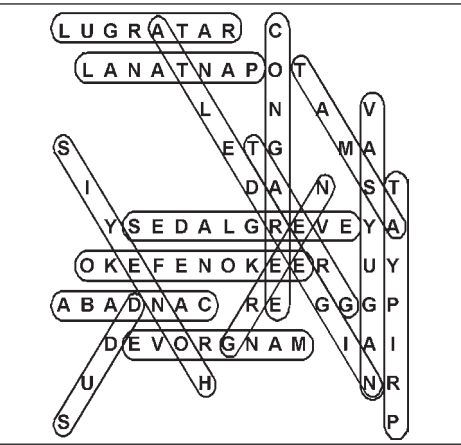
SUPER CROSSWORD

S	L	P	S	E	R	A	A	L	B	O	M	T	R	I	A	D	S		
S	K	N	O	C	K	E	D	O	U	T	G	O	L	D	A	D	O	R	E
S	I	D	G	R	O	M	M	E	T	A	L	I	M	B	I	C	E	R	
N	U	M	B	P	R	O	B	L	E	M	S	S	U	L	F	U	R		
M	I	C	E	T	I	A	I	A	N	S	L	E	T	T	S				
A	S	T	A	R	I	S	B	O	R	O	N	G	A	E	L	S			
E	M	S	B	E	L	A	R	U	S	A	T	V	S	A	G	O			
S	E	M	I	S	S	E	S	A	O	D	E	F	E	A	T	S			
W	R	A	P	S	D	O	C	D	N	A	T	A	S	T	E				
A	N	G	E	L	I	C	B	O	A	N	I	K	C	H	A	T			
M	I	N	D	Y	O	U	R	O	W	N	B	I	S	M	U	T	H		
P	E	A	T	R	E	E	N	O	C	A	N	D	O	S	I	P			
A	L	A	N	A	A	U	R	A	I	T	S	A	D	D	S				
P	O	R	T	L	A	N	D	A	R	G	O	N	E	P	E				
L	O	D	F	E	T	I	D	E	G	O	T	I	S	M	S	C	I		
O	N	E	T	W	O	A	N	D	E	R	S	O	N	C	O	P	P	E	R
M	I	N	O	A	N	T	E	R	S	E	U	F	O	G	I	N	A		
B	E	T	S	Y	S	E	R	I	E	S	R	O	T	A	N	T	S		

KING CROSSWORD

I	S	I	S		A	W	L		O	D	D	S
M	O	S	T		S	P	A		R	E	E	K
A	P	E	R		T	A	M	P	A	B	A	Y
C	H	E	E	S	E		B	O	T	T	L	E
				E	C	R	U		D	E	F	
L	A	M	P	O	O	N	S		D	R	U	G
I	R	A		T	I	B	I	A		E	S	P
D	A	M	N		D	A	M	P	N	E	S	S
		M	A	R		R	O	S	E			
S	H	A	P	E	S		L	E	A	V	E	S
C	A	M	P	F	I	R	E		R	I	D	E
A	L	I	E		D	U	O		L	S	A	T
R	O	A	D		E	E	N		Y	A	M	S

MAGIC MAZE



SUDOKU

3	2	6	4	5	1	7	8	9
4	9	8	6	7	3	1	5	2
7	1	5	9	2	8	4	3	6
2	3	7	5	1	9	6	4	8
6	8	4	2	3	7	5	9	1
9	5	1	8	6	4	2	7	3
1	7	2	3	9	5	8	6	4
8	6	9	7	4	2	3	1	5
5	4	3	1	8	6	9	2	7

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Tarpon Bay At Captiva	Captiva	2010	5,695	\$6,495,000	\$5,850,000	173
Mcphie Park	Fort Myers Beach	1950	2,228	\$3,799,000	\$3,799,000	141
Metes And Bounds	Sanibel	1988	3,698	\$3,795,000	\$3,700,000	0
Bayfront Gardens	Bonita Springs	1990	3,200	\$3,175,000	\$2,925,000	196
Tahitian Shores	Fort Myers	1990	7,376	\$2,920,000	\$2,700,000	52
Tuscany Isle	Bonita Springs	2002	5,628	\$2,635,000	\$2,500,000	54
Caprini	Miromar Lakes	2004	2,984	\$1,995,000	\$1,900,000	1
Metes And Bounds	Captiva	1985	1,600	\$1,975,000	\$1,875,000	330
Sanctuary At Wulfert	Sanibel	1997	4,782	\$1,895,000	\$1,780,000	42
Shell Harbor	Sanibel	1998	3,803	\$1,895,000	\$1,750,000	117



**"FOR THE SUN-KISSED &
SUN-DESIROUS ALIKE,
A VACATION ON A PLATE."**

The New York Times
Magazine



WWW.DOCFORDS.COM

**THE ORIGINAL
YUCATAN SHRIMP!**

**Visit Our Sister Locations on Ft. Myers Beach
The Dixie Fish Co. & The Whale**